



Sailing Instructions – Addendum B

San Diego Yacht Club & Coronado Yacht Club
San Diego, CA March 17 - 19, 2023

For the Martin 16 class:

- All sailors are required to have a Sailing Companion on board. The Sailing Companion may perform any tasks that will support the sailor in developing their racing skills or assist those with limited physical abilities.
- The Sailing Companion must remain seated in the rumble seat while racing (not on any part of the deck), except to affect a repair, clean foul lines or kelp, or for reasons of safety. No device may be used to hold the headsail out or to dislodge the headsail if caught. The first sentence of RRS rule 44.1 is changed to read “A boat may take a One-Turn Penalty, to include one tack and one gybe, when she may have broken one or more rules of Part 2 in an incident while racing.”
- Specific boats will be assigned to competitors by CSSD and, subject to logistics limitations (e.g. adaptive equipment), will be changed on the second day.

For the Martin 16 class:

- All sailors are required to have a Sailing Companion on board. The Sailing Companion may perform any tasks that will support the sailor in developing their racing skills or assist those with limited physical abilities.
- The Sailing Companion must remain seated in the rumble seat while racing (not on any part of the deck), except to affect a repair, clean foul lines or kelp, or for reasons of safety. No device may be used to hold the headsail out or to dislodge the headsail if caught. The first sentence of RRS rule 44.1 is changed to read “A boat may take a One-Turn Penalty, to include one tack and one gybe, when she may have broken one or more rules of Part 2 in an incident while racing.”
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