

# **2015 Inter-Lake Regatta Minnetonka Yacht Club Opti Sailing Instructions**

## **Rules**

The regatta will be governed by the Racing Rules of Sailing (RRS).

## **Boats**

Bring your own Optimist.

## **Eligibility**

All Sailors are welcome. For the 2015 Inter-Lake Regatta, a sailor's age is their age on August 1, 2015. Optimist sailors must be less than 16 years of age on August 1, 2015.

- Optimist White Fleet: Age 10 and under
- Optimist Blue Fleet: Age 11 and 12
- Optimist Red Fleet: Age 13 through 15
- Optimist Green Fleet: Age 15 and under (beginners only please)

## **Entries**

Eligible sailors shall register via [yachtscoring.com](http://yachtscoring.com).

## **Changes in the Sailing Instructions**

Changes may be made to expedite the running of the event if the PRO approves and all teams are notified before the race in which the change would take effect.

## **Schedule of Races**

8:00 AM – 8:30 AM – Check in at Lighthouse Island, Complimentary Breakfast

8:45 AM – PRO Meeting in MYC Burton Room

9:00 AM – Competitors meeting

10:00 AM – Racing starts

12:00 PM – Lunch provided at Lighthouse Island

1:00 PM – Racing resumes. We will attempt to complete 5 races for the day

No race shall start after 3:00PM.

## **Personal Flotation**

All competitors, coaches, and regatta officials whom are not at anchor shall wear lifejackets, shore to shore. No exceptions.

## **The Course**

Course diagrams will be displayed on the official notice board inside the Minnetonka Yacht Club.

**The Start**

Sound Signal Starting System shall be used. The starting line will be between a staff on the RC boat at the starboard end and the port end starting mark. After a General Recall, the "round-the-ends rule" shall apply. Flag I need not be displayed. This will be affective for the start following the general recall only.

**Change of Course after the Start**

A change in any leg of the course after the start shall not be done with boats on that leg.

**The Finish**

The finish line will be between a staff on the RC boat and the nearby mark .

**Protests**

No protests allowed.

**Number of Races and Scoring**

There shall be a minimum of one race and a maximum of five races to constitute a regatta. The Low Point Scoring System shall be used. When fewer than five races have been completed, a boat's series score will be the total of her race scores. When five races have been completed, a boat's series score will be the total of her race scores excluding her worst.

**Support Boats and Coaching**

When and Where Permissible - A competitor may receive coaching, assistance, equipment or sustenance only between races. Race Committee will designate an area where all of the above may take place. When a coach is also acting as a member of the race committee, contact with a competitor shall also be limited to a designated area; otherwise that coach shall be allowed to perform duties necessary in running the regatta. Coaches are ultimately responsible for the safety and well being of their sailors. If a team needs assistance during a race, that team will be scored a DNF.

**Awards**

Trophies will be awarded to the top three finishers in Optimist: Green, Red, White and Blue fleets. Participation ribbons will be awarded to all sailors. Awards will take place the evening of Saturday, August 1<sup>st</sup> at family fun party at Lighthouse Island.