



Race To Kingston

August 13th & 14th, 2022
 Mimico to Kingston, Canada

Sailing Instructions (SIs)

Version 2 – 12 August 2022



The Race To Kingston Organizing Committee, with Chair George Jackson, shall represent the Kingston Yacht Club (www.KingstonYachtClub.ca) as the Organizing Authority of the Race To Kingston (R2K) Race.

Given the fluidity of the situation around COVID 19 that may extend to cover this event, R2K, may need to adjust to protect the health and well-being of racers, volunteers, and others. This may include limits on the number of sailboats and/or crew numbers, whether by sailboat or in total. These will be done as amendments to the Notice of Race or Sailing Instructions and posted on the Official Notice Board.

Amendments

#	DATE	SECTION	CHANGE
1	2022-08-11	6.2	Modifies the section to include the starts/division order and starting flags.
1	2022-08-11	10.1	Modifies the course to include an MCC course mark.
1	2022-08-11	12.1	Modifies the intervals between starting signal and warning signal for the next start from “10 minutes” to 5 minutes.

The Registration & Race Document Web Site is:

<https://yachtscoring.com/emenu.cfm?eID=14980>

The Official Notice Board is:

https://yachtscoring.com/notice_board_summary.cfm?eid=14980

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule will not be grounds for a protest by a sailboat.

The Racing Rules of Sailing (RRS) 2021-2024 state that items, Rules, and the Notice of Race (NoR) do not have to be repeated in Sailing Instructions (SIs). Both the NoR and SIs describe the conduct of the event and need to be used jointly during the event.

1 RULES

- 1.1 See Notice of Race (NoR).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted online on the official notice board before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice_board_summary.cfm?eid=14980
- 3.2 The race office is located virtually:
Phone Number: 1-613-453-0712
Email: r2k@kingstonyachtclub.com
- 3.3 [DP] Radio Communications.
 - 3.3.1 Marine VHF Channel 71 Canadian shall be used by the Race Committee for radio communication during the race.
 - 3.3.2 Each sailboat shall monitor VHF Channel 71 from 30 minutes before her warning signal until one hour after her start, and from approximately one hour before *finishing or 5 NM from the Finish, which ever occurs later, until 30 minutes after finishing*
 - 3.3.3 Sailboats are encouraged to talk to other sailboats in the race on marine VHF channel 71 throughout the race.
 - 3.3.4 Sailboats shall monitor marine VHF channel 16 at all other times.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main flagpole of the MCC.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

6 **SCHEDULE OF RACES**

6.1 The first warning signal is at 0945 EDT, Saturday, August 13th, 2022

6.2 Starts/divisions and starting flags will be as follows:

1. Flying Sails – Crewed: Split 1	Pennant #1
2. Flying Sails – Crewed: Split 2	Pennant #2
3. Flying Sails – Crewed: Split 3	Pennant #3
4. Flying Sails – Double-Handed & No Flying Sails – Crewed	Pennant #4

The assignment of participants to a division, fleet, or class is subject to change.

7 **CLASS FLAGS**

7.1 See 6.2 for class flags for RRS 26.

8 **RACING AREA**

8.1 The event will occur in western Lake Ontario.

9 **THE COURSES**

9.1 See Event Guide and Supplementary Information.

9.2 START: The start will be windward using one of the nine MCC/EYC fixed marks (see MCC Mark Network posted under *Documents & Forms*).

9.3 FINISH: Between a blue flag on the Race Committee Shore Station (located at the flagpole on the KYC Breakwall) and KYC fixed Mark V (yellow club mark at 44°13.220' N, 76°29.100' W)

9.4 The approximate distance is 145 NM.

10 **MARKS OF THE COURSE**

10.1 The first leg will be windward to another MCC Course Mark which is to be rounded to port, and whose number will be displayed on the stern of the Race Committee signal vessel.

11 **OBSTRUCTIONS & EXCLUSION ZONES**

11.1 None to mention.

12 **THE START**

12.1 Races will be started by using rule 26, with an interval of **no more than five (5) minutes** between a starting signal and the warning signal for the next start.

12.2 The starting line will be between an MCC Course Mark and the halyard carrying an orange flag on the Race Committee signal vessel.

12.3 After the first warning signal and prior to her warning signal, a sailboat shall keep clear of the starting area that extends one-quarter of the length of the starting line ahead of and behind the starting line. It shall also extend one quarter of the length of the starting line past the end of the starting line.

12.4 If and only if, code flag “L” is displayed, on the Race Committee Signal Vessel, sailboats shall sail on starboard tack close to the stern of the Race Committee Signal Vessel and shall report its sail number. Check in will not be complete until the Race Committee acknowledges the sailboat. Check in by VHF radio or cell phone may not be accepted.

12.5 [NP] Any sailboats starting within their time limit and if the Race Committee is no longer on station, shall radio the Race Committee VHF Channel 71 Canadian when she is starting.

- 12.6 The Organizing Authority (OA) asks all competitors to fly from a backstay or shroud, the black Tourism Kingston flag from at least 15 minutes prior to starting until 15 minutes after starting.

13 THE FINISH

- 13.1 Between a blue flag on the Race Committee Shore Station (located at the flagpole on the KYC Breakwall) and KYC fixed mark V (yellow club mark at 44°13.220' N, 76°29.100' W)
- 13.2 Each sailboat shall call/hail the Race Committee Shore Station approximately three (3) NM from the finish on VHF Channel 71 Canadian. Sailboats are required to maintain radio contact with the shore station throughout the finish to ensure correct identification of the finishing sailboat, until 30 minutes after finishing. whether day or night. When finishing between sunset and sunrise, all sailboats shall announce their sail numbers, immediately prior to finishing, and record their finish time.
- 13.3 After a sailboat has finished, the Race Committee may acknowledge the completion by providing the sailboat's finish time or other signal. This acknowledgement, the failure to make the acknowledgement or its order, will not be grounds for a request for redress. This changes RRS 62.1 (a).
- 13.4 The OA asks all competitors to fly from a backstay or shroud, the black Tourism Kingston flag for approximately 15 minutes prior until 15 minutes after finishing. The OA also asks that competitors fly the black Tourism Kingston flag during their stay at the dock.

14 PENALTY SYSTEM

- 14.1 The Scoring Penalty, RRS 44.3, applies.

15 TIME LIMITS

- 15.1 The time limit will be 0900 EDT on Monday August 15th.

16 HEARING REQUESTS.

- 16.1 Protests shall be filed using online submission feature available after logging into the Owner's Corner on Race Document and Registration Web Site, within one hour of a sailboat's finish. See Event Guide and Supplementary Information on the web site area for submission.
- 16.2 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b) on the Official Notice Board.
- 16.3 Protests will be heard no later than 1000 EDT, Monday August 15th, 2022, either in person and/or virtually.

17 SCORING

- 17.1 Double-Handed (DH) & Fully Crewed (FC) sailboats will race under following rating/handicap systems: PHRF-LO Time-on-Time formula applies
- 17.2 Sailboats will be scored in their own classes.
- 17.3 The Organizing Authority reserves the right to adjust the scratch sailboat when converting the PHRF-LO Time-on-Distance to Time-on-Time based on the registrations received by the deadline. The Time-on-Time ratings will be published along with the division splits.

18 SAFETY REGULATIONS

- 18.1 [NP] Sailboats are encouraged to implement their own check-in process and with individuals ashore via phone email or other mechanism.

- 18.2 A sailboat withdrawing from the race shall wear her ensign and keep clear of other competitors.
- 18.3 [DP] The Race Committee shall be notified of a sailboat's withdrawal at the earliest possible opportunity on VHF Channel Canadian 71, then at the Virtual Race Office phone number and email:
Phone Number: 1-613-453-0712
Email: R2K@kingstonyachtclub.com
- 18.4 Sailboats may check in with the Race Committee at any time during the race to advise the Race Committee of their position at the Virtual Race Office phone number or email:
Phone Number: 1-613-453-0712
Email: R2K@kingstonyachtclub.com
- 18.5 Failure of a sailboat to make every reasonable effort, under the circumstances, to comply with SI 18.3, may result in protest by the Race Committee. The results of this hearing may be used by the Organizing Authority whether to accept future registrations by this sailboat or owner.
- 18.6 All sailboats racing shall be required to maintain a log of significant events, mark rounding, calls to the Coast Guard, and engine on and off for charging only. This record must be submitted as per Notice of Race (NoR).
- 18.7 A competitor that expects not to finish by the stated time limit (0900 EDT on Monday August 15th) shall notify the Race Committee before 0900 of their location and status on VHF Channel Canadian 71, then at the Virtual Race Office phone number and email:
Phone Number: 1-613-453-0712
Email: R2K@kingstonyachtclub.com

19 **EQUIPMENT AND MEASUREMENT CHECKS**

- 19.1 [NP] [DP] A sailboat may be inspected at any time during the period from the Mandatory Participants' Meeting until three hours after her finish. The Race Committee may, at the finish of the race, direct a sailboat to proceed directly to a designated location at Confederation Basin. A boat which fails to follow such directions, or which subsequently fails the inspection, may be protested by the Technical Committee.

20 **PRIZES**

- 20.1 Prizes will be given as listed on the NoR.

21 **RISK STATEMENT**

- 21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

22 **INSURANCE**

- 22.1 [DP] Each participating sailboat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for Canadian boats and an adequate level of third-party liability insurance applicable in Canadian and US waters for non-Canadian sailboats.