
2014 SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current edition of The Racing Rules of Sailing.
- 1.2 The Sail Canada Prescriptions 2013-2016 will apply. Prescriptions have been attached as Appendix 1.
- 1.3 The current PHRF-NS regulations as administered by the NSYA shall apply to all handicap classes.
- 1.4 The Bluenose Class rules shall apply to the Bluenose class except that racing on the Bluenose course shall be non-spinnaker only. Please refer to Attachment D for Bluenose Class specific information and instructions.
- 1.5 If there is a conflict between languages the English text shall take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the western end of the main clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.
- 3.2 Any changes to rule 64.1 to permit penalties other than disqualification for breaking some IJCA rules (applicable for the J/24 One Design class only) will be posted on the official notice board no later than 0900 on Wednesday, August 13, 2014.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the Chester Yacht Club signal mast.
- 4.2 When a class flag is flown with a signal, the signal shall apply to that class only.

SPONSORS



4.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE OF RACES

5.1 Dates of racing and scheduled first signal:

Date	ALPHA COURSE PHRF-NS <99 & Farr 30 First Signal	BRAVO COURSE PHRF-NS >98 First Signal	CHARLIE COURSE Bluenose Class First Signal	DELTA COURSE Classics & PHRF-NS Non-Spinnaker First Signal	ONE DESIGN COURSE J/24, IOD, I14 First Signal
August 13	1200hrs	1200hrs	1330hrs	1230hrs	1200hrs
August 14	1200hrs	1200hrs	1330hrs	1230hrs	1200hrs
August 15	1200hrs	1200hrs	1330hrs	1230hrs	1200hrs
August 16	1200hrs	1200hrs	1330hrs	1230hrs	1200hrs

5.2 Number of races:

Class	# Races Scheduled	Races Per Day
Alpha - Distance Classes	4	1
Alpha - PHRF-NS <99 & Farr 30	12	up to 4
Bravo - PHRF-NS >98	12	up to 4
Bravo - Distance Classes	4	1
Charlie - Bluenose	10	up to 3
Delta - Classics & PHRF-NS Non-Spinnaker	4	1
One Design	12	up to 4

5.3 On the last day of the regatta no warning signal will be made after 1500 hrs.

5.4 After a long postponement, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound at least four minutes before a warning signal is displayed.

6 CLASS FLAGS & CLASS LISTS

Class lists will be made at the discretion of the Organizing Authority and will be posted on the official notice board and on the CRW Yacht Scoring page no later than 0900hrs on Wednesday, August 13. This posting will also include the class flags for each class.

7 RACING AREA

Attachment A shows the general location of the racing areas.

The Alpha Course will usually start in the vicinity of Rafuse Island.

The Bravo Course will usually start in the vicinity of Middle Shoal.

The Charlie Course will race in the Chester Front Harbour area.

The Delta Course will usually start in the Chester Front Harbour area.

The One Design course will usually start in the vicinity of N44°29', W 64°14' approximately 1.5 NM north of the north end of Rafuse Island.

Attachment A is not to be used for navigation or for locating racing marks, it is a reference for the racing area only.

8 THE COURSES

- 8.1 The diagrams in Attachment B show the courses and describe the type of courses to be sailed by each fleet. This includes the order in which marks are to be passed, and the side on which each mark is to be left for windward-leeward course configurations.
- 8.2 If a windward-leeward course is to be sailed by a particular class, the race committee signal vessel will, no later than the warning signal, display code flag Whiskey with a numeral pennant to indicate which course is to be sailed as described in Attachment B. The race committee will also display the approximate compass bearing to the first mark.
- 8.3 For 'round-the-buoys' races, the Race Committee signal vessel shall indicate the course to be sailed on a course board located on or around her stern using marks as described on the Chester Yacht Club Course Card provided in the registration package or navigation buoys or islands as found on CHS Charts 4381 and 4328 except that when a triangle with the letter 'Y' or 'O' inside of it appears on the official course board as a mark of the course, it shall indicate that the mark to be rounded is either a yellow (Y) or an orange (O) inflatable tetrahedron. All marks of the course will be followed by either the letter 'P' indicating that the mark shall be left to port, or 'S' indicating that the mark shall be left to starboard. Replacement course cards will be available to competitors at the Chester Yacht Club race office.

9 MARKS

Marks may be moored navigational aids, moored club marks or laid inflatable marks.

10 AREAS THAT ARE OBSTRUCTIONS

Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. Though the Race Committee will choose courses with care, it is the responsibility of all competitors to familiarize themselves with the particular underwater features of the area and maintain safe navigation at all times.

11 THE START

- 11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between a staff displaying an orange flag on the Race Committee signal vessel at the starboard end of the line and a staff displaying an orange flag fixed to the pin boat at the port-end of the start line. Should the pin boat be unavailable, a high-flyer mark displaying a flag will replace the pin boat.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other fleets. This area shall include the start line and a 75 metre radius surrounding the start line.
- 11.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the course for 'round-the-buoys' races, the race committee will signal the change accordingly and display the new course to be sailed on a white board located on the race committee vessel signalling the change. This changes rule 33 by deleting rule 33(a)(1) and (2) and replacing rule 33(a)(1) with the display of the new course on a white board.
- 12.2 To change the next leg of a 'windward-leeward' course, the race committee will signal the change accordingly and lay a new mark and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.3 To change the course for a particular class, the race committee will fly code flag C over the class flag with repetitive sounds to signal a change of course for that class only.

13 THE FINISH

- 13.1 For the Alpha and Bravo Courses, the finishing line will be between a staff displaying an orange flag on the starboard hand side of the race

committee signal vessel and a finishing mark laid off of her starboard bow.

- 13.2 For the Delta Course and One Design Course, the finishing line will be between a staff displaying an orange flag on the port hand side of the race committee signal vessel and a finishing mark or boat off of her port side.
- 13.3 No yacht shall pass between an on-station race committee vessel and nearby finish line marker on any course other than her own.
- 13.4 All competitors shall keep clear of the Bluenose fleet on Charlie Course as they approach or depart Chester Harbour. Any competitors that are identified as having failed to observe this instruction shall be subject to protest by the Charlie Course Race Committee.

14 PENALTY SYSTEM

- 14.1 The first two sentences of rule 44.1 are changed to: "A boat may take a One-Turn Penalty when it may have broken a rule of Part 2 or Rule 31 while racing. However when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark her penalty shall be a Two-Turns Penalty".
- 14.2 Rule 44.3 scoring penalty shall not apply.
- 14.3 Unless the course is shortened to finish at the windward mark, penalties within the zone of the windward mark or on the offset leg may be delayed and taken as soon as possible on the downwind leg. This changes rule 44.2.
- 14.4 Rule 44.1 is also changed to permit a boat that has broken a rule of Part 2 or rule 31 to take a penalty after racing but prior to any protest hearing. Her penalty shall be a scoring penalty as calculated in rule 44.3 (c) equal to 40% of the number of entries in her class or 50% of the difference between her finishing position and the number of entries in her class, whichever is less. However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

15 TIME LIMITS FOR ALL CLASSES AND COURSES

(a) Alpha - 'Round-The-Buoys' Courses (PHRF-NS <99) + Distance Classes:
The time limit will be five (5) hours for the first boat to finish in each fleet. If any boats finish within that time limit, subsequent boats will have a total time limit of seven (7) hours. Boats failing to finish within that total time limit will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(b) Alpha - Windward-Leeward Courses (PHRF-NS <99): If no boat passes the first mark within one hour of the start, the race will be abandoned. Boats in the A1 and A2 classes failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(c) Bravo - 'Round-The-Buoys' Courses (PHRF-NS >98) + Distance Classes: The time limit will be four (4) hours for the first boat to finish in each fleet. If any boats finish within that time limit, subsequent boats will have a total time limit of five (6) hours. Boats failing to finish within that total time limit will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(d) Bravo - Windward-Leeward Courses (PHRF-NS >98): If no boat passes the first mark within one hour of the start, the race will be abandoned. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(e) Charlie - Windward-Leeward Courses: If no boat passes the first mark within 35 minutes of the start, the race will be abandoned. If no boat finishes the original course or shortened course within 70 minutes of the start, the race will be abandoned. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(c) Delta - 'Round-The-Buoys' Courses (Classics & PHRF-NS Non-Spinnaker): The time limit will be three (3) hours for the first boat to finish in each class. If any boats finish within that time limit, subsequent boats will have a total time limit of five (5) hours. Boats failing to finish within that total time limit will be scored Did Not Finish without a hearing. This changes rule A4, A5 and rule 35.

(d) One Design Courses: If no boat passes the first mark within one hour of the start, the race will be abandoned. Boats in the One Design classes failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing.

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms are available at the ticket window inside the Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each course, the protest time limit is 60 minutes after the last boat on that course has finished the last race of the day. The time limits for each course will be posted on the official notice board.

16.3 Notices will be posted on the official notice board no later than 15 minutes after the protest time limit to inform competitors of hearings in

which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Clubhouse.

- 16.4 Breaches of instructions 11.3, 13.3, 19.1, 19.2, 21, 22, and 23.2 will not be grounds for a protest by a boat. This changes rule 60.1 (a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The penalty for a breach of rule 55 may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1 (b).
- 16.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

- 16.7 On the last scheduled day of racing a request for redress shall be delivered within the protest time limit or no later than 30 minutes after the relevant incident, whichever is later. This changes rule 62.2.

17 ARBITRATION

- 17.1 For a protest between two boats alleging a breach of a rule of Part 2 or rule 31, an arbitration meeting may be held prior to any protest hearing.
- 17.2 One representative from each boat will meet with the arbitrator. No witnesses will be permitted.
- 17.3 The arbitrator will advise on whether:
- a) One or both boats should take a penalty;
 - b) The protest should be withdrawn; or
 - c) The protest should go to the protest committee for a hearing.
- 17.4 When a boat accepts a penalty or the arbitrator advises that the protest should be withdrawn, the arbitrator will allow the protest to be withdrawn. This changes rule 63.1.
- 17.5 When a protest is withdrawn, it will not be reopened or made the subject of a request for redress.
- 17.6 The penalty is to be calculated according to sailing instruction 14.4.

18 SCORING

- 18.1 The Racing Rules of Sailing Low Point System Appendix A4 will be in effect with the following modifications.
- 18.2 When fewer than five races have been completed, a boat's score shall be the total of her race scores. When five or more races are completed, a boat's series score shall be the total of her race scores excluding her worst score.
- 18.3 One race will be required to constitute a series.

19 SAFETY REGULATIONS

- 19.1 Check-In: All vessels shall check-in with the race committee signal vessel on their course before their first race of the day. This shall be done by sailing past the stern of the signal vessel on a starboard tack and hailing her class, yacht name, sail number and number of persons aboard. VHF check-in is not valid. Boats that do not check-in may, without a hearing, be scored DNC for the first race of the day. This changes rule A4 and A5.
- 19.2 A boat that retires from a race shall notify the race committee as soon as possible by either VHF on their course channel or by sailing past and hailing the committee.
- 19.3 Medical evacuations from the course: the boat transporting the patient to shore shall proceed directly to the Government Wharf. This wharf is also known as the Tancook Ferry Wharf, located at 12 Water Street, Chester.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, sailing instructions and with the minimum safety equipment standards of her country of registry. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21 ADVERTISING

Skippers are asked not to display advertising in conflict with the event sponsors.

22 HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

23 RADIO COMMUNICATION

23.1 The Alpha Course race committee shall communicate on VHF Ch.72.
The Bravo Course race committee shall communicate on VHF Ch.66.
The Charlie Course race committee shall communicate on VHF Ch.74.
The Delta Course race committee shall communicate on VHF Ch.69.
The One Design Course race committee shall communicate on VHF Ch.71.

23.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23.3 Failure of the race committee to make broadcasts or of a boat to hear a broadcast will not be grounds for a request for redress. This changes rule 62.1(a).

24 PRIZES

Prizes will be awarded as per the Notice of Race. At the discretion of the organizing authority, further prizes may be added at any time.

25 DISCLAIMER OF LIABILITY

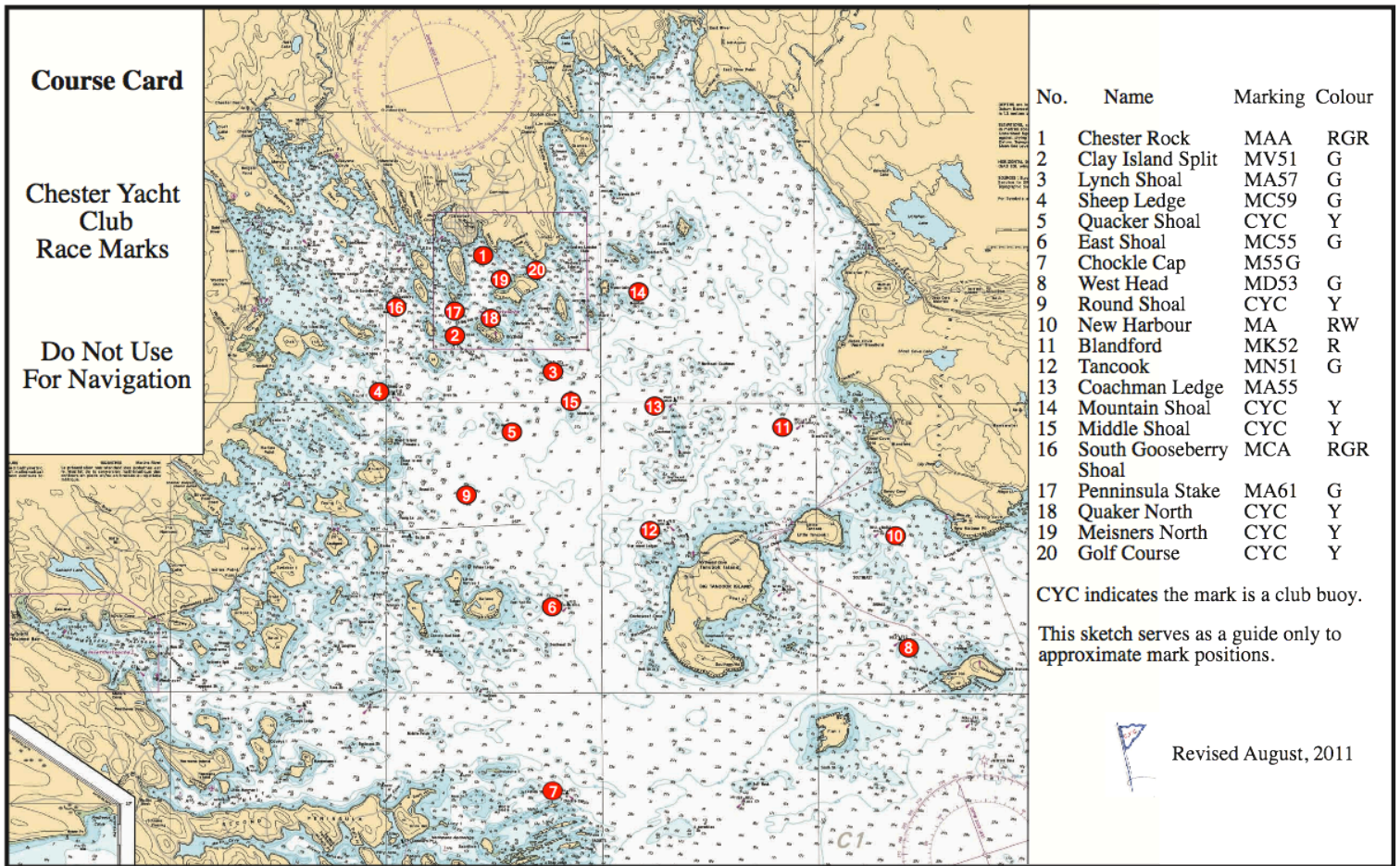
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per event or the equivalent.

ATTACHMENT A - RACING AREA

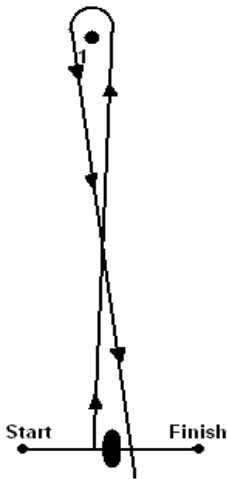
Attachment A is not to be used for navigation or for locating racing marks, it is a reference for the racing area only.



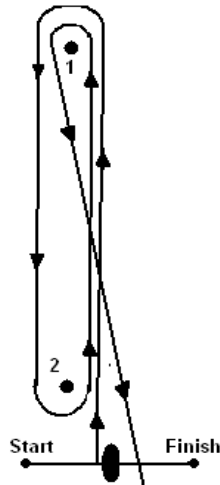
ATTACHMENT B - COURSE TYPES & DIAGRAMS

WINDWARD-LEEWARD COURSE DIAGRAMS

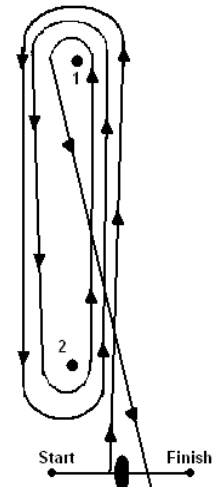
Course #1
 Numeral Pennant 1
 S-1-F



Course #2
 Numeral Pennant 2
 S-1-2-1-F



Course #3
 Numeral Pennant 3
 S-1-2-1-2-1-F



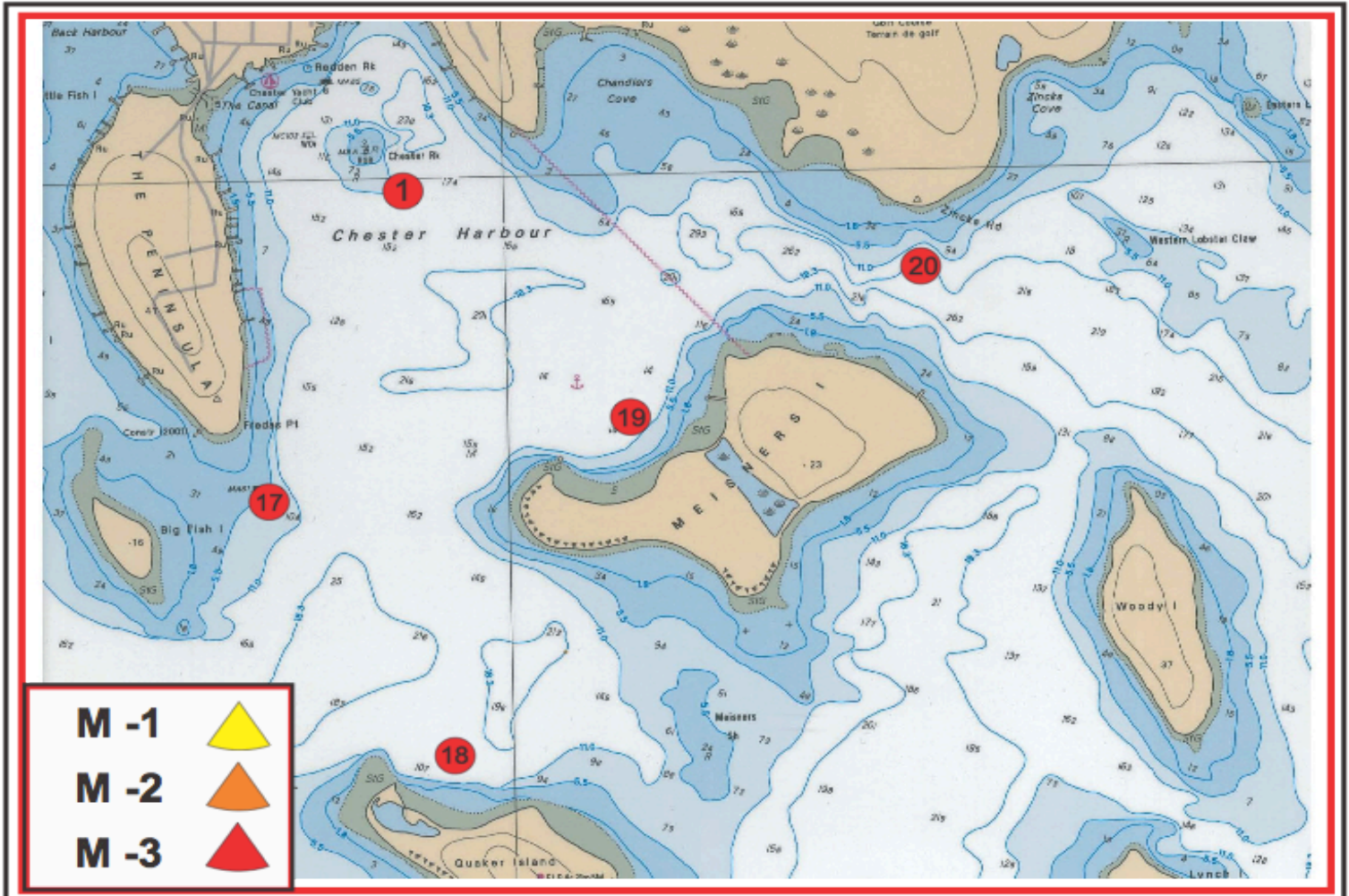
POSSIBLE COURSE TYPES BY CLASS

Alpha - Distance: 'Round-the-Buoys' Racing only
Alpha - PHRF-NS <99: 'Round-the-Buoys,' Windward-Leeward & Gold Cup Courses
Alpha - Farr 30 One Design: Windward-Leeward Courses only
Bravo - PHRF-NS >98: Windward-Leeward & Gold Cup Courses
Bravo - Distance: 'Round-the-Buoys' Racing only
Charlie - Bluenose: Windward-Leeward Courses & 1x'Round-the-Buoys' Race
Delta - Classics & PHRF-NS Non-Spinnaker: 'Round-the-Buoys' Racing only
One Design - All Classes: Windward-Leeward Courses only *special 'Round-the-Buoys' courses may be laid for the I14 class at the discretion of the OA

ALPHA, BRAVO & DELTA COURSES REFER TO CYC COURSE CARD PROVIDED IN REGISTRATION PACK FOR 'ROUND-THE-BUOYS' RACE MARK INFORMATION DO NOT REFER TO ATTACHMENT A (MARKS HAVE MOVED).

ATTACHMENT C - BLUENOSE CLASS ONLY

Chester Race Week Charlie Course 2011



1. Courses will be windward/leeward with either a single windward mark or a windward mark with an offset mark. The offset mark shall be rounded after rounding the windward mark. The bearing to the windward mark, and an indication of the presence of an offset mark will be displayed on a white board on the Signal Boat. The leeward mark may be a gate. In the absence of a leeward gate, boats are to round the single leeward mark. All single marks, including the offset mark shall be rounded to port. The offset mark if present will be a lime green tetrahedron. The leeward gate may consist of a tetrahedron and a fixed mark, or two tetrahedrons, not necessarily of the same colour or size.

2.The course to be sailed will be a series of numbers and symbols corresponding to the locations of both CYC moored racing marks, and laid tetrahedrons as shown on Attachment B “Charlie Course Only”. The CYC moored marks are yellow buoys, and mark # 17 is a green navigation buoy marked MA61. A mark designation displayed with the letter G denotes a gate will be present at that mark. The letters “LG” shall indicate the leeward gate is two tetrahedrons.

3.In the event the start line is located between the windward and leeward marks, the finish line shall be located approximately in the same position, unless the course is changed or shortened. A yellow or orange tetrahedron used as the pin end of the start/finish line for this course layout, shall not be considered mark M1 or M2 for the course.

4.Code flag bravo displayed at the finish signals that another race may be started. Code flag charlie displayed prior to the next start signals that the length of the next race, and/or the course layout has changed. The Warning signal for the next start will occur one minute after code flag bravo and/or charlie have been removed with a sound signal. Numeral pennant 1 displayed at the finish signals that the signal boat may be moving to another area for the next race. Boats should be prepared to follow the signal boat to the new location. Numeral pennant 2 displayed on the signal boat at the finish of the last race of the day means racing has ended for the day.

5.If there is a conflict between the sailing instructions or notice of race and this attachment, this attachment shall take precedence for the Bluenose Class only.

ATTACHMENT D – CYC RACE MARK LOCATIONS – 2014

1) Mountain Island
N 44° 31.210'
W64° 11.144'

2) Middle Shoal
N 44° 29.827'
W64° 12.491'

3) Quaker Shoal
N 44° 29.728'
W64° 13.981'

4) Round Island
N 44° 28.740'
W64° 14.517'

Appendix 1

Sail Canada Prescriptions 2013–2016

Effective 1 January 2013

Sail Canada prescribes:

Rule 46 – Person in Charge

Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.

Rule 61.2 – Protest Contents

Sail Canada prescribes that no fee shall be charged for delivering a protest or a request for redress.

Rule 64.3 – Decisions on Protests Concerning Class Rules (insert directly under the title to the rule)

Sail Canada prescribes that unless otherwise provided in its class rules, the ISAF Equipment Rules of Sailing shall apply to all classes racing in Canada.

Rule 67 – Damages

Sail Canada prescribes that a boat that has been found by a protest committee to have broken a rule and caused damage shall be considered at fault for the purposes of rule 67.

Rule 70.5(a) – Appeals and Requests to a National Authority

Sail Canada so prescribes.

Rule 88.2 National Prescriptions

Sail Canada prescribes that the sailing instructions of national or lesser events shall not change or delete any Sail Canada prescription. For events that have a no appeal protest committee or an international jury, prescriptions to rule 61.2 and 67 shall not be deleted.

Appendix E8 – Appendix G Changes to Identification on Sails (insert directly under title to the rule)

Sail Canada prescribes that this rule applies to Canadian boats in all classes.

Appendix R – Procedures for Appeals and Requests (insert after the preamble)

Sail Canada prescribes that it may delegate an appeal or request for confirmation or correction to an association appeals committee, such as a provincial association appeals committee or a racing association appeals committee. Decisions of an association appeals committee may be further appealed to Sail Canada.

Appendix R2.1(a) – Submission of Documents

Sail Canada prescribes that no later than 15 days after receiving the association appeals committee's written decision, the appellant may send a further appeal and a copy of the association appeals committee's decision to Sail Canada. The appeal shall state why the appellant believes the association appeals committee's decision or its procedures were incorrect.

Appendix R2.2 – Submission of Documents

Sail Canada prescribes that in the case of a further appeal to Sail Canada, this rule shall apply to the appellant as though it was an initial appeal, and to the appealed committee as though it was the protest committee.

Appendix R3 – Responsibilities of National Authority and Protest Committee

Sail Canada prescribes that when an appeal is delegated to an association appeals committee, the responsibilities and actions required of the national authority in this rule, and in rules R4, R5, 71.2 and 71.3, shall be performed by the association appeals committee.