



2020 NORWALK YACHT CLUB SATURDAY RACES
Including the NORWALK ISLANDS SAILING FLEET
ORGANIZING AUTHORITY – NORWALK YACHT CLUB
SAILING INSTRUCTIONS INCLUDING AMENDMENT 1 (bold italic)
May 29, 2020

RACES COVERED BY THESE SAILING INSTRUCTIONS

May 23	King Cup – Run by Minuteman Yacht Club CANCELED
Jun 13	Chanteyman Cup
July 11	Norwalk Yacht Club Greens Ledge Trophy.
August 1	Full moon Evening Race <i>Run by Saugatuck Yacht Club</i>
August 8	Yellow Rock Trophy Requires woman skipper (helmsman)
August 29	NISF Cup- <i>Run by NISF</i>
Sept. 26	Partners Cup- <i>Run by NISF</i>

1. RULES

- 1.1. The races will be governed by the rules as defined in:
- 1.2. The Racing Rules of Sailing (RRS), including the current Performance Handicap Racing Fleet Regulations (PHRF) as administered by the Yacht Racing Association of Long Island Sound (www.yralis.org), as modified in these Sailing Instructions.
- 1.3. The Category C Minimum Equipment Recommendations of the YRALIS.
- 1.4. Racing rules 26, 35, 44.2, 62.1(a), 29.1, and 61.3 will be changed as stated in these Sailing Instructions.

1.5. Covid 19 Requirements (DP)

- 1.5.1. crew must maintain physical distancing 6', where feasible**
- 1.5.2. crew must wear face covering at all times**
- 1.5.3. Crew size not limited**

2. NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS

Notices to competitors and changes to the Sailing Instructions or scratch sheets will be posted on the official notice board at Norwalk Yacht Club and at <http://www.yachtscore.com> at least 24 hours before taking effect, or from the race committee signal boat by displaying international code flag **L** and orally communicating the change by broadcasting on VHF channel 5A in the 10 minutes prior to the first warning signal on the day they take effect.

3. SIGNALS MADE ASHORE

Signals made ashore will be made at the flagpole at Norwalk Yacht Club not later than 1100 on race days. Any signals made ashore shall also be broadcast on VHF channel 5A at 1100 and again at 1130. The Race Committee will also endeavor to contact competitors by text message on race day, to alert them to any changes. When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

4. SCHEDULE OF RACES

The Schedule of Races is attached as **Appendix A**. One race for each class or combined classes is scheduled for each date. The scheduled time of the first warning signal is 1200, except for the Evening Race on August 24, as more fully described in **Appendix B**.

5. CLASSES

There will be no spinnaker class. All boats will sail in the Non-Spinnaker class. The scratch sheet will be available at www.yachtscoring.com, and from the race committee signal boat on race days, prior to racing.

6. RACING AREA

Racing will be South of Rowayton or Norwalk, Connecticut, with the start and finish lines either in the vicinity of Greens Ledge Light, or in the vicinity of Government mark "R 26", as indicated in **Appendix A.**

7. COURSES & MARKS

7.1. The list of Government marks eligible to serve as marks of the course is given in **Appendix C.** which also gives approximate chart coordinates for each mark.

7.2. **Appendix D** gives approximate compass directions and distances between each pair of marks listed in Appendix C.

7.3. The race committee signal boat will designate the course by VHF radio on Channel 05A, in the 15 minutes before the Warning signal. There will be no course placards displayed.

7.4. All course marks will be left to port, unless the signal boat verbally signifies other.

8. COURSE RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions. While racing, boats shall not cross a line segment:

8.1 between RN"28" and R"2A" (unless RN "28" is designated as a turning mark).

8.2 between R"2A" and the abandoned lighthouse at the western end of Sheffield Island;

8.3 between RN"28" and the abandoned lighthouse at the western end of Sheffield Island;

8.4 extending true north of R"30" at Smiths Reef.

9. THE START

9.1. Prior to the first warning signal, each boat shall check in with the Race Committee by hailing on VHF channel 05A, stating their boat name and sail number.

9.2. Start sequence will follow the five-minute sequence laid out in RRS 26, but without flags. The Race Committee will guide the start sequence by VHF radio.

9.3. Warning signals for succeeding classes, if any, may be made with or after the starting signal of the preceding class.

9.4. If there is more than one class, the order of starts will be by ascending class number (e.g. I, II, III) unless otherwise announced.

9.5. The starting line will be between an orange flag on the race committee signal boat and the mark defining the other end of the starting line.

9.6. Boats whose class warning signal has not been made shall keep clear of the starting area during the starting sequence for other classes.

9.7. A boat that starts later than 20 minutes after her starting signal will be scored DNS.

10. RECALL

The race committee will attempt to identify recalled boats and to broadcast their sail numbers on the race course VHF channel 05A. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress. This modifies RRS 62.1

11. THE FINISH

11.1. The finish line for all courses will be between an orange flag on an official boat and the finish mark. The official boat at the finish line may be a different vessel than the Signal Boat at the start.

11.2. If the official boat at the finish is on the opposite side of the finish line, finish in accordance with this paragraph 12.1. Such finish line shall not be cause for redress.

11.3. If a course is shortened, the finish line will be between an official boat displaying Code Flag S and an orange flag, at a rounding mark. The race committee will make multiple sound signals to indicate shortened course

and the committee will broadcast on the race course VHF channel 05A that the course has been shortened. A text message may also be sent.

11.4. The finish line shall be crossed in the direction from the last mark rounded.

12. TIME LIMIT

12.1. The time limit for each class shall be 3.5 hours from the class start time.

12.2. If no boat in a class finishes within the time limit, the race for that class will be abandoned.

12.3. A boat failing to finish within 40 minutes after the first finisher in her class, will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

13. WITHDRAWAL

Any boat withdrawing before the start or retiring during a race shall notify the RC at the earliest possible opportunity on the race course VHF channel.

14. PROTESTS AND REQUESTS FOR REDRESS

14.1. To initiate a protest, the protesting yacht must notify the protested yacht by hailing "Protest!" A RED protest flag must be flown from the protesting yacht's backstay immediately after the infringement, and carried until after the finish line has been crossed.

14.2. Immediately after finishing, a protesting yacht shall contact the Race Committee on the race course VHF channel 05A to provide its sail number as well as the sail number of the yacht being protested. Written Protests must be filed as in 15.4 below.

14.3. Immediately after finishing, a boat that accepted a One-Turn Penalty shall contact the Race Committee on the race course VHF channel to provide its sail number as well as the sail number of the protesting yacht. This changes RRS 44.2.

14.4. Protests and Requests for Redress shall be filed on standard US SAILING protest forms, available for download on the USSAILING website. Completed forms shall be delivered or emailed to the Chairman, Regatta Committee, at Norwalk Yacht Club within 24 hours after the finish of the race. This modifies RRS 61.3

14.5. Protest Hearings shall be scheduled virtually on Zoom as quickly as practicable, at dates/times advised to the protesting and protested skippers.

15. SCORING

15.1. Each class will be scored using current PHRF handicaps provided by YRALIS. "Non Spinnaker W/L Ratings" will be used for Non-Spinnaker classes.

15.2. Scoring will be done using Time-on-Distance computation. The distance of each race shall be determined by the Race Committee, and will not be grounds for redress.

16. RADIO COMMUNICATION

16.1. The Race Committee will normally use VHF channel 05A to communicate with competitors.

16.2. Except in an emergency, while racing, a boat shall neither make nor receive radio transmissions not available to all boats. This restriction also applies to mobile phones.

16.3. IN AN EMERGENCY, DO NOT DIAL 911 FROM YOUR CELL PHONE WHILE ON THE WATER. YOU MAY BE MIS-DIRECTED TO EMERGENCY SERVICES ON LONG ISLAND. USE YOUR VHF RADIO TO SUMMON HELP.

17. ADDITIONAL SPECIAL INSTRUCTIONS FOR THE FULL MOON EVENING RACE

For the Full Moon Evening Race on August 1, special instructions will be in effect. These instructions are attached as **Appendix B**.

18. RESPONSIBILITY FOR SAFETY

Competitors participate in the regatta entirely at their own risk. The Organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. See RRS Fundamental Rule 4, Decision to Race. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the

YRA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

19. FURTHER INFORMATION

Please contact:

Sailing Director, Norwalk Yacht Club, 10 Nathan Hale Rd, South Norwalk, CT, 06854

Phone 203 866-0941, VHF Channel 78A

Wes Oliver

Regatta Chair regatta@norwalkyachtclub

May 29, 2020

2020 NORWALK YACHT CLUB SATURDAY RACES
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SAILING INSTRUCTIONS INCLUDING AMENDMENT 1, MAY 29, 2020
APPENDIX A
2020 SCHEDULE OF RACES

Date	Race	Start Area	Party
May 23	King Cup CANCELED	R26	Minuteman YC
Jun 13	Chanteyman Cup	GL	Norwalk YC
July 11	Greens Ledge Trophy	GL	Norwalk YC
August 1	Full moon Evening Race	R26	None
August 8	Yellow Rock Trophy	GL	Norwalk YC
August 29	NISF Cup	GL or R26 TBD	TBD
Sept. 26	Partners Cup	R26	Partners Cafe

* **First Warning Signal for all races except the Full Moon Evening Race on August 1 is 12:00.**
See Appendix B for timing of the Full Moon Evening Race. *

2020 NORWALK YACHT CLUB SATURDAY RACES
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APPENDIX B

SUPPLEMENTAL SAILING INSTRUCTIONS FOR
FULL MOON EVENING RACE, AUGUST 1, 2020

The sailing instructions above remain in full force and effect for this race, except as specifically modified by this Addendum. This Addendum shall apply solely to the race named above.

1. SCHEDULE

The evening race is scheduled for Saturday, August 1, 2020. The scheduled time of the first warning signal is 1700. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

2. SIGNALS MADE ASHORE; DELAY OF START

Signals made ashore will be made at the flagpoles at Norwalk Yacht Club and Saugatuck Yacht Club not later than 1400 on the race day. Any signals made ashore shall also be broadcast on VHF channel 5A at 1600 and again at 1630.

3. THE FINISH

3.1 Finishes shall be as provided in the sailing instructions, except that all competitors are additionally required to shine a light on their sail numbers and hail the finish boat or otherwise ensure that they have been properly identified by the finish boat when finishing after dark. Boats failing to do this may be scored DNF without a hearing.

3.2 If no finish boat is on station, each boat shall finish when her bow crosses a line from R 26 perpendicular to the last leg of the course and within 50 yards of R 26, passing R 26 on either side. Each boat shall record her finish time, using GPS time of day to the second, and email it to regatta@saugatuckclub.com by 1200 on Sunday, August 2, 2020.

4. TIME LIMIT

4.1 If no boat in a class has finished by 2200 hours, the race for that class will be abandoned.

4.2 The time limit for the first finisher in each class will be 2200 hours. Boats failing to finish within 40 minutes after the first finisher in their class will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

5. NAVIGATION LIGHTS

Every vessel shall display proper running lights after sunset and shall not display an all-round light (anchor light) or a masthead light (steaming light) while sailing. A trilight may be displayed at the masthead only when sailing. When a trilight is displayed at the masthead, no other running lights may be displayed. A boat observed by the race committee to break this basic rule shall be subject to protest

6. PROTESTS AND REQUESTS FOR REDRESS

Protests shall be made in accordance with the sailing instructions, except that the deadline in section 15.2 for filing a protest shall be 1000 on Tuesday, August 4, 2020, for this race only.

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APPENDIX C
MARKS

COORDINATES APPROXIMATE. NOT SUBJECT TO REDRESS

A	R"26"	41° 03.65' N 73° 22.02' W
B	R"24"	41° 04.50' N 73° 19.84' W
C	G"11B"	41° 00.03' N 73° 23.70' W
E	R"28C"	41° 00.56' N 73° 25.21' W
F	R"22"	41° 06.45' N 73° 15.78' W
G	R"28"	41° 02.38' N 73° 25.50' W
H	C"13"	40° 58.21' N 73° 23.64' W
I	GL Vicinity Greens Ledge Light	41° 02.40' N 73° 26.77' W
J	G"15"	40° 57.70' N 73° 29.17' W
K	R"32"	41° 00.19' N 73° 31.42' W

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APPENDIX D
MAGNETIC COURSES AND NAUTICAL MILE DISTANCES BETWEEN MARKS

	R"26"	R"24"	G"11B"	R"28C"	R"22"	R"28"	C"13"	GL*	G"15"	R"32"
R"26"	- 1.88	76° 1.88	212° 3.88	231° 3.95	73° 5.5	259° 2.9	206° 5.6	265° 3.73	236° 8.1	257° 7.9
R"24"	256° 1.88	-	226° 5.45	239° 5.66	70° 3.6	258° 4.76	219° 7.05	262° 5.55	240° 9.9	257° 9.8
G"11B"	32° 3.88	46° 5.45	-	311° 1.24	56° 8.9	345° 2.8	193° 1.81	332° 3.34	255° 4.8	285° 5.8
R"28C"	51° 3.95	59° 5.66	131° 1.24	-	64° 9.33	07° 1.93	167° 2.66	345° 2.27	240° 4.2	280° 4.67
R"22"	253° 5.5	250° 3.6	236° 8.9	244° 9.33	-	255° 8.35	230° 10.25	258° 9.2	242° 13.54	255° 13.4
R"28"	79° 2.9	78° 4.76	165° 2.8	187° 1.93	55° 8.35	-	175° 4.5	289° 0.84	225° 5.55	257° 4.95
C"13"	26° 5.6	39° 7.05	13° 1.81	347° 2.66	50° 10.25	355° 4.5	-	355° 4.9	276° 4.26	304° 6.12
GL*	85° 3.73	82° 5.55	152° 3.34	165° 2.27	78° 9.2	109° 0.84	175° 4.9	-	216° 5.25	251° 4.25
G"15"	56° 8.1	60° 9.9	75° 4.8	60° 4.2	62° 13.54	45° 5.55	96° 4.26	36° 5.25	-	340° 2.7
R"32"	77° 7.9	77° 9.8	105° 5.8	100° 4.67	75° 13.4	77° 4.95	124° 6.12	71° 4.25	160° 2.7	-

*GL vicinity of Greens Ledge Lighthouse