



Ida Lewis Distance Race

AUGUST 16-17, 2024

NOTICE OF RACE

**Ida Lewis Yacht Club is the Organizing
Authority**

December 21, 2023

The Officers and Members of the Ida Lewis Yacht Club (“ILYC”) invite you to participate in the nineteenth Ida Lewis Distance Race starting Friday, August 16, 2024.

The General Format

The 19th Ida Lewis Distance Race shall consist of OFFSHORE DISTANCE RACES of approximately 24 hours in length for ORC, PHRF, PHRF Double Handed and PHRF Cruising Spinnaker classes starting on Friday, August 16, 2024.

The START for the OFFSHORE RACES will be in the East Passage of Narragansett Bay on Friday, August 16, 2024, with the first Warning Signal scheduled for 1100 hours.

Race headquarters will be located at the Ida Lewis Yacht Club, Wellington Avenue, Newport, RI, and operational throughout the duration of the race. The phone number for the ILYC dock office is (401) 846-1969.

1. **RULES:** The Racing Rules of Sailing 2021-2024 will apply except as altered by this Notice of Race, by the Sailing Instructions, and any subsequent amendment.
 - 1.1. The U.S. Safety Equipment Requirements of U.S. SAILING for U.S. COASTAL.
 - 1.2. For ORC boats – ORC Rules shall apply.
 - 1.3. For PHRF divisions - the current PHRF Regulations of PHRF Narragansett Bay.
 - 1.4. The OA has adopted World Sailing Test Rule DR21-01 for this event:
 - (a) Accordingly, the definition of Start is changed as follows:
Start: A boat *starts* when, her hull having been entirely on the pre-start side of the starting line,

and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the pre-startside to the course side either:

1. at or after her starting signal
2. during the last 1 minute before her starting signal.

(b) When a boat starts in accordance with item 2 of the definition of *Start*:

she shall not return to the pre-start side of the line, and she shall have 300 seconds added to her corrected time;

(2) The Race Committee shall not make a visual or sound signal, and shall not hail the boat's number on the VHF

(3) This changes RRS 29.1

Between the hours of sunset and sunrise, the rules of Part 2 are replaced with the International Regulations for Preventing Collisions at Sea (IRPCAS).

1.5. From Sunset until Sunrise all competitors when underway and approaching or departing from a turning mark of the course shall exhibit, in addition to the light requirements under paragraph 1.5:

- (a) Sidelights;
- (b) A stern light.

1.6. Each boat shall carry an operating VHF radio capable of transmitting and receiving on Channels 05A, 13, and 16 and a cell phone, the number of which shall be on file with the Race Committee.

1.7. Advertising

- (a) Advertising shall be in accordance with World Sailing regulation 20.2.1.
- (b) Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- (c) Advertising that is a conflict with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

1.8. Competitors are permitted to use stored energy devices for running rigging while racing. This changes RRS 52.

2. **ELIGIBILITY:** The ILYC Distance Race is open to the boats that comply with the following requirements:

2.1. At least 30% of those on board, but not fewer than two crew members on each boat (including double-handed boats) shall have completed a recognized Safety at Sea Course (U.S. Sailing, Storm TrySail, Oakcliff or the equivalent) within the five (5) year period prior to the start date of the race. The U.S. Sailing Coastal Safety at Sea Online course qualifies for this requirement.

2.2. ORC and PHRF handicapped monohull boats:

- (a) Shall have a minimum LOA of 28 feet with auxiliary power
- (b) Boats racing under PHRF shall have a rating of 128 or lower

(c) The Organizing Authority may grant a waiver to:

- (1) a boat with an LOA less than 28 feet; or
- (2) a boat with a PHRF rating greater than 128. However, boats receiving such a waiver shall be scored based on a PHRF rating of 128.

(3) Boats wishing to apply for such a waiver should contact the Ida Lewis Distance Race Chairman, at distanceracechair@ilyc.org in writing as soon as possible, and should be

prepared to provide documentation of past racing performance.

2.3. DOUBLE-HANDED division must meet the specific safety requirements noted in this Notice of Race.

- (a) Handicap Ratings – Double-handed entries will sail with PHRF ratings.
- (b) Radar Reflectors are to be displayed at all times during the race on Double-handed entries.
- (c) For Double-handed classes only, RRS 52 is changed by adding: However, the rudder may be adjusted and operated by an autopilot using power that is not provided by the crew.

MIXED GENDER TWO PERSON Monohull Boats

- (d) The Crew shall consist of one female and one male person.
- (e) Handicap Ratings. – Mixed Two Person Offshore entries will sail with PHRF ratings.
- (f) Radar Reflectors are to be displayed at all times during the race on Two Person Offshore entries.
- (g) For Double-handed classes only, RRS 52 is changed by adding: However, the rudder may be adjusted and operated by an autopilot using power that is not provided by the crew.

2.4. Fleets of five (5) or more like boats may request to be double scored as a one design class.

2.5. YOUTH CHALLENGE Entries

2.6. Shall meet requirements of the PHRF or ORC fleet

- (a) The crew must consist of a minimum of:
 - (1) two adults, one of whom must be designated as the Captain;
 - (2) more than 40% of the crew shall be individuals who have reached their 14th birthday but not their 20th birthday prior to August 16, 2024.

All Youth competitors shall have attended a Storm Trysail Foundation Junior Safety at Sea seminar or the equivalent, within 24 months of the start of the race. Competitors wishing to attend Safety at Sea Seminars other than those offered by the Storm Trysail Foundation or Oakcliff Sailing to satisfy this requirement must get approval in writing from the Organizing Authority. The U.S. Sailing Sanctioned Coastal Safety at Sea Class, the online versions, are acceptable options – see ussailing.org for details.

At least one adult crew member, preferably the designated Captain, shall have attended a valid U.S. Sailing sanctioned or Storm Trysail Safety at Sea seminar and have a current certificate. The U.S. Sailing Sanctioned Online Coastal Safety at Sea Class is acceptable (see ussailing.org).

- (b) All Youth competitors shall attend the Skippers' Meeting on Thursday, August 15, 2024.
- (c) For additional information on the U.S. Sailing Online seminars, go to ussailing.org.

2.7. COLLEGIATE CHALLENGE Entries

- (a) Shall meet requirements of the PHRF or ORC fleet
- (b) The crew must consist of a minimum of:
 - (1) two adults, one of whom must be designated as the Captain;
 - (2) more than 40% of the crew shall not reach their 26th birthday prior to August 16, 2024.
- (c) Teams are encouraged to register under a college sailing program, U.S. SAILING yacht club or community sailing program.

ENTRIES: The Entry form is available and should be completed online via links from the Ida Lewis Long Distance Race web site, www.ILYC.org/DistanceRace. Entries should be submitted by July 31, 2024. For last minute entries, entry forms will be available at CHECK IN at ILYC, Thursday, August 15, 2024.

2.8. The Entry Form must be accompanied by a current PHRF (PHRF Narragansett Bay), or

a current ORC certificate. The OA encourages all potential entries to register as early as possible.

2.9. The entry fee for boats completing their registration shall be as follows: Entry LOA

Less than 50'	\$330
50' - 69'	\$462
Greater Than 69'	\$665
Double-handed Division	\$308

2.10. As a requirement for entry:

- (a) All eligible boats shall check in at Ida Lewis Yacht Club on Thursday, August 15, 2024, from 1500-1800 hours.
- (b) In the event that the OA decides to provide trackers for the race:
 - (1) All entries shall pick up their tracker at Check-in on Thursday, August 15 and install it on their boat and operate it in accordance with the instructions provided by the OA.
 - (2) Each entry shall provide credit card information as security for the tracker when they pick up their tracker. The credit card will not be charged until and unless the entry fails to return the tracker at the of the race in good working order less normal wear and tear. If the entry fails to return the tracker, they will be charged the full replacement cost (approximately \$1100).

CLASSES:

ORC Boats: A current ORC certificate must be on file with the Ida Lewis Yacht Club Race Committee by 1900 on August 15, 2024.

2.11. ORC Boats may be divided into a number of classes by the OA based on their ORC APH rating.

2.12. PHRF Boats: A valid PHRF NB Certificate must be on file with the Ida Lewis Yacht Club Race Committee and PHRF Narragansett Bay by 1900 on August 15, 2024.

- (a) PHRF Boats will be scored based on the ratings assigned by PHRF Narragansett Bay.
- (b) PHRF Boats not entered in one of the two double-handed classes, will be divided into a number of classes by the OA based on their PHRF NB rating.
- (c) Cruising Spinnaker Division. A Cruising Spinnaker boat is defined as full crewed PHRF vessel racing with not more than one headsail rigged on a roller furler and either one conventional spinnaker flown from a conventional spinnaker pole, or one asymmetric spinnaker tacked on the bow.

3. SAFETY:

- 3.1. It shall be the sole and inescapable responsibility of the owner and master of each boat to declare that she is seaworthy in hull, rig and gear and that she is properly equipped and competently manned and sailed.
- 3.2. A Finish Declaration and Participant Waiver will be provided to each entrant. The Race Committee must receive the Participant Waiver signed by all crew members by 1900 hours on August 15, 2024.

4. COURSES:

- 4.1. Courses will be selected by the Race Committee from a list of government and other marks located in and around Narragansett Bay, Buzzards Bay, Vineyard Sound, Rhode Island Sound, Long Island Sound and the waters south of western Long Island. A list of these government and other marks, along with a number of prospective courses will be published by amendment to this Notice of Race.
- 4.2. The Race Committee will select the courses to be sailed by each class with the goal of a 24-hour race for all classes, given the weather and sea state forecasts and the handicap range of each class.
5. **SAILING INSTRUCTIONS:** A representative from each boat shall report to the Administration Desk located at the Ida Lewis Yacht Club between 1500-1900 hours on Thursday, August 15, 2024 to register their vessel and receive the sailing instructions, skippers' packets, and tracking device. Scratch sheets will be available on the ILDR Yacht Scoring web site.
- 5.1. Sailing Instructions will be available on the Ida Lewis Yacht Club website: www.ILYC.org/DistanceRace.

6. SCHEDULE OF EVENTS:

THURSDAY, AUGUST 15

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| 1500 – 1800 | CHECK IN at Ida Lewis Yacht Club. |
| 1800 | SKIPPERS' MEETING at Ida Lewis Yacht Club |

FRIDAY, AUGUST 16

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| 1100 | Warning Signal – ORC |
| 1110 | Warning Signal – Double-Handed
Classes |
| 1120 | Warning Signal – PHRF |
| 1130 | Warning Signal – Cruising Spinnaker |

SATURDAY, AUGUST 17

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| 1900 | TIME LIMIT for ALL CLASSES |
| 1930 | THE AWARDS CEREMONY at Ida Lewis Yacht Club |

7. AWARDS

- 7.1. For classes (including the Youth and Collegiate Challenges) with 6 or more starters, awards will be presented to the 1st, 2nd and 3rd corrected time finishers; for classes with 4 or 5 starters, awards will be presented to the 1st and 2nd corrected time finishers; and for classes with 3 or less starters, awards will be presented to the 1st corrected time finisher.
- 7.2. Perpetual trophies and keepers will be presented for overall ORC, PHRF class winners and the first yachts to finish.

ADDITIONAL INFORMATION

Mooring Information: Ida Lewis Yacht Club has six moorings that are available to rent. Please contact the Ida Lewis YC Dock Office at 401-846-1969 for rates and availability. Oldport Marine Services operate the commercial mooring field in Newport Harbor and can be reached at 401-847-9109. There are numerous marinas in Newport Harbor for slip rentals. Please visit www.NewportHarbourGuide.org for links and for comprehensive information on all facilities in Newport Harbor.

EVENT ORGANIZERS & CONTACTS

Ida Lewis Yacht Club Commodore

Chris Arner: commodore@ilyc.org

Ida Lewis Yacht Club Race Committee Chair

Guy Sanchez: racecommittee@ilyc.org

Ida Lewis Distance Race Chair

Anselm Richards:

distanceracechair@ilyc.org

Principal Race Officer

Guy Sanchez: racecommittee@ilyc.org

Chief Judge

Matthew Hill: matthewhill@ussailing.org

Ida Lewis Yacht Club (www.ILYC.org)

P.O. Box 479 Newport, RI 02840

(401) 846-1969 Fax: (401)

846-8234

ORC <https://www.orc.org>

Jim Teeters: jimteeters@ussailing.org

U.S. Safety Equipment Requirements

[https://www.ussailing.org/competition/
offshore/safety](https://www.ussailing.org/competition/offshore/safety)

PHRF- NB: PHRFAdmin@phrf-nb.org

(401) 253-0207 or Fax: (401) 369-9319

Junior Safety at Sea Seminar

[http://www.ussailing.org/education/safety-
at-sea/jrsas](http://www.ussailing.org/education/safety-at-sea/jrsas)

Storm Trysail Club & Foundation,

info@stormtrysailfoundation.org;

914-834-8857

Oakcliff Sailing

www.Oakcliffsailing.org; 516-802-0368

U.S. Sailing

www.ussailing.org, 800-877-2451