



**2023 Safe Harbor Race Weekend**  
**Division 1 Sailing Instructions - Exhibit 4**  
**ON-WATER EMERGENCY PROCEDURES**

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The event organizers have established emergency procedures to provide help in the event of an on-water emergency, including injury requiring medical assistance. We also have emergency numbers should there be an accident on shore.

1. Contact the race committee immediately on your division's race committee VHF channel (VHF channels listed below). If you are unable to contact the race committee, use emergency channel VHF Channel 16.
2. Identify your yacht, the nature of the emergency (type of injury, number of people injured), and your yacht's position (Geographical as well as Lat/Long).
3. If you are asked to, please cooperate with any race committee, local law enforcement or emergency response personnel.

Please take the time to review these procedures with your crew.

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**EMERGENCY AND MEDICAL NUMBERS**

US Coast Guard:	VHF 16	(Station Castle Hill) 401-846-3675
Medical Assistance:	Newport Fire Department	911 or 401-845-5900
Race Office:	(401) 855-0945 or (401) 846-6000	
Race Committee:	Division 1	VHF 71 (Performance Cruising Classes VHF 69)
	Division 2	VHF 72 (or Safety channel VHF 17)
Safe Harbor NSY	(401) 846-6000	
Dock Office	(401) 846-6002	
Safe Harbor NEB	(401) 683-4000	
Security (After Hours)	(401) 862-3090	