



Race To Kingston

August 13th & 14th, 2022
 Mimico to Kingston, Canada

Notice of Race (NoR)



ORGANIZING AUTHORITY & KEY DATES

The Race To Kingston Organizing Committee, with Chair George Jackson, shall represent the Kingston Yacht Club (www.KingstonYachtClub.ca) as the Organizing Authority of the Race To Kingston (R2K) Race. Key dates are outlined below:

Details	Date
Registration Opening Date	Monday, February 7 th
Entry Deadline	Friday, July 1 st
Class splits posted	Friday, July 15 th
Sailing Instructions (SIs) Published	Friday, July 15 th
Initial Crew List Deadline	Friday, August 5 th
Crew Overboard Recovery Drill Certificate	Friday, August 5 th
Pre-Race Check-in	Friday, August 12 th from 1000 to 1830
Skippers' Meeting	Friday, August 12 th at 1930
Race Start	Saturday, August 13 th

Given the fluidity of the situation around COVID 19 that may extend to cover this event, R2K, may need to adjust to protect the health and well-being of racers, volunteers, and others. This may include limits on the number of sailboats and/or crew numbers, whether by sailboat or in total. These will be done as amendments to the Notice of Race or Sailing Instructions and posted on the Official Notice Board.

The Registration & Race Document Web Site is:

<https://yachtscoring.com/emenu.cfm?eID=14980>

The Official Notice Board is:

https://yachtscoring.com/notice_board_summary.cfm?eid=14980

For the Entry Checklist, see page 11.

Table of Contents

1	THE RULES.....	4
2	SAILING INSTRUCTIONS (“SIs”)	5
3	COMMUNICATION.....	5
4	ELIGIBILITY AND ENTRY	5
5	FEES	6
6	CREW LIMITATIONS	6
7	ADVERTISING	6
8	SCHEDULE	6
9	EQUIPMENT INSPECTION	6
10	VENUE	7
11	COURSES	7
12	PENALTY SYSTEM.....	7
13	SCORING	7
14	CHARTERED OR LOANED BOATS.....	7
15	RIGHTS & DATA PROTECTION	7
16	RISK STATEMENT.....	7
17	INSURANCE.....	8
18	PRIZES.....	8
19	FURTHER INFORMATION	8
20	DIAGRAM 1: COURSE DIAGRAM.....	9
21	DIAGRAM 2: CONFEDERATION BASIN MARINA MAP	10
22	ENTRY CHECKLIST	11

These abbreviations are used in this document.

CORDC	Crew Overboard Recovery Drill Certificate
DH	Double Handed
CD	Crewed
KYC	Kingston Yacht Club
R2K OSR	World Sailing’s Offshore Special Regulations with Sail Canada Prescriptions and as amended by Race To Kingston
MCC	Mimico Cruising Club
NoR	Notice of Race
OA	Organizing Authority
OSR	World Sailing’s Offshore Special Regulations
PHRF	Performance Handicap Racing Fleet is a system used to handicap racing and cruising type sailboats by <i>observed racing performance</i>
PHRF LO	A not for profit organization servicing the sport of sailing on Lake Ontario administration PHRF handicaps and certification
PiC	Person-in-Charge, AKA skipper
R&DWS	Registration & Document Web Site at: https://yachtscoring.com/emenu.cfm?eid=14980
R2K	Race to Kingston
RRS	World Sailing’s Racing Rules of Sailing
SIs	Sailing Instructions

Discretionary Penalty [DP] For infringements of the Rules other than RRS Part 2, the Jury may award a DP, unless stated otherwise in the Notice of Race, Sailing Instructions, or other documents. This changes RRS 64.2.

The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 THE RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The [Sail Canada Prescriptions](#) to the RRS apply for the entire race; including in US waters.
- 1.3 Sail Canada is the appeal authority for this event, including for incidents in US waters.
- 1.4 The event is also governed by: R2K Offshore Special Regulations (OSR).
The event is a Category 3 Event under the World Sailing Offshore Special Regulations for Category 3 with prescriptions from Sail Canada and amended by the R2K. This is documented in [R2K Offshore Special Regulations \(R2K ORS\) for Category 3 Monohulls](#). This document will be available at the [R&DWS](#) under *Documents & Forms*.
- 1.5 The Racing Rules will be changed as outlined below. The Sailing Instructions (Sis) may also change other RRS.
- 1.5.1 RRS 41 Outside Help
Each boat may communicate with any person, competitor, boat, or outside source for information available using any means available throughout the race. This changes RRS 41.
- 1.5.2 RRS 42.3 (i) Propulsion
1. Engine propulsion may be used to avoid a collision with commercial traffic providing that such usage does not advance the boat's position from its original position just prior to the hazardous incident.
 2. An engine may be used for generating electrical power provided that such use does not advance the boat's position.
- 1.5.3 RRS 51 Movable Ballast
Canting keels and water ballast are allowed if the applicable class/measurement/handicap rules permit them. This changes RRS 51.
- 1.5.4 RRS 52 Manual Power
1. All movable ballast systems must be capable of manual operation if the powered systems are inoperable.
 2. The use of power auto helm devices is allowed.
- These change RRS 52.
- 1.5.5 [NP] RRS 62 Redress
1. The Race Committee may announce boat's subject to RRS 29.1 (Individual recall)
 2. The Race Committee may announce a boat's successful completion at the finish.
- These change RRS 62.
- 1.5.6 RRS A4 Scoring System & A5 Scores Determined by the Race Committee
A boat not starting within 90 minutes of her starting signal will be scored DNF. This changes RRS A4 & A5.
- 1.6 [RRS Appendix RV, Reduced Visibility](#) replaces RRS Part 2 between sunset and sunrise. Appendix is available at the [R&DWS](#) under *Documents & Forms*.
- 1.7 Under World Sailing Test Rule DR21-01, the definition of *Start* is changed as follows:
Start A boat starts when her hull having been entirely on the pre-start side of the starting line, and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the Pre-start side to the course side either
- (a) at or after her starting signal, or
 - (b) during the last eight minutes before her starting signal.
- When a boat starts in accordance with item (b) of the definition *Start*, she may return to the pre-start side of the line to comply with item (a) of the definition of *Start*, but, if she does not, the starting penalty shall be: 90 minutes shall be added to her elapsed time.
- 1.8 When RRS 20 applies, a boat may indicate her need for room to tack or her response by VHF radio

on channels 16 and the specified regatta channel.

- 1.9 [NP] Within 90 minutes of finishing, boats shall electronically submit the R2K Race Log and R2K Alternative Penalty Form. These documents are available on [R&DWS](#) under *Documents & Forms*.

2 SAILING INSTRUCTIONS

- 2.1 The SIs will be available by July 15th, 2022, on the [R&DWS](#).

3 COMMUNICATION

- 3.1 The official notice board is online and located on the [R&DWS](#).
- 3.2 All boats shall carry a VHF radio capable of communicating on channels 16 and the regatta channel to be specified. The boat's VHF Radio shall meet the requirements of the R2K OSR for Category 3. If the radio is DSC capable, the boat shall have a MMSI that is entered into the radio and the MMSI shall be input as part of the online registration process. If radio is DSC capable and MMSI not entered in the radio nor in the online registration process, then the entry is not complete.
- 3.3 On the water, the Race Committee may make courtesy broadcasts to competitors on the specified regatta channel.

4 ELIGIBILITY AND ENTRY

- 4.1 The inaugural annual Race to Kingston event is limited to 50 boats, on a first come first serve basis. The Event is open to monohull boats with a PHRF of 150 or less in their chosen class of Flying Sails (FS) or Non-Flying Sails (NFS). Boats must meet one of the stability measurements listed in 3.04 of the R2K Offshore Special Regulations (R2K OSR) for Category 3 Monohulls.

Upon application and subsequent review, the OA may, at their sole discretion, accept or reject such boat as suitable for this race. The OA may request that the owner provide a boat's technical evidence in order to review a boat for its suitability including stability characteristics.

- 4.2 Eligible boats may be entered in the race by registering at the [R&DWS](#).
- 4.3 [NP] Supporting documentation for a complete entry includes all information requested in the online entry, as well as the following:
1. Payment of the entry fee(s) online by the date in NoR 5 on page 5.
 2. R2K Boat and PiC Agreement 2022 electronically signed by PiC as part of the online registration on the [R&DWS](#).
 3. R2K OSR CAT 3 Compliance Form submitted by email to R2K@kingstonyachtclub.com during online registration. PiC's email address is the signature.
 4. If the boat's VHF radio is DSC capable, its MMSI shall be entered as part of the online registration.
 5. The Crew List on the [R&DWS](#) shall accurately represent the crew onboard for the race and PiC shall always maintain the list. The PiC is crew and shall be included. The initial Crew List shall be completed by end of day of Friday August 5th.
 6. All crew shall agree to R2K Crew Agreement 2022, part of the mandatory crew registration in the Crew's Corner of the [R&DWS](#).
 7. R2K Crew Overboard Recovery Drill Certificate ("CORDC"). The completed form can be submitted by email to R2K@kingstonyachtclub.com by end of day on Friday August 5th. Actual signatures of the crew are needed whether submitted by email or in-person. Crew overboard procedures shall be practised aboard the boat at least once annually. Refer to Appendix D of the World Sailing Offshore Special Regulations for more details on COB Recovery. At least 50% of the crew shall participate in the Crew Overboard Recovery Drill and sign the R2K CORDC.

- 4.4 Classes will be:

- Flying Sails (FS) – Crewed (CD)
- No Flying Sails (NFS) - Crewed (CD)
- Flying Sails (FS) – Doublehanded (DH)
- No Flying Sails (NFS) - Doublehanded (DH)

The class which the boat intends to sail in must be submitted during registration and can be changed up until July 1st, 2022. Classes may be sub-divided into divisions based on handicap system and rating. The OA may assign boats to divisions and fleets based on the number of boats registered.

- 4.5 All entries must have a valid PHRF-LO Certificate. For boats from outside the PHRF-LO area,

arrangements shall be made in advance to obtain a PHRF-LO certificate by contacting PHRF-LO, www.phrf-lo.org, see NoR 19.

Subject to sufficient demand, an ORC category will be scheduled.

- 4.6 Boats shall only display a sail number registered specific to the boat at the time of its commission unless Alternative Sail Numbers have been declared under Sail Inventory on the [R&DWS](#).
- 4.7 The OA may provide each boat with an event flag. The SIs will define how the flag is to be flown in the harbour before and during the race.

5 FEES

5.1 For a registration to be complete, full payment and all other entry requirements, must be met.

5.2 Fees for all boats are as follows and are payable online:

$$\text{\$150.00 CAD} + \text{\$19.50 CAD HST} = \text{\$169.50 CAD}$$

5.3 Payment in full is required by Friday, July 1st, 2022. Registrations without payment in full by that date will be removed.

5.4 R2K will provide refunds as follows:

1. If R2K cancels the event, R2K will refund fee paid less \$50.00 CAD + HST to cover committed costs.
2. A 50% refund will be granted for requests received by R2K by the end of day Friday July 1, 2022. No refunds will be provided after this. Refund requests must be submitted in writing and sent by mail to R2K c/o KYC or emailed to R2K@kingstonyachtclub.com

6 CREW LIMITATIONS & REQUIREMENTS

6.1 The following limitations apply to crew, in addition to those in the applicable [R2K OSR](#) and class rules. The PiC is part of the crew, so all limitations and requirements on crew apply to the PiC.

CREWING CLASSES	LIMITATIONS & REQUIREMENTS
ALL	All souls onboard are counted as crew.
Double Handed (DH)	All members of the crew shall be 18 years of age or older.
Crewed (CD)	The PiC and at least one other crew shall be 18 years of age or older.

7 ADVERTISING

7.1 Boats may be required to display advertising chosen and supplied by the OA.

7.2 Boats may carry advertising as permitted by RRS with no additional fee. The OA may reject any advertising that may conflict with any required advertising or with the interests of the OA or sponsors.

8 SCHEDULE

8.1 [NP] Registration online until 2359 EDT, Friday, July 1st, 2022, the registration deadline.

8.2 [NP] The Mandatory Event Onsite Check-in at Mimico Cruising Club (MCC) from 1000 to 1800 EDT, Friday, August 12th, 2022.

8.3 [NP] The Mandatory Participants' Meeting is at 1930 EDT, Friday, August 12th, 2022, at MCC. A representative from each boat shall attend this meeting and it is also open to all participants.

8.4 Class Organization Splits and starting sequences will be posted by 1700 EDT Friday, July 8th, 2022.

8.5 The warning signal for the First R2K group will be 1020 EDT, Saturday, August 13th, 2022. The warning signal for others will be made after that.

8.6 The deadline for finishing competitors is 2359 on Monday August 15th. Boats finishing after this time will be scored DNF.

9 EQUIPMENT INSPECTION

9.1 All boats shall be reviewed for the equipment listed in the applicable [R2K OSR](#). The PiC will undertake this review. Confirmation is submitted on [R2K OSR Compliance Form](#), see NoR 4.3 (7) on page 5.

9.2 A boat may be inspected at any time during the period from the Mandatory Participants' Meeting

until three hours after her finish. At the finish of the race the Race Committee may direct a boat to proceed directly to a designated location at Kingston. A boat, which fails to follow such directions, or which subsequently fails the inspection, may be protested by the Technical Committee.

- 9.3 The Technical Committee may request a Pre-Race Inspection of a boat. This inspection will be conducted during the Mandatory Event Onsite Check-in. 48-hour notice will be provided.

10 VENUE(S)

10.1 Mimico Cruising Club (MCC): 200 Humber Bay Park Road West, Toronto, Ontario M8V 3X7.

10.2 Kingston Yacht Club (KYC): 1 Maitland Street, Kingston, Ontario K7L 2V3.

10.3 Confederation Basin Marina: 6 Clarence Street, Kingston, Ontario K7L 5H8.

10.3.1 Apply for dockage through the City of Kingston Confederation Basin Marina website:

<https://www.cityofkingston.ca/residents/recreation/facilities/marinas/confederation-basin/reservations>

Use the comments section in the application to indicate participation in the Race to Kingston

Dockage is limited – First come, first served.

10.4 BLUMartini: 178 Ontario Street, Kingston, Ontario K&L 2Y8.

11 COURSE

11.1 The Course is: Start, MCC Mark #9, Finish in the vicinity of KYC Breakwall. See Diagram 1 for course chart.

12 PENALTY SYSTEM

12.1 The Scoring Penalty, RRS 44.3, applies.

13 SCORING

13.1 All boats will be scored with PHRF-LO Time-on-time scoring method. Scoring system is Low Point.

14 CHARTERED OR LOANED BOATS

14.1 A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided that the Race Committee has approved her sail identification before the first race.

15 RIGHTS & DATA PROTECTION

15.1 [NP] All pictures, audio and video recordings, graphic logos and service names contained herein or produced during the race by or on behalf of the OA or KYC, are the property of either the OA or KYC or their respective members. No rights are granted to use pictures, graphic logos, and service names without permission.

15.2 [NP] Registrants, competitors, and participants grant the OA or KYC the unrestricted right and permission to use the name and/or image for any text, photograph, or video footage of either themselves or the boat they are sailing during the event to be published or broadcast in any media whatsoever (including but not limited to press, TV, social media, or internet), for either editorial or advertising purposes or to be used in press information.

16 RISK STATEMENT

The decision to race, or to continue racing, is the sole responsibility of the yacht (PiC and crew). By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes. By participating in this event, each competitor agrees to release the race organizers from all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

17 INSURANCE

[NP] Each participating boat shall be insured with a valid third-party liability insurance policy with a minimum coverage of \$2,000,000 CAD per event for Canadian boats and an adequate level of third-party liability insurance applicable in Canadian and US waters for non-Canadian boats. Proof of insurance may be randomly inspected.

18 PRIZES

18.1 Prizes will be awarded to the first three winning boats for the following:

- Flying Sails (FS) – Crewed (CD)
- No Flying Sails (NFS) - Crewed (CD)
- Flying Sails (FS) – Doublehanded (DH)
- No Flying Sails (NFS) - Doublehanded (DH)

A prize will also be awarded for:

- Line Honors (first across the finish line)
- Overall Winner (corrected time on PHRF)
- Top Performing American Boat (Corrected time on PHRF)

18.2 The Awards ceremony will be 1130 EDT, Monday August 15th, 2022, in the vicinity of Confederation Basin Marina. Details on Flag and Awards ceremonies will be announced later.

19 FURTHER INFORMATION

ORGANIZING AUTHORITY CONTACTS

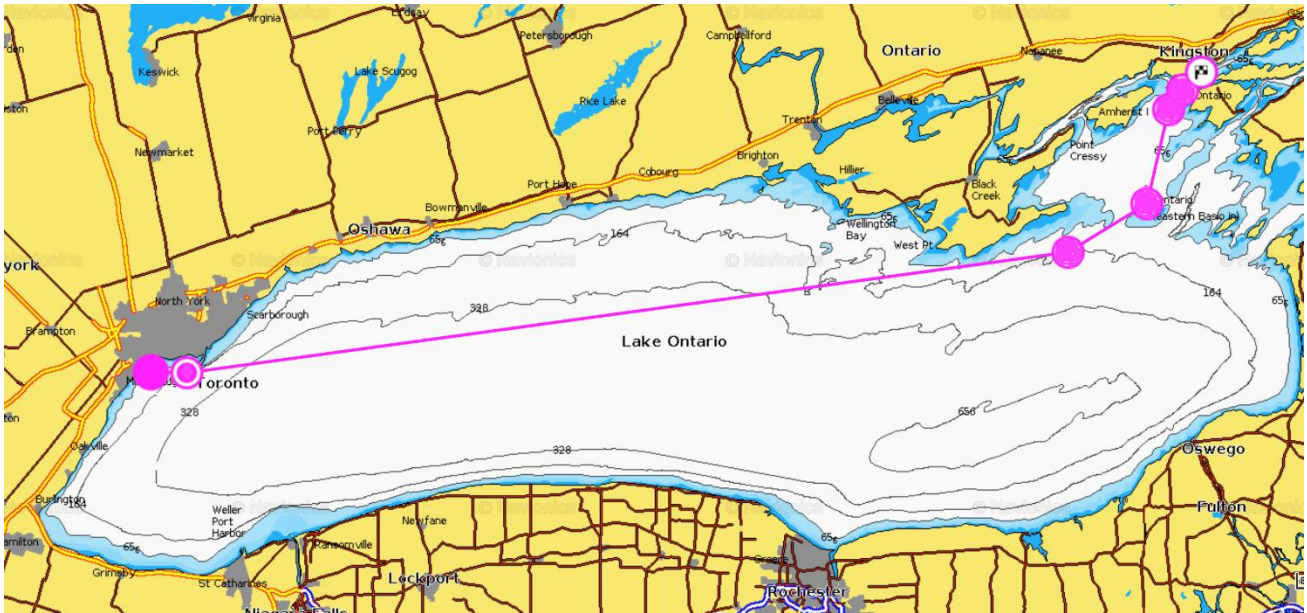
R2K Registration	R2K@kingstonyachtclub.com	
R2K Regatta Chair	george.jackson@northsails.com	
KYC	programs@kingstonyachtclub.com	www.KingstonYachtClub.com
MCC	fleet@mimicocruisingclub.com	www.MimicoCruisingClub.com

HANDICAP SYSTEMS CONTACTS

PHRF-LO	Contact your club's PHRF-LO Handicapper	www.phrf-lo.org
---------	---	--

Diagram 1

Course Diagram



Not to be used for navigation. Purple dots do not represent marks of the course. For example only.

Diagram 2 Confederation Basin Marina Map



ENTRY CHECKLIST

(For information only and not part of the Rule of the NoR)

The Registration & Documents Web Site is:

<https://yachtscoring.com/emenu.cfm?eID=14980>

The Official Notice Board is:

https://yachtscoring.com/notice_board_summary.cfm?eid=14980

Registration Requirements:

Number	Requirement	Due Date	How-To
1.	Event Registration	2359 EDT, July 1 st , 2022	Complete on the Registration Page of the R&DWS
2.	Payment	During Registration	Complete during Event Registration on the Registration Page of the R&DWS
3.	R2K OSR CAT 3 Compliance Form	During Registration	Submit by email to R2K@kingstonyachtclub.com
4.	Initial Crew List	Friday, August 5 th , 2022	Complete on the R&DWS
5.	R2K Crew Overboard Recovery Drill Certificate	Friday, August 5 th , 2022	Submit by email to R2K@kingstonyachtclub.com

Concussion Policy & Protocol (Rowan's Law) Links

Ontario Government Concussion Resources: <https://ontariosailing.ca/wp-content/uploads/2019/06/MTCS-Concussion-Awareness-Resources-15-and-up.pdf>

Ontario Sailing Concussion Resources: <https://ontariosailing.ca/wp-content/uploads/2019/11/Concussion-Recognition-5.pdf>

<https://ontariosailing.ca/wp-content/uploads/2019/06/OS-Concussion-Code-of-Conduct-Athlete.pdf>

Ontario Sailing Concussion Management & Return to Play: <https://ontariosailing.ca/wp-content/uploads/2019/10/OS-Concussion-Management-Policy-V2-August-2019.docx.pdf>