



2023-2024 AYC Frostbite Series

1st Series: November 5 - December 10, 2023

2nd Series: February 4 - March 17, 2024

Organizing Authority: Annapolis Yacht Club, Annapolis, Maryland, USA

<https://www.annapolisyc.com/racing/regattas>

SAILING INSTRUCTIONS inc. Amendments 1,2,3,4 and 5

The notation '[DP]' in a rule in the sailing instructions (SIs) or notice of race (NoR) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. The notation '[NP]' in a rule of the SIs or NoR means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 Each boat shall race with at least three crew (including the skipper). At least three crew members shall have body weights of at least 100 pounds.
- 1.3 While racing, a boat's crew may not change sails, leave the cockpit, extend body limbs over the lifelines or emerge from a hatch beyond the waist.
- 1.4 RRS 55.2 (Spinnaker Poles; Whisker Poles) is changed such that no Spinnaker Pole or Whisker Pole shall be used while racing. Any other outrigger type shall comply with RRS 55.3.
- 1.5 J/105 Class Rules are modified by Article IX of the local J/105 Fleet-3 Article/Rules. This event is designated a Level 3C event. J/105 Fleet-3 Articles/Rules can be found at <https://www.j105fleet3.org/rules>.
- 1.6 For all boats competing in ORC and PHRF classes, the "Nearshore" category of the US Sailing Safety Equipment Requirements (SER) will apply. The SER can be found at <https://www.ussailing.org/competition/offshore/safety-information/ser-world-sailingspecial-regulations>.
- 1.7 All boats in all classes must also meet SER 2.4.1 LIFELINES, or alternatively, all crew members must wear a USCG approved PFD at all times while racing.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the SIs will be posted to the official notice board before 1100 on the day it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 The official notice board will be located electronically on the event website at: <https://yachtscoring.com/emenu.cfm?eID=15663>.

- 3.2 On the water, the race committee intends to monitor and communicate with competitors via VHF radio on channel 72.

- 3.3 The race office can be reached by telephone at 410-858-4964 or by email to raceoffice@annapolisyc.org.

- 3.4 Forms are available online at <https://www.annapolisyc.com/racing/raceoffice>.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals flown ashore will be flown from flagpole at the AYC Clubhouse.
- 5.2 When flag AP is displayed ashore, the approximate time of the next warning signal will be announced to all competitors before it is removed.

6 SCHEDULE OF RACES

- 6.1 The event consists of two series:
1st Series - November 5 - December 10, 2023
2nd Series - February 4 - March 17, 2024
- 6.2 The first warning signal is scheduled to be made at 1200. Two races are scheduled for each Sunday.
- 6.3 All boats are welcome to sail in the annual Hangover Bowl held on January 1. A separate Notice of Race and Sailing Instructions will be published for the Hangover Bowl.

7 FLEET FLAGS

- 7.1 See SI Attachment A.
- 7.2 A fleet consists of one or more classes that start together.
- 7.3 [DP] Fleet flags shall be displayed prominently at the stern for boats in the ORC and PHRF classes.

8 THE COURSES

- 8.1 See SI Attachment B.

8.2 At 1130 the starting location will be announced on VHF channel 72. No later than the warning signal for each class, the race committee will announce the course to be sailed on VHF radio channel 72.

9 THE START

- 9.1 Races will be started using App U, audible sound signals.
- 9.2 The starting line will be between the staff or halyard with an orange flag on the race committee signal vessel and the course side of an inflatable mark near the designated government mark.
- 9.3 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other fleets.
- 9.4 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 9.5 The starting line shall not be crossed in either direction after a boat starts.

10 RECALLS

- 10.1 The race committee will announce on VHF radio boats identified as OCS, UFD, or BFD. A boat may not base a request for redress on the failure to hear or receive the announcements, the timeliness of announcement or the order in which boats are announced. This changes RRS 62.1(a).

11 THE FINISH

- 11.1 The finish line will be between an orange placard on the 2nd deck of the AYC Clubhouse and an orange shape at the end of "A" dock at the Annapolis City Marina.

12 PENALTY SYSTEM

- 12.1 RRS 44.3(b), Scoring Penalty, applies as changed below. RRS 44.1 One turn and Two turn penalties do not apply.
- 12.2 RRS 44.3(b) is changed such that a boat taking a scoring penalty shall inform the race committee by submitting a Penalty Acknowledgement Form via email to the race office (as described in SI 3) no later than 1100 on the day after the incident.
- 12.3 RRS 44.3 Scoring Penalties are as follows:
- (a) 10% but not less than 1 place for breaking RRS 31 (Touching a mark).
 - (b) 20% but not less than 2 place for breaking a rule of Part 2 (When Boats Meet) or RRS 30.2 (Z Flag Rule)
 - (c) 30%, but not less than 3 places for a boat that complies with some, but not all, of the requirements of RRS 44.3(a) and 44.3(b).
- 12.4 For penalties after racing, RRS/US Appendix V2 will apply, changed such that the percentage will be 30%, but not less than 3 place.

12.5 The penalty shall not be more than the boats scored TLE, DNF or DNC.

13 TIME LIMITS

- 13.1 RRS 35 is deleted and replaced with: "If one boat sails the course as required by RRS 28 and finishes within the time limit, all boats that finish in that class within the time limit shall be scored according to their finishing places unless the race is abandoned. If no boat in that class finishes within the time limit, the race committee shall abandon the race for that class. If at least one boat finishes in a class within the time limit, boats still racing in that class after the time limit shall be scored TLE (Time Limit Expired)." This changes A11.
- 13.2 The time limit is 90 minutes from the starting signal for each class.

14 PROTESTS, REQUESTS FOR REDRESS, SCORING INQUIRIES

- 14.1 The protest time limit is 1100 on the day following the incident.
- 14.2 Hearing requests, scoring inquiry and other forms can be found online at:
<https://www.annapolisyc.com/racing/raceoffice>.
- 14.3 ALL FORMS shall be delivered to the race office BY EMAIL at: raceoffice@annapolisyc.org. Neither the AYC front desk nor the AYC Harborside Director will accept forms.
- 14.4 Hearing requests shall be delivered to the race office by the protest time limit.
- 14.5 When the race committee receives a scoring inquiry form, it will review its records and respond as soon as practicable.
- 14.6 The list of protest notifications and penalty acknowledgements will be posted by 2000 on the day after a race. For protests/requests filed by the protest committee or race committee, posting of this list constitutes notification required by RRS 61.1(b).
- 14.7 The protest hearing schedule including date, time, and location of the hearing will be posted by 2000 the day after a race. Hearing may be held online. For online hearings, connection details will be posted at least 24 hours in advance of the hearing.

15 SCORING

- 15.1 RRS Appendix A4, Low Point System, will apply.
- 15.2 Six days of racing are scheduled for the 1st Series, seven days for the 2nd Series. One race is required to be completed to constitute a series.
- 15.3 When 3 or fewer races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.4 RRS Appendix A5.3 will apply.

- 15.5 RRS Appendix A2.2 is deleted.
- 15.6 For all handicap classes their 2023 PHRF or ORC rating will be used for both Series.
- 15.7 Corrected times for classes using PHRF will be calculated with Time-on-Time scoring using a boat's Random Course Handicap (Non-Spinnaker) rating. A boat's corrected time will be her elapsed time multiplied by $(650 / (550 + \text{PHRF Rating}))$.
- 15.8 Corrected times for ORC classes will be calculated using ORC Time-on-Time ratings. The race committee will assign the appropriate course type and wind strength prior to scoring. **These decisions will not be grounds for redress by any competitor. This changes RRS 60.1 (b).**
- 16 [DP] SAFETY REGULATIONS**
- 16.1 All boats shall carry a VHF radio capable of communicating on channels 9, 13, 16 and 72.
- 16.2 A boat that retires from a race shall notify the race committee or race office at the first reasonable opportunity.
- 17 DOCKING AND INTERACTION WITH NON-RACING VESSELS AND PROPERTY**
- 17.1 AYC reminds all our boats that it is important to respect the rights of vessels that are not racing. The race committee or protest committee may protest a boat based on information that a boat may have broken a government right-of-way (i.e., inland) rule (see RRS Preamble to Part 2) in an incident with a vessel that is not racing.
- 17.2 Boats shall not touch anchored, moored, or docked vessels.
- 17.3 Boats shall not tie up to or touch the docks belonging to the Yacht Basin immediately next to the Yacht Club. Boats that break this SI will be responsible for all charges from the Yacht Basin.
- 17.4 A boat shall not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial ships, tugs, or barges. Boats must take evasive action well in advance of a potentially dangerous situation. The US Coast Guard, ship captains, and bay pilots have been encouraged to report any incident they observe.
- 17.5 The race committee or protest committee may protest a boat for breaking this SI based on information received from any source. The protest time limit does not apply. A written statement from the US Coast Guard, a ship captain, or a bay pilot will be accepted as evidence without the author of the statement present. Such incident may also be reported to the protest committee for action under RRS 69 (Misconduct) or the AYC Board of Governors for disciplinary action. This changes RRS 60.2, 60.3, 61.3, and 63.6.
- 18 PRIZES**
- 18.1 Prizes will be given for the top 3 boats in each class.
- 18.2 Additional prizes may be awarded at the discretion of the organizing authority.