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SAILING INSTRUCTIONS



SATURDAY, AUGUST 15, 2020  NEWPORT, RI



IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

AUGUST 15-16, 2020

Organizing Authority: Ida Lewis Yacht Club

*We anticipate that there may be updates and/or amendments to the Notice of Race and Sailing Instructions based on information provided or regulations mandated by the State of Rhode Island regarding Covid-19. The health, safety and welfare of our volunteers and participants is of utmost importance and ILYC will adhere to these regulations. Updates and Amendments will be posted on the Official Notice Board(found on the Yacht Scoring event site), www.ILYC.org/distancerace, and emailed to all registered entries.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 For all boats sailing courses 1, 2,3 or 4, the US Safety Equipment Requirements of US Sailing for **US Coastal**. A boat may not be protested for failing to comply with these Requirements except by the Race or Protest Committees.
- 1.3 For all boats sailing courses 5 & 6, the US Safety Equipment Requirements of US Sailing for **Nearshore**. A boat may not be protested for failing to comply with these Requirements except by the Race or Protest Committees.
- 1.4 For IRC boats - IRC Rules Parts A, B and C shall apply.
- 1.5 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.6 Rules 28, 29.1, 41, 55, 60.1, 63.1, 63.2, A5 and Race Signals are changed.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board on the Yacht Scoring Event Web Site.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 0800 hours on Saturday, August 15th.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag "AP" is lowered. This changes Race Signals.
- 4.3 The Race Committee will make announcements concerning postponements, courses, premature starters, etc., on VHF Channel 79A. Failure of the Race Committee to make such announcements, or failure of competitors to receive or hear such announcements will not be grounds for redress.

5 CLASSES AND CLASS FLAGS

5.1 The Classes and Class Flag for each class are as follows:

	CLASS NAME	CLASS NUMBER	CLASS FLAG
A.	IRC	ONE	Numeral Pennant ONE
B.	Double-Handed	TWO	Numeral Pennant TWO
C.	PHRF - ALOHA	THREE	Numeral Pennant THREE
D.	PHRF - CORONET	FOUR	Numeral Pennant. FOUR
D.	Cruising Spinnaker	FIVE	Numeral Pennant FIVE

Each boat shall race in the class to which it is assigned

5.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

6 CHECK IN AND RETIREMENT

6.1 Prior to the first warning signal, all boats shall check in with the Race Committee by hailing the Race Committee on VHF CHANNEL 69 with their sail numbers and having the Race Committee affirmatively respond.

6.2 Boats retiring shall inform the Race Committee by phoning **(203) 305-7761** as soon as possible.

7 COURSES

7.1 Course 1 - Montauk Course.

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” MoA WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to port
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
Block Island	to port

Finish – off Ida Lewis Yacht Club

(Distance for scoring purposes: 170 nm)

7.2. Course 2 – Block Island Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
N”2” South of Block Island	to starboard
R”4” Fl R 6s WHIS SW of Block Island	to starboard
G”1BI” Fl G 4s Bell North of Block Island	to starboard

Finish – Off Ida Lewis Yacht Club

(Distance for scoring purposes: 150 nm)

7.3 Course 3 – Point Judith Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
RW “NB” Mo(A) WHIS, ENE of Point Judith	to starboard

Finish – Off Ida Lewis Yacht Club

(Distances for scoring purposes: 120 nm)

7.4 Course 4 – Buzzards Bay Tower Course

Start – East Passage Narragansett Bay, south of Rose Island

R “2” QR WHIS	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
GR “BIS”. FL (2+1) G 6s (southwest of Block Island)	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
R “2” QR WHIS	to starboard

Finish – Off Ida Lewis Yacht Club

(Distances for scoring purposes: 110 nm)

7.5 COURSE 5 – Narragansett Bay Clockwise Course (Conanicut and Prudence Islands - Clockwise) .

Start – East Passage Narragansett Bay, south of Rose Island

R”2” QR WHIS	to starboard
GR “NR” Bell, S of Beavertail	to starboard
Center span of Jamestown-Verrazano Bridge	gate
R “8” Fl R 4s Bell, NW of Patience Island	to starboard
RGN, N of Providence Point	to starboard
G “1” Fl G 2.5s, NE of Homestead	to starboard
G “WR21” QG, SSE Prudence Island	to starboard
Center span of Pell Bridge	gate
R N “12A”, WNW of Rose Island	to port
R “12” Fl R 4s Bell, SW of Rose Island	to port

Finish – Off Ida Lewis Yacht Club

(Distance for scoring purposes: 33 NM)

7.6.1 COURSE 6 - Narragansett Bay Counter Clockwise Course (Conanicut and Prudence Islands Counter Clockwise) .

Start – East Passage Narragansett Bay, south of Rose Island

Special Orange Inflatable Mark

(approx 1NM South of start)

R “12” Fl R 4s Bell, SW of Rose Island	to starboard
R N “12A”, WNW of Rose Island	to starboard
Center span of Pell Bridge	gate
G “WR21” QG, SSE Prudence Island	to port
G “1” Fl G 2.5s, NE of Homestead	to port
RGN, N of Providence Point	to port
R “8” Fl R 4s Bell, NW of Patience Island	to port
Center span of Jamestown-Verrazano Bridge	gate
GR “NR” Bell, S of Beavertail	to port

Finish – Off Ida Lewis Yacht Club

(Distance for scoring purposes: 33 nm)

8 THE START

8.1 Saturday, August 15

IRC Warning Signal	1100 hours
Double-Handed Warning Signal	1110 hours
PHRF Aloha Warning Signal	1120 hours
PHRF Coronet Warning Signal	1130 hours
Cruising Spinnaker Warning Signal	1140 hours

8.2 Races will be started in accordance with rule 26.

8.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.

8.4 The starting race mark will be an extra large Orange Dumpy.

8.5 Boats shall keep clear of the starting area unless starting.

8.6 Any boat not starting within **10** minutes of the last starting signal of the day shall be scored DNS without a hearing. This changes rule A5.

8.7 The Race Committee may hail boats starting prematurely on VHF Ch 79A, but failure to do so is not grounds for redress. This changes rules 29.1 and 41.

8.7 A boat that does not comply with rule 29.1 shall have one (1) hour added to her elapsed time without a hearing. This changes rules 29.1, 63.1 and A5.

8.8 **Crews must maintain appropriate social distancing and/or wear appropriate face coverings at all times, including the period prior to their start sequence and during their starting sequence.**

9 THE FINISH

9.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying an Orange flag (which will be illuminated at night) at the north end of the deck at Ida Lewis Yacht Club.

9.2 A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W (in the general vicinity of the finish line) **This buoy, which shall be left to starboard, is a mark of the course but not part of the Finish Line.** It is intended to provide a rough approximation of the angle of the finish line. **If, as a result of a valid protest hearing, the protest committee determines that a boat failed to honor this mark and sail the course correctly, the minimum penalty the protest committee shall assess is one hour to added to the boat's corrected time. This changes rule 64.1.**

9.3 All boats in the classes assigned to sail courses 1, 2, 3, 4, and 6, when they are abeam of Castle Hill Light approaching the finish, shall call the Race Committee on VHF Ch 79A or via telephone (203) 305-7761 and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.

9.4 All boats in all classes assigned to sail course 5, when they are about to pass under the Pell Bridge approaching the finish, shall call the Race Committee on VHF Ch 79A or via telephone (203) 305-7761 and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.

9.5 At night, boats shall illuminate their sail numbers when approaching the finish line.

- 9.6 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.
- 9.7 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules; and shall deliver it to the Race Committee on the RC mark boat after finishing or to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.
- 10 PENALTY SYSTEM**
RRS 44.3, Scoring Penalty, shall apply.
- 11 TIME LIMIT**
- 11.1 The time limit for all boats sailing courses 5 and 6 is 1900 hours on Saturday, August 15, 2020.
- 11.2 The time limit for all boats sailing courses 1, 2, 3 and 4 is 1800 hours on Sunday, August 16, 2020
- 12 RENDERING ASSISTANCE**
Attention is drawn to the responsibility imposed by good seamanship and RRS 1.1.
- 13 PROTESTS**
- 13.1 Boats intending to file a protest or a request for redress shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at (203) 305-7761 until acknowledged.
- 13.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the Race Committee Finish Line Staff located on the deck on the north side of the Ida Lewis Yacht Club.
- 13.3 The Protest Committee anticipates that it will begin hearing protests at 1300 on Sunday, August 16, 2020.
- 13.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules.
- 14 SCORING**
- 14.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 14.2 PHRF: Time allowances for PHRF boats will be calculated using Time-on-Time (TOT) with the handicaps as provided by PHRF-Narragansett Bay.
- 15 GOVERNMENT BUOYS**
Government buoys, when not specified as part of the course, have no required side except for safe navigation.
- 16 ADVERTISING**
- 16.1 Advertising shall be in accordance with ISAF regulation 20.
- 16.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 16.3 Advertising for tobacco products are prohibited.
- 16.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

17 PRIZES

17.1 Prizes will be awarded on Sunday, August 16 at 1950 hours at Ida Lewis Yacht Club

17.2 The following prizes will be awarded:

- A. The Russell L. Hoyt Memorial Trophy for the IRC Division Best Elapsed Time.
- B. The Lois J. Muessel Memorial Trophy for the PHRF Division Best Elapsed Time.
- C. The Commodore's Trophy for the IRC Division, Corrected First Place.
- D. The Lime Rock Trophy for the PHRF Division, Corrected First Place.
- E. Double-Handed Division, Corrected First Place.
- F. The Arent H. Kits van Heyningen Trophy for the Youth Challenge, Corrected First Place
- G. William E. Tuthill Trophy for the Collegiate Challenge, Corrected First
- H. Cruising Spinnaker Division Trophy, Corrected First Place.
- J. PHRF Category A (PHRF Rating 54 and lower) – Corrected First Place
- K. PHRF Category B (PHRF Rating 55 and higher) – Corrected First Place

Additional prizes may be awarded at the sole discretion of the organizing authority and may be based on criteria other than the regatta results.

18 NOTES

18.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.

18.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.

18.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.

18.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.

18.5 In an emergency, if there is no one on duty at (203) 305-7761, competitors are requested to call (401) 862-3840.

18.6. Rule 28 is changed as follows: paragraph 28.2 is deleted.

18.7 Rule 55 is changed to allow the disposal of biodegradable sail banding material.

18.8 Competitors not in their starting sequence who wish to contact the Race Committee shall do so on VHF CHANNEL 69.

19 SPECIAL LIMITATIONS and REQUIREMENTS

19.1 All IRC and Double-Handed class yachts shall carry, mount, and keep turned on while racing a Yellow Brick transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later may be scored DNF without a hearing and will be charge for the cost of this transponder. This changes RRS 63.1.

19.2 The US Sailing prescription to rule 63.2 is deleted.

- 19.3 Protests alleging infringement of SI paragraphs 9 and 18 shall only be initiated by the Ida Lewis Long Distance Race Organizing Authority. This changes RRS 60.1

**Ida Lewis Yacht Club
Commodore Simon Davidson**

**Race Committee Chairman
Bill O'Hanley**

**Ida Lewis Distance Race Chair
Pat Kennedy**

**Principal Race Officer
Bill O'Hanley**

**Chief Judge
Dan Davis**

Ver 073120-1



2020 FINISH DECLARATION

Name of Yacht _____ Sail Number _____

I hereby declare that the above-named yacht has sailed the Ida Lewis Distance Race in accordance with the Rules and US Safety Equipment Requirements of US Sailing for US Coastal.

The yacht was / was not involved in any protest situation (circle appropriately)

The yacht did / did not fly Yellow Flag. Sail number of other yacht _____

Describe incident:

.....

Record time and date of rounding's:

1) Buzzards Tower (For Courses 1, 2 and 4 the second rounding only) _____

2) Based on the course sailed, the following mark:

A) Course 1: G"1" Fl G 4s Gong, ENE of Montauk Point

B) Course 2: G"1B" Fl G 4s Bell North of Block Island

C) Course 3: RW"NB" Mo(A) WHIS, (second rounding)
ENE of Point Judith

D) Course 4: GR "BIS". FL (2+1) G 6s
(southwest of Block Island)

E) Course 5: Narragansett Bay Clockwise Course
RGN, N of Providence Point

F) Course 6: Narragansett Bay Counterclockwise Course
RGN, N of Providence Point

3) Finish time/date

Owner/Skipper Signature _____ Date _____

Printed name _____ Phone number _____

Race committee

Received by _____ Date _____ Time _____

IDA LEWIS DISTANCE RACE 2020

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