



INTERLAKE SAILING CLASS ASSOCIATION 2015 NATIONAL CHAMPIONSHIP REGATTA



Including: Womens, Juniors, & Masters National Championships
July 31 - August 4 — West Grand Traverse Bay — Traverse City, MI

Organizing authority: Interlake Sailing Class Association (ISCA)

Hosted by: Grand Traverse Yacht Club (GTYC) & ISCA Fleet #38

SAILING INSTRUCTIONS

Final - 07/24/15

1 - Rules —

- 1.1 - The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 - The USSailing Prescriptions to RRS 60, 63.2, and 63.4 will not apply.
- 1.3 - Bow numbers will be assigned and provided to each entered boat. They shall be displayed on both sides of the hull as directed by the Chief Measurer, or his designee.
- 1.4 - As allowed in § 14 of Article III Hulls and Spars of the ISCA Specifications, the Race Committee intends to use VHF (Ch 69) radios on the race-course to communicate with competitors.
- 1.5 - The following rules are changed —
 - a - RRS Race Signal AP is changed in SI 4.
 - b - RRS 32 is changed in SI 8.5.
 - c - RRS 61.1(a)(2) is changed to require the display of a red flag.
 - d - RRS 62.1 is changed in SI 11.
 - e - RRS 35, A4 and A5 are changed in SI 14.3.
 - f - RRS 62.2 and 66 are changed in SI 15.
 - g - RRS App A is changed in SIs 10.3, 16.1, 16.2, and 16.7.

2 - Notices to Competitors — will be posted on the official notice board in the foyer of GTYC.

3 - Changes to Sailing Instructions — Any change to the sailing instructions will be posted before 1100 hrs on Saturday and 0900 hrs Sunday thru Tuesday, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.

4 - Signals Made Ashore — will be displayed from the GTYC flagpole. When flag AP is displayed ashore, 'one minute' is replaced with 'not less than one hour' in race signal AP. This changes Race Signal AP

5 - Schedule of Races —

DAY/DATE	EVENT	TIME	LOCATION /COMMENT
Friday/31st	Registration and Measurement	1800-2100 hrs	GTYC
Saturday/1st	Registration and Measurement	1000-1800 hrs	GTYC
	Competitors Meeting - Juniors & Women	1100 hrs	GTYC
	First Warning Signal - Juniors & Women	1300 hrs**	
	Competitors Meeting - Nationals & Masters	1900 hrs*	GTYC
	*or thirty (30) minutes after the RC Boat docks following racing, whichever is later		
Sunday/2nd	First Warning Signal - Nationals & Masters	1330 hrs**	
Monday/3rd	First Warning Signal - Nationals & Masters	1330 hrs**	
Tuesday/4th	First Warning Signal - Nationals & Masters	1000 hrs**	No warning past 1400 hrs.

5.1 - Entrants in the National Championship will be divided into Championship and Challenger fleets. Choice is at the discretion of the skipper declared at registration.

5.2 - The number of races on a given day will be at the discretion of the ISCA National Race Committee (NRC) and the event Race Committee (RC). No more than four (4) races will be sailed each day.

6 - Class Flags —

Championship Fleet (& Womens)	White
Challenger Fleet (& Juniors)	Yellow

7 - Racing Area — The racing area will be West Grand Traverse Bay South of Power Island.

8 - The Courses — to be sailed will be as follows and are diagrammed in Attachment A —

W4.....Four Leg Windward/Leeward.

W5.....Five Leg Windward/Leeward.

T4.....Four Leg Triangle (triangle, windward).

T5.....Five Leg Triangle (triangle, windward, leeward).

OOlympic Course (triangle, windward, leeward, windward).

8.1 - All marks shall be left to port, except Mk 3s and the finish mark for courses W4 and T5.

8.2 - A placard designating the course and the compass bearing to the first mark will be displayed on the stern of the RC signal boat approximately one minute prior to the warning signal and accompanied by a series of short sound signals. This will also be announced on VHF 69.

8.3 - When Mark 1 is followed by a Leeward leg, an Offset Mark (Mk 1a) may be set approximately at a right angle to the weather leg and 100 feet from Mark 1. Boats shall round Mark 1 and then Mark 1a.

8.4 - When Mark 3 is preceded by a leeward leg a gate may be set consisting of two (2) marks (Mks 3S & 3P) approximately 125 ft apart. Boats shall pass between the two gate marks and round either one. In the absence of a gate boats shall round the single mark to port.

8.5 - Courses will not be shortened. This changes RRS 32.

9 - Marks —

9.1 - Marks 1, 2, and 3 (or 3S & 3P) will be orange tetrahedrons or orange cylinders.

9.2 - The Start Mark will be an orange inflatable cylinder with a yellow band.

9.3 - The Finish Mark and Mark 1a will be small orange inflatables.

9.4 - New marks as provided in sailing instruction 12 will be yellow cylinders. When Mk 1 is moved there will be no offset and when Mk 3 is moved there will be no gate.

10 - The Start —

10.1 - The starting line will be between a staff displaying an Orange Flag on the RC Signal Boat at the starboard end and the course side of the Start Mark at the port end. (see Attachment B, p.4) A barging mark may be attached to the stern of the RC Signal Boat and, if so, the barging mark and the line attaching it to the RC Signal Boat are part of the RC Signal Boat.

10.2 - The Championship Fleet will start first followed by the Challenger Fleet.

10.3 - Boats starting later than five (5) minutes after their starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS App A4.

11 - Recalls — The RC will attempt to hail the bow numbers of OCS boats via VHF Ch 69. The failure of any boat to hear the hail, the hail of some but not all boats, the untimely hail of some or all boats or failure to hail any or all boats shall not be grounds for granting redress. This changes RRS 62.1

12 - Change of the Next Leg of the Course — To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

13 - The Finish —

13.1 - For courses W5, T4, and O, the finishing line will be between a staff displaying an Orange Flag on a RC boat at the starboard end and the course side of Mark 1 at the port end.

13.2 - For courses W4 and T5, the finishing line will be between a staff displaying an Orange Flag on a RC boat at the port end and the course side of the Finish Mark at the starboard end and will be located to leeward of Mark 3. Mark 3 is not a mark of the course on the final leg. (see Attachment B, p.4)

14 - Time Limit and Target Times —

DIVISION	RACE TIME LIMIT	LEG 1 TIME LIMIT	TARGET TIME
Womens/Juniors	Sixty (60) Minutes	Twenty (20) Minutes	Thirty-Five (35) Minutes
Nationals	Ninety (90) Minutes	Thirty (30) Minutes	Fifty (50) Minutes

14.1 - If no boat has passed Mark 1 within the leg 1 time limit the race will be abandoned.

14.2 - Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

14.3 - Boats failing to finish within twenty (20) minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

15 - Protests and Requests for Redress —

15.1 - Protests forms are available at the Race Office located in the GTYC Commodores Room. Protests and requests for redress or reopening shall be delivered there within the protest time limit.

15.2 - The protest time limit is sixty (60) minutes after the RC Signal Boat docks after the last race of the day. This time will be posted on the Official Notice Board.

15.3 - Notices will be posted no later than thirty (30) minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the GTYC Commodores Room in approximately the order in which they were received.

15.4 - Notices of protests by the RC or Protest Committee will be posted to inform boats under RRS 61.1(b).

15.5 - On the last scheduled day of racing a request for reopening a hearing shall be delivered -

a) within the protest time limit if the requesting party was informed of the decision on the previous day.

b) no later than thirty (30) minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

15.6 - On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than thirty (30) minutes after the decision was posted. This changes RRS 62.2.

16 - Scoring —

16.1 - For the Womens and Juniors Championships up to five (5) races are scheduled of which one (1) shall be completed to constitute a series. A boats' series score shall be the total of her race scores (no throw-outs). This changes RRS App A2

16.3 - For the Championship fleet, eight (8) races are scheduled, of which three (3) races shall be completed to constitute a series.

16.4 - For the Challenger fleet, six (6) races are scheduled, of which three (3) races shall be completed to constitute a series.

16.5 - There will be a Masters Champion awarded for both Championship and Challenger fleets. A boats Masters score will be the same as her Fleet Score.

16.6 - For the National Championship, when fewer than six (6) races have been completed, a boats score will be the total of her race scores. This changes RRS App A2.

16.7 - A boat that is scored DNF or RET will be scored one (1) more point than the last boat to finish in that race. This changes RRS App A4.2.

17 - Safety Regulations —

17.1 - Competitors are asked to check-in w/ the RC Signal Boat prior to the 1st warning each day.

17.2 - A boat that leaves the racing area shall notify the RC via VHF or cell phone or, when that is not possible, the Regatta Office immediately after arrival ashore. RC cell # is 231-218-3700.

18 - Replacement of Crew or Equipment —

18.1 - Substitution of competitors will not be allowed without prior written approval of the NRC submitted to the RC prior to the warning signal of the next race.

18.2 - Substitution of damaged or lost equipment will not be allowed without written approval of the NRC. Requests for substitution shall be made at the first reasonable opportunity.

19 - Equipment and Measurement Checks - A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20 - Support Boats —

20.1 - Team leaders, coaches, and other support personnel shall stay outside the area where boats are racing from the time of their preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

20.2 - Support boats may not be launched, berthed, or stored at GTYC.

21 - Radio Communication — Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

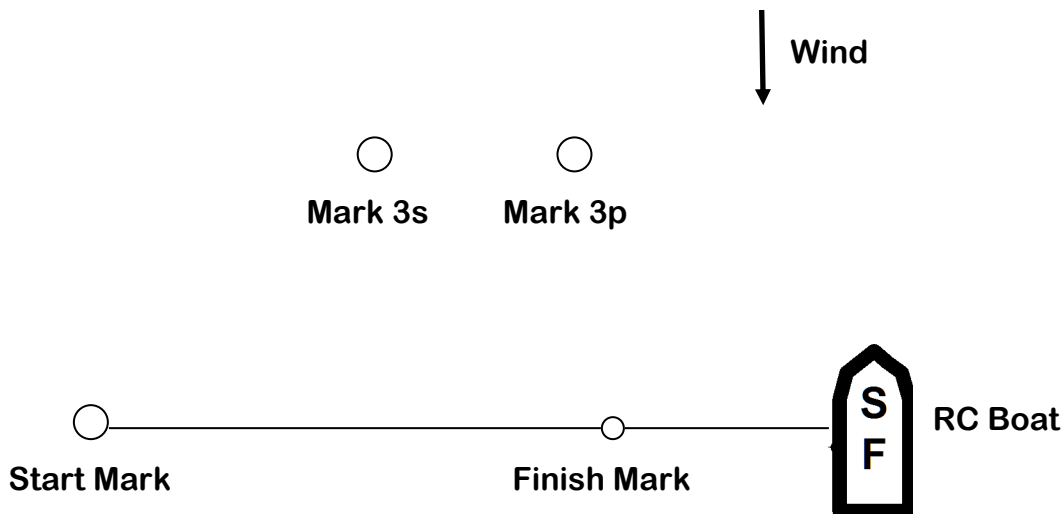
22 - Prizes — will be awarded in accordance with the Notice of Race.

23 - Disclaimer of Liability — Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority and the host organizations will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 - Insurance — Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$100,000 per event or the equivalent.

Attachment A — Pgs 5 & 6

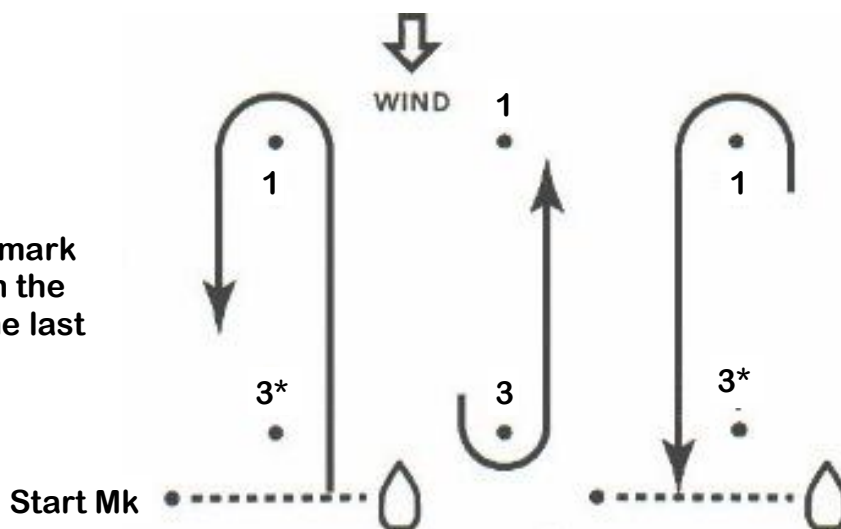
Attachment B - Start Line For All Courses & Finish Line for Courses W4 & T5



Attachment A - Courses

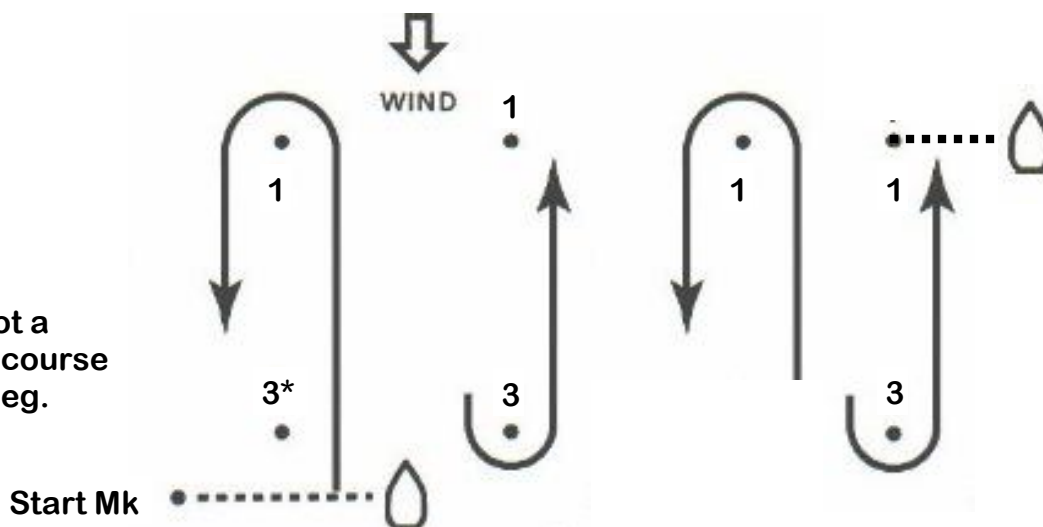
W4 - Start, Mk 1, Mk3, Mk 1, Finish

* - Mk 3 is not a mark of the course on the first leg or on the last leg.



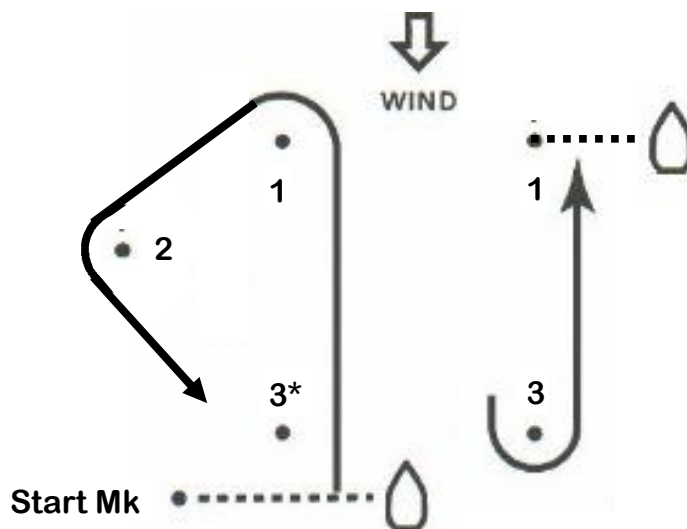
W5 - Start, Mk 1, Mk3, Mk 1, Mk 3, Finish

* - Mk 3 is not a mark of the course on the first leg.

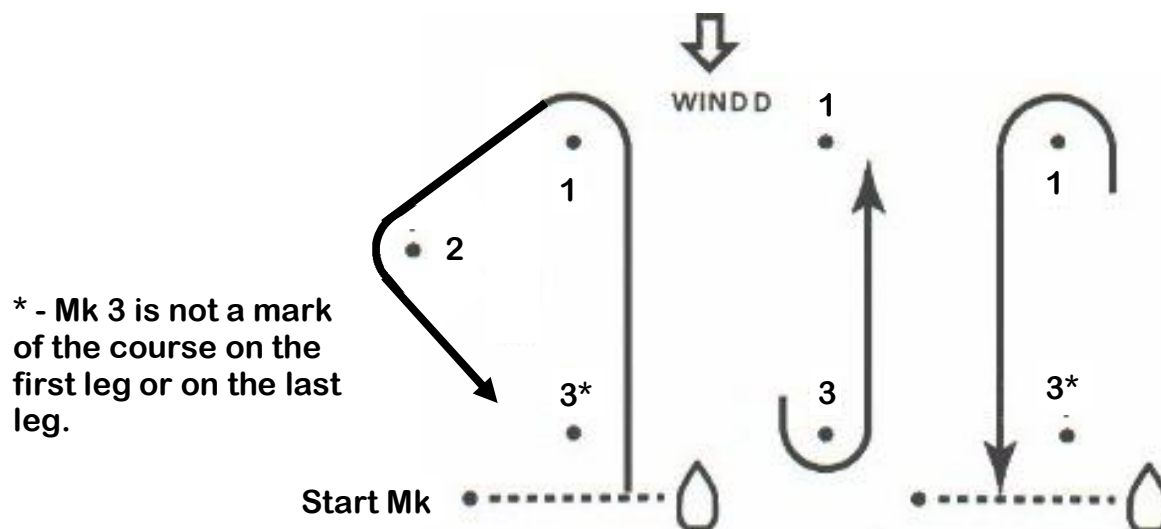


T4 - Start, Mk 1, Mk 2, Mk3, Finish

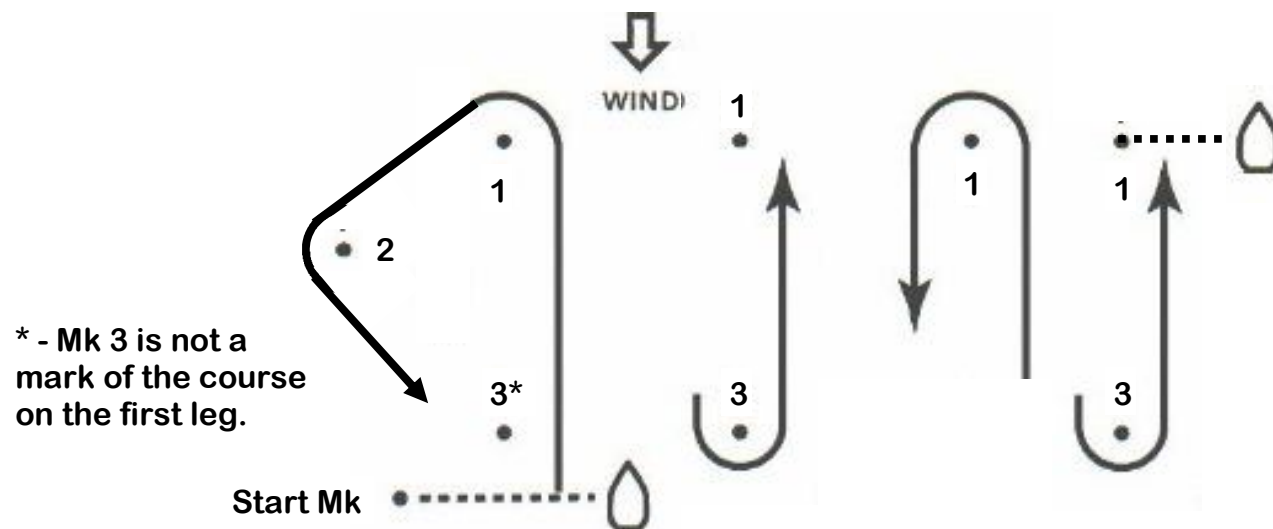
* - Mk 3 is not a mark of the course on the first leg.



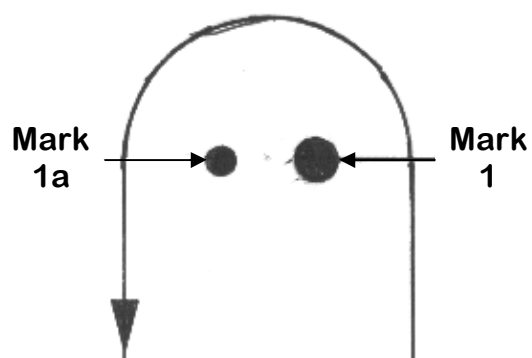
T5 - Start, Mk 1, Mk 2, Mk3, Mk 1, Finish



O - Start, Mk 1, Mk2, Mk3, Mk 1, Mk3, Finish



Mark 1 w/ Offset



Mark 3 Gate

