

**The British Virgin Islands
2023 J/105 North American Championship**

Organizing Authority: American Yacht Club

October 3-8, 2023

Rye, New York, USA

SAILING INSTRUCTIONS (SIs) Including Amendment #1

The notation '[NP]' in a rule of SIs means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The Organizing Authority (OA) will assign and provide bow number which shall be affixed to the hull according to the instructions provided, which may be to have them installed by an OA representative.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 The online official notice board is located on Yacht Scoring (<https://yachtscoring.com/emenu.cfm?eid=15597>).
- 3.2 On the water, the race committee may make courtesy broadcasts to competitors on VHF radio channel 73.
- 3.3 Failure of the race committee to make any VHF broadcasts, the timing thereof or a competitor to hear any broadcast shall not be grounds for redress. This changes RRS 62.1(a).
- 3.4 [DP] From the first warning signal until the end of the last race of the day, except in an emergency or to report a protest or withdrawal, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the American Yacht Club (AYC) main flagpole and shall be announced on the VHF radio channel.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

6.1

Day	Date	Event	Time
Thursday	October 5	First warning signal – 3 races are scheduled	1100
Friday	October 6	First warning signal – 3 races are scheduled	1100
Saturday	October 7	First warning signal – 3 races are scheduled	1100
Sunday	October 8	First warning signal – 3 races are scheduled Awards ceremony	1100 After racing

- 6.2 A total of 11 races are scheduled.
- 6.3 Flag A displayed by the race committee finishing vessel, while boats are finishing, means no more races will be sailed that day.
- 6.4 On the last scheduled day of racing no warning signal will be made after 1530. In the case of one or more general recalls when the initial warning signal was made prior to 1530, the race committee may display subsequent warning signals after that time. This exception will not apply for a race that is postponed before the starting signal.

7 CLASS FLAGS

- 7.1 The Class Flag will be the J/105 logo on a white background, or numeral pennant 1.

8 RACING AREA

- 8.1 The racing area will be the waters of Long Island Sound off American Yacht Club.

9 COURSES

- 9.1 Attachment A shows the course configuration, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course to be sailed will be designated by displaying numerical placards on both sides of the race committee signal vessel.
- 9.3 The race committee signal vessel may display the approximate compass bearing and range from the starting line to Mark 1 on a digital-style number board.
- 9.4 Boats shall sail between the gate marks (Marks 3S and 3P) from the direction of the previous mark. If one of the gate marks is missing boats shall leave the remaining mark to port.
- 9.5 If Mark 2 is missing it shall be disregarded. This changes RRS 34.

10 MARKS

- 10.1 Marks 1, 3P and 3S will be orange inflatable buoys and Mark 2 will be an orange inflatable or red buoy.

11 THE START

- 11.1 Races will be started using RRS 26.
- 11.2 The starting line marks will consist of two race committee vessels: a port end line boat and a starboard end signal vessel. The starting line will be between the course side of a staff displaying an orange flag on each boat. The port end line boat may be replaced by a yellow inflatable buoy, in which case the course side of the buoy will be that end of the starting line.
- 11.3 The race committee will attempt to notify OCS, UFD and BFD boats by bow number or sail number by radio on VHF Channel 73. Failure to broadcast her number, failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress. This changes RRS 62.1(a).
- 11.4 A boat that does not start within five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark(s) (or move the finishing line) as soon as practicable.
- 12.2 The race committee may change the course by up to ten (10) degrees in bearing and/or 0.2 nm in length without a signal. This changes RRS 33.

13 THE FINISH

- 13.1 The finishing line will be between staffs or halyards displaying blue flags on the race committee vessels at each end of the line. One race committee vessel may be replaced by a yellow inflatable buoy, in which case the course side of the buoy will be that end of the finishing line.

14 PENALTY SYSTEM

- 14.1 Appendix T, Arbitration, will apply as changed. At the end of T4, Arbitration Meeting Outcomes, add:
(c) The first sentence of 63.3(a) is changed to "A representative of each party to the hearing and the Arbitrator, if arbitration has been conducted, have the right to be present throughout the hearing of all the evidence."
- 14.2 The first two sentences of rule 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty."

15 TIME LIMITS

- 15.1 The time limit for the first boat to sail the course and finish course number 3 is 60 minutes, course number 4 is 90 minutes, and course number 5 is 120 minutes.
- 15.2 If no boat has passed the first windward mark (Mark 1) 25 minutes after the starting signal, the race shall be abandoned.
- 15.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35, A4.1 and A.5.

16 HEARING REQUESTS

- 16.1 The protest time limit is 60 minutes after the race committee signal vessel docks. The time will be posted on the official notice board.

- 16.2 Hearing request forms are available on the US Sailing Racing Rules app and at the race office located in the foyer of the American Yacht Club clubhouse. RRS 61.3 and 62.2 are modified to allow hearing request forms to be submitted via e-mail to protests@americanyc.org or delivered to the race office.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located off the foyer of the American Yacht Club clubhouse, beginning at the time posted.
- 16.4 The following is appended to RRS 62.2:
- b. However, a request concerning a scoring issue for which a written scoring inquiry has been submitted to the race committee shall be delivered within 30 minutes of learning of the result of the scoring inquiry, and the scoring inquiry shall have been delivered to RC as soon as reasonably possible after learning of the reason for making the inquiry.

17 SCORING

- 17.1 Three races are required to be completed to constitute a series.
- 17.2 Each boat's series score will be the total of her race scores.

18 SAFETY REGULATIONS

- 18.1 [DP] Prior to the first warning signal, all boats shall check in with the race committee by passing astern of the race committee signal vessel on starboard tack and hailing their bow numbers.
- 18.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 18.3 The penalty for a boat that breaks the Preamble to Part 2 is at the discretion of the protest committee and may be less than disqualification up to disqualification, which may not be excludable.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will be allowed only with the written approval of the Technical Committee in compliance with CR.
- 19.2 Substitution of damaged or lost equipment will be allowed only with the written approval of the Technical Committee in compliance with CR.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 [DP] On the water, a boat can be instructed by a member of the race committee or Technical Committee to proceed immediately to a designated area for inspection. When ashore on race days, equipment may be inspected or measured at times specified in the CR, the Notice of Race and at the discretion of the race committee or Technical Committee.

21 SUPPORT TEAMS

- 21.1 Support Persons shall comply with any reasonable request from a regatta official.
- 21.2 Support Persons and support vessels shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 21.3 Support Persons shall comply with CR 7.10.

- 21.4 [DP] Support boats and operators shall register with the OA during check in. While on the water support boats shall display prominently the flag assigned by the OA during check in, and stay at least 100 yards away from all parts of the racecourse.

22 GREEN REGATTA

- 22.1 In an effort to promote sustainability and reduce the amount of waste in Long Island Sound, competitors are encouraged to utilize reusable water bottles and avoid the use of any single-use plastics.

23 HAUL-OUT RESTRICTIONS

- 23.1 Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the OA, after consultation with the Technical Committee. However, in the case of an emergency, permission may be granted retroactively.
- 23.2 All boats shall be in the water by 1800 on Wednesday, October 4, 2023 and shall remain in the water through the end of the regatta, subject to the provisions of SI 24.1.

24 PRIZES

- 24.1 Prizes will be awarded in accordance with the Notice of Race at American Yacht Club.
- 24.2 Arrangements for presenting awards will be posted on the online official notice board.

25 RISK, RESPONSIBILITY FOR SAFETY, WAIVER & RELEASE

- 25.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf ("Releasers") that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases such as Covid-19). Releasers also agree, understand and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease (including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasers forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasers now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf ("Releasees"), for anything arising out of or relating to Releasers' participation in such sailing events (including contracting communicable diseases such as Covid-19). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasers agree, acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases such as Covid-19), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

26 INSURANCE

- 26.1 Each participating boat shall be adequately insured with current, valid third-party liability insurance that is appropriate taking into account the value of the boats racing and the type of racing.

27 CONTACT INFORMATION

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580

AYC Website: www.americanyc.org Phone: (914) 967-4800

Regatta Website: <https://yachtscoring.com/emenue.cfm?eid=15597>

Email: aycrc@americanyc.org Fax: (914) 967-5340

Principal Race Officer: Mark Foster mfoster1053@gmail.com +1 (361) 816-9801

Chief Judge: John Fryer jf@johnfryer.com

Technical Committee: Matthew Arno marno@alum.mit.edu

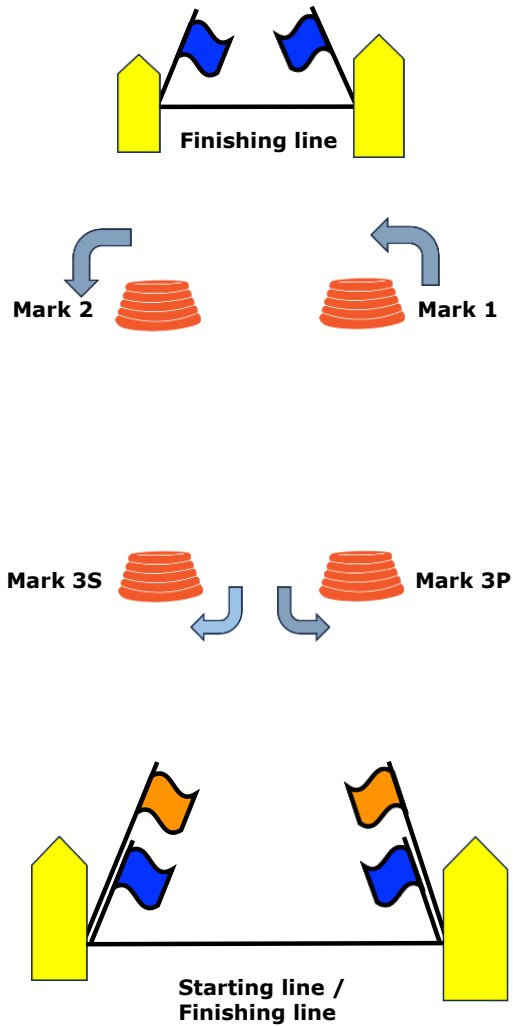
American Yacht Club cordially extends the privileges of the clubhouse and harbor to participants before and after the racing.

A limited number of moorings will be available. Reservations are required. Please use the following link to make your mooring reservation. You must fill out the reservation form.

[Mooring Reservation - American Yacht Club \(americanyc.org\)](http://americanyc.org)

The mooring fee will be waived during the event.

Attachment A – Courses



Course 3

Start – 1 – 2 – 3S/3P – Finish Upwind

Course 4

Start – 1 – 2 – 3S/3P – 1 – 2 – Finish Downwind

Course 5

Start – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – Finish Upwind