



# American Yacht Club Sunset Distance Race July 10<sup>th</sup>, 2022

## SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), including the US Sailing prescriptions, the current PHRF regulations as administered by the YRA of Long Island Sound (YRA) and the US Sailing Special Equipment Requirement (USSER) for Nearshore races except as any of these are changed by the Notice of Regatta or the Sailing Instructions.

### 2. NOTICES TO COMPETITORS and VHF CHANNELS

Notices to competitors will be posted on the official notice board on the regatta website at <https://yachtscoring.com/emenue.cfm?eid=15358> and also the Race Committee notice board located in the entrance to the bar at American Yacht Club. Communication with the race committee will be on VHF channel 71.

### 3. SIGNALS MADE ASHORE

Signals made ashore will be displayed from a flag halyard on a Race Committee signal boat at a dock at American Yacht Club. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

### 4. STARTING AREA AND CHECK-IN

The signal boat at the start will be located approximately 0.75 nm Southwest of Bell 42 off Mamaroneck Harbor. All boats shall sail by the stern of the signal boat prior to her warning and check in.

### 5. EQUIPMENT

Each boat shall carry a radio capable of transmitting and receiving VHF 71 as well as channel 16.

### 6. CLASS FLAGS & DIVISIONS

Each boat shall display the pennant for her class on her backstay. Doublehanded yachts will start with other yachts of its same spinnaker class.

<u>Division</u>	<u>Class</u>	<u>Class Flag</u>
Division 1	Non-Spinnaker	Numeral Pennant 1
Division 2	Spinnaker	Numeral Pennant 2

## **7. THE START**

The first warning signal for Division 1 (Non-spinnaker) will be at 1555. The warning signal for Division 2 (Spinnaker) will be at 1615. The starting line will be between the course side of an orange mark and a staff with an orange flag on the Race Committee signal boat. After the starting signal, the Race Committee signal boat will attempt to notify OCS boats by broadcasting their sail numbers on VHF Channel 71. Failure of a boat to see or hear her recall notification, and the timing and order of any hail, shall not be cause for redress. This changes RRS 62.1(a).

## **8. COURSE AND MARKS**

The marks will be those that are listed on Appendix A to these Sailing Instructions. **These marks are different from the usual Friday night sunset marks so please make sure to use these.** The course will be designated by displaying an easel board on the Race Committee signal boat. Marks shall be rounded in the order displayed on the course board reading from top to bottom. The numeral 2 following the letters on the course board means that the course displayed shall be sailed twice around. The Race Committee signal boat will announce the course over Channel 71 before the first warning signal. Unless the Race Committee signal boat provides a different instruction, all marks should be rounded to port.

## **9. THE FINISH**

The Finish Line will be between the course side of an orange mark and a staff with a blue flag on the Race Committee signal boat. It is requested from all competitors to radio in on channel 71 once passing Bell 42 on the way to finish line to identify their yacht both by name and sail number.

## **10. TIME LIMIT**

The Time limit for all classes will be 2100 on July 10<sup>th</sup>, 2022. Boats that have not finished by that time will be scored DNF. This changes rule 35.

## **11. PROTESTS**

Protest forms shall be delivered to the front desk at American Yacht Club within one hour after the later of Race Committee finish boat or signal boat docks. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held at American Yacht Club at a time and date scheduled by the American Yacht Club Protest Committee, which shall be prior to the awarding of trophies for the event.

## **12. SCORING**

The Race Committee will post results on the official notice board on the regatta website and the Race Committee notice board after the completion of racing.

## **13. WITHDRAWAL OR RETIREMENT**

A boat that withdraws before the start or retires from a race for any reason shall notify the Race Committee signal boat at the earliest opportunity on VHF channel 71. A boat may also call 914-967-4800 if unable to communicate by radio with the Race Committee.

#### **14. NAVIGATION RULES**

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially tugs and barges. Any boat observed to impede such traffic may be protested by the Race Committee signal boat, but not by a competitor.

**15. RESPONSIBILITY FOR SAFETY , WAIVER & RELEASE** — By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf (“Releasers”) that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases such as Covid-19). Releasers also agree, understand and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease (including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasers forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasers now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf (“Releasees”), for anything arising out of or relating to Releasers’ participation in such sailing events (including contracting communicable diseases such as Covid-19). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasers agree, acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases such as Covid-19), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

#### **16. CONTACT INFORMATION**

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580 Phone: (914) 967-4800

[www.americanyc.org](http://www.americanyc.org)

Email: [aycrc@americanyc.org](mailto:aycrc@americanyc.org)

Don Dowd

Event Chair and PRO

Andrew Giglia

Race Committee Chairman

Robert Fear & John Fryer

Protest Committee Co-Chairs

Mark Ploch

Technical Committee Chair

## APPENDIX A

### A1 MARKS FOR DISTANCE RACE

A1.1 Marks for the distance race will be designated as follows:

<b>A</b> N "40A" Scotch Caps	<b>F</b> G"23" Sands Point	<b>K</b> G"17" Oyster Bay	<b>P</b> R"32A" Mid-sound
<b>B</b> R"42" Mamaroneck	<b>G</b> R"4" Prospect Pt	<b>L</b> G"15" Lloyd Point	<b>Q</b> G"1" Greenwich
<b>C</b> C"1" Delancey Pt	<b>H</b> R"6" Mott Point	<b>M</b> GR "E" Eatons Neck	<b>R</b> R"38" Playland
<b>D</b> R"2" Larchmont	<b>I</b> G"21" Matinecock	<b>N</b> R"28C" Norwalk	
<b>E</b> C"1" Execution Rock	<b>J</b> G"19" Oak Neck Pt	<b>O</b> R"32" Stamford	

