



NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB SATURDAY SERIES

**Racing May 29th – September 25th
Awards Party November 7th, 2021**

**Norwalk Islands Sailing Fleet
Norwalk, CT**

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY (OA)

The series of races is organized by the Norwalk Islands Sailing Fleet (NISF) in conjunction with the hosting clubs as listed here. The race committee is provided by the hosting club.

King Cup	Minuteman Yacht Club
Chanteyman Cup	Norwalk Yacht Club
Greens Ledge Cup	Norwalk Yacht Club
Yellow Rock Race	Norwalk Yacht Club
Full Moon Evening Race	Saugatuck Harbor Yacht Club
NISF Cup	Shore & Country Club
Partner's Cup	Shore & Country Club

1. RULES

The regatta will be governed by the rules as defined in:

- 1.1. The current Racing Rules of Sailing (RRS);
- 1.2. The PHRF Class Rules as administered by the Yacht Racing Association of Long Island Sound (YRALIS) (<http://www.yralis.org>);
- 1.3. The Nearshore category of US Sailing's Safety Equipment Requirements (SER) (https://www.ussailing.org/wp-content/uploads/2020/01/US_SER_2019.0_Categories.pdf); and
- 1.4. The House Rules of the hosting club including any COVID-19 protocols in place at the time. (DP)
- 1.5. RRS A5.3 shall apply. RRS 33, 62.1(a), 29.1, 35, A5.1, A5.3, A10, 44.1, 61.3, will be changed as stated in these Sailing Instructions.

2. CHANGES TO SAILING INSTRUCTIONS & NOTICES TO COMPETITORS

- 2.1. Changes to the Sailing Instructions will be posted on www.YachtScoring.com at least 24 hours before taking effect; or
- 2.2. On the water from the race committee signal boat by displaying international signal flag L and orally communicating the change by broadcasting on VHF radio channel 5A (1005) in the 10 minutes before the warning signal on the day they take effect.
- 2.3. Communications with competitors may be by email; or
- 2.4. On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 5A (1005).

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed at the flagpole of the hosting club not later than 1100 hours on race days. Any signals made ashore shall also be broadcast on VHF radio channel 5A (1005) at 1100 hours and again on the half hour and hour until AP is lowered or the race is abandoned. For the Full Moon Evening Race, 1100 hours is replaced by 1600 hours.
- 3.2. When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

4. SCHEDULE OF RACES

- 4.1. One race for each class or combined classes is scheduled for each date. Dates of races are:

Date:	Race:	Race Committee:	Starting Area:	Tentative Post-race Party:
May 29 th	King Cup	Minuteman YC	R "26"	Minuteman YC
June 12 th	Chanteyman Cup	Norwalk YC	GL*	Norwalk YC
July 10 th	Greens Ledge Race	Norwalk YC	GL*	Norwalk YC
August 7 th	Yellow Rock Race	Norwalk YC	GL*	Norwalk YC
August 21 st	Full Moon Evening Race	Saugatuck Harbor YC	R "26"	none
August 28 th	NISF Cup	Shore & Country Club	R "26"	TBD
September 25 th	Partner's Cup	Shore & Country Club	R "26"	Partner's Cafe

*GL = in the vicinity of Greens Ledge Lighthouse

- 4.2. The scheduled time of the first warning signal is 1200 hours; except that the first warning signal for the Full Moon Evening Race is 1700 hours.

5. CLASSES

- 5.1. There shall be 2 classes; a spinnaker class (Class I) and a non-spinnaker class (Class II).
- 5.2. The OA reserves the right to divide any class into two or more divisions.
- 5.3. Classes or divisions will be designated and published in the order of their scheduled starts in the scratch sheet available at www.yachtscoring.com and also from the Race Committee Signal Boat on race day prior to racing.
- 5.4. Class flags will be the international signal flags numeral pennant corresponding to the class designation in the scratch sheet.
- 5.5. The OA or Race Committee may, at its discretion, determine that spinnakers shall not be used in the Yellow Rock Race or depending upon conditions on a specific race day. However, a boat that has entered the series and has raced in the spinnaker class shall continue to be scored in the spinnaker class for all subsequent races in the series.
- 5.6. A boat registered in the non-spinnaker class shall sail with main and jib only. Should a boat registered in the non-spinnaker class choose to sail in the spinnaker class for an individual race, she shall inform the Race Committee Signal Boat prior to racing. Her series score for that race shall be DNC in the non-spinnaker division and she shall not be registered or given a series score in the spinnaker division. However, for the individual race, she shall be scored and eligible for prizes in the spinnaker division and the scores of other boats shall not be changed.
- 5.7. Individual races may also have starts for other classes not scored in the series.

6. RACE AREA

As shown in the Schedule of Races, start and finish lines will be South of Rowayton, Connecticut in the vicinity of Greens Ledge Light, **OR** South of Norwalk, Connecticut in the vicinity of Government Mark R "26".

7. COURSES AND MARKS

- 7.1. Courses will be "Navigator's" courses around Government marks, to be chosen for the day from the

list of marks attached hereto as Appendix 1 – Marks.

- 7.2. Appendix 2 gives approximate magnetic compass bearings and distances between each pair of marks listed in Appendix 1.
- 7.3. The Race Committee may elect to set an orange or yellow inflatable tetrahedron (Mark X) as the first turning mark of the course.
- 7.4. The race committee signal boat will announce the courses for each class including the side on which each mark is to be left and the approximate range and magnetic compass bearing to the first mark by broadcasting on VHF radio channel 5A (1005) no later than the warning signal.
- 7.5. If equipped to do so, the race committee signal boat will also designate the class or classes with class placards followed by the applicable course signal placards for the class or classes reading from bow to stern. Below that shall be any additional class placards followed by the applicable course signal placards for that class or classes.
- 7.6. The number “2” displayed after the course letters means the course shall be sailed twice around.
- 7.7. All course marks will be left to port, unless announced otherwise and/or the signal boat displays a green placard immediately after a course placard, in which case that mark will be left to starboard.
- 7.8. If a posted course is changed before a start the race committee signal boat will display international signal flag C and make a series of short sounds to draw attention. This changes RRS 33.
- 7.9. The race committee signal boat will make a series of short sounds approximately one minute before the first warning signal.

8. COURSE RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS

- 8.1. The following areas are designated as obstructions. While racing, boats shall not cross a line segment: between RN”28” and R”2A” (unless RN “28” is designated as a turning mark);
- 8.2. between R”2A” and the abandoned lighthouse at the western end of Sheffield Island;
- 8.3. between RN”28” and the abandoned lighthouse at the western end of Sheffield Island; or
- 8.4. Extending true north of R”30” at Smiths Reef.

9. THE START

- 9.1. Races will be started by using RRS 26.
- 9.2. Boats shall check-in before starting by sailing astern of the race committee signal boat and hailing until acknowledged.
- 9.3. The order of starts will be Spinnaker (class I) followed by Non-spinnaker (class II) unless otherwise announced. Classes may be combined into a single start. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.
- 9.4. Boats whose warning signal has not been made shall remain clear of the starting area during the starting sequence for other races.
- 9.5. The starting line will be between a staff displaying an orange flag on a race committee boat at the starboard end and the course side of the port-end starting mark.
- 9.6. When an Individual Recall is signaled and a boat is identified, the race committee will attempt to broadcast her sail number on VHF radio channel 5A (1005). Failure to make a broadcast, or for it to be heard, or the timing or order of the hail, shall not be cause for redress. This changes RRS 62.1(a).
- 9.7. When RRS 30.1 the I Flag Rule is in effect, the race committee will hail boats on course side as they are identified. This may be during the minute before the start. This changes RRS 29.1.
- 9.8. A boat that starts later than 20 minutes after her starting signal will be scored DNC.

10. NAVIGATION RULES

All boats are reminded that when a boat sailing under these rules meets a vessel that is not, she shall comply with the Inland Navigation Rules. For the purpose of this SI Rule any commercial tug & barge shall be considered a vessel restricted in her ability to maneuver regardless of her lights and shapes displayed. A boat observed by the race committee to break a rule shall be subject to protest. (DP)

11. NAVIGATION LIGHTS

All boats competing in the Full Moon Evening Race are reminded to display proper running lights after sunset and shall not display an all-round light (anchor light) or a masthead light (steaming light) while sailing. A trilight may be displayed at the masthead only when sailing. When a trilight is displayed at the masthead, no other running lights may be displayed. A boat observed by the race committee to break a rule shall be subject to protest. (DP)

12. THE FINISH

- 12.1. The finish line will be between a staff displaying a blue flag (or flag S if the course is shortened) on a race committee boat and the course side of the nearby finishing mark which may be to port or starboard at the discretion of the race committee.
- 12.2. If the race committee is absent when a boat finishes, she shall record her finish time, using GPS time of day to the second when her bow crosses a line perpendicular to the last leg of the course and within 50 feet of either side of the finish mark. She shall report her finishing time to the race committee at the first reasonable opportunity.
- 12.3. A boat that retires shall inform the race committee of her status at the earliest opportunity. Failure to do so may result in being protested and if disqualified she may be scored Disqualification Not Excludable. (DNE)
- 12.4. A boat finishing in the Full Moon Evening Race shall shine a light on her sail number and hail the finish boat or otherwise ensure that they have been properly identified by the finish boat when finishing after dark. Boats failing to do this may be scored DNF without a hearing.

13. TIME LIMIT

- 13.1. If no boat in a class finishes within 3.5 hours after the class start time, the race for that class will be abandoned; except that the time limit for the Full Moon Evening Race shall be 5 hours from the class start time.
- 13.2. Boats failing to finish within 60 minutes after the first boat in her class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. See Scoring. This changes RRS 35, A5.1, A5.3 and A10.

14. PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turn Penalty is replaced by the One-Turn Penalty.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. A party intending to protest or request redress shall inform the Race Committee immediately after finishing and provide its sail number as well as the sail number of the yacht being protested. Written Protests must be filed as in 15.3 below.
- 15.2. A boat that accepted an One-Turn Penalty shall inform the Race Committee immediately after finishing. This changes RRS 44.1.
- 15.3. Protests and Requests for Redress shall be filed on standard protest forms. Completed forms shall be delivered or emailed to the [Chairman, Regatta Committee, at Norwalk Yacht Club](#) within 48 hours after the finish of the race. This changes RRS 61.3
- 15.4. Hearings will be held at 2000 hours on the Monday following the protest at Norwalk Yacht Club, or at another time and place agreed to by the relevant parties.

16. SCORING

- 16.1. Each class will be scored using current PHRF handicaps provided by YRALIS. "Spinnaker W/L Ratings" will be used for Spinnaker classes and "Non Spinnaker W/L Ratings" will be used for Non-Spinnaker classes.
- 16.2. Scoring will be done using Time-on-Distance computation. The distance of each race shall be determined by the Race Committee, and will not be grounds for redress.
- 16.3. Three completed races constitutes a series.

16.4. All races shall be scored, except that a boat's worst score will be excluded if 4 or more races are completed.

16.5. Rule A5.3 will apply with the following change: Rule A5.3 shall be changed by adding "A boat that did not finish because the time limit expired (TLE) shall be scored points for the finish place two more than the number of boats that finished." This changes RRS A5.3

17. PRIZES

17.1. Prizes for individual races will be awarded by NISF for 1st, 2nd, and 3rd place finishes in each class or division based on corrected time.

17.2. In addition, the Season Overall Trophy will be awarded by NISF for 1st, 2nd, and 3rd place finishers in each class or division.

17.3. Perpetual trophies for individual races shall be managed by the host club, where applicable.

17.4. The Season Awards Ceremony will be held at Norwalk Yacht Club tentatively on Sunday, November 7th, 2021.

18. RESPONSIBILITY FOR SAFETY

Competitors participate in the regatta entirely at their own risk. See RRS Rule 3, Decision to Race. The Organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Islands Sailing Fleet; Minuteman Yacht Club; Norwalk Yacht Club; Saugatuck Harbor Yacht Club; or Shore & Country Club the owner, helmsman, and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor, or assignee, may have against the Organizing Authority; the Race Committee; and each of their respective officers, trustees, members, committees, employees, agents, or volunteers, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor; as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

19. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident.

20. FURTHER INFORMATION

Please contact: NorwalkSailing@gmail.com

Or Sailing Director at Norwalk YC, 10 Nathan Hale Drive, S Norwalk, CT, 06854

Phone 203-866-0941

VHF Channel 78A (1078)

Or Jim Travis Regatta Chair

regatta@norwalkyachtclub.com

Cell 203-246-0254



**NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB
SATURDAY SERIES**

**SAILING INSTRUCTIONS
APPENDIX 1
MARKS**

X	yellow or orange inflatable	Range & bearing from start
A	R"26"	41° 03.65' N 73° 22.02' W
B	R"24"	41° 04.50' N 73° 19.84' W
C	G"11B"	41° 00.03' N 73° 23.70' W
E	R"28C"	41° 00.56' N 73° 25.21' W
F	R"22"	41° 06.45' N 73° 15.78' W
G	R"28"	41° 02.38' N 73° 25.50' W
H	C"13"	40° 58.21' N 73° 23.64' W
I	GL Vicinity Greens Ledge Light	41° 02.40' N 73° 26.77' W
J	G"15"	40° 57.70' N 73° 29.17' W
K	R"32"	41° 00.19' N 73° 31.42' W



**NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB
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**SAILING INSTRUCTIONS
APPENDIX 2**

MAGNETIC COURSES AND NAUTICAL MILE DISTANCES BETWEEN MARKS

	A R"26"	B R"24"	C G"11B"	E R"28C"	F R"22"	G R"28"	H C"13"	I GL*	J G"15"	K R"32"
A R"26"	-	76° 1.88	212° 3.88	231° 3.95	73° 5.5	259° 2.9	206° 5.6	265° 3.73	236° 8.1	257° 7.9
B R"24"	256° 1.88	-	226° 5.45	239° 5.66	70° 3.6	258° 4.76	219° 7.05	262° 5.55	240° 9.9	257° 9.8
C G"11B"	32° 3.88	46° 5.45	-	311° 1.24	56° 8.9	345° 2.8	193° 1.81	332° 3.34	255° 4.8	285° 5.8
E R"28C"	51° 3.95	59° 5.66	131° 1.24	-	64° 9.33	07° 1.93	167° 2.66	345° 2.27	240° 4.2	280° 4.67
F R"22"	253° 5.5	250° 3.6	236° 8.9	244° 9.33	-	255° 8.35	230° 10.25	258° 9.2	242° 13.54	255° 13.4
G R"28"	79° 2.9	78° 4.76	165° 2.8	187° 1.93	55° 8.35	-	175° 4.5	289° 0.84	225° 5.55	257° 4.95
H C"13"	26° 5.6	39° 7.05	13° 1.81	347° 2.66	50° 10.25	355° 4.5	-	355° 4.9	276° 4.26	304° 6.12
I GL*	85° 3.73	82° 5.55	152° 3.34	165° 2.27	78° 9.2	109° 0.84	175° 4.9	-	216° 5.25	251° 4.25
J G"15"	56° 8.1	60° 9.9	75° 4.8	60° 4.2	62° 13.54	45° 5.55	96° 4.26	36° 5.25	-	340° 2.7
K R"32"	77° 7.9	77° 9.8	105° 5.8	100° 4.67	75° 13.4	77° 4.95	124° 6.12	71° 4.25	160° 2.7	-

*GL vicinity of Greens Ledge Lighthouse