

Sailing Instructions

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SAILING INSTRUCTIONS (SIs)

One Design Course

Chester Race Week – August 16-19th, 2023

Organizing Authority: Chester Yacht Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Sail Canada prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2022/06/sail canada prescriptions 2021 2024 14 03 2022.pdf
- 2 CHANGES TO SAILING INSTRUCTIONS
- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3 COMMUNICATIONS WITH COMPETITORS
- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice_board_summary.cfm?eid=15681. On a best effort basis, the club notice board will be used as a courtesy.
- 3.2 The race office is on the second floor of the Chester Yacht Club.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.
- 3.4 [DP][NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4 [DP] CODE OF CONDUCT
- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 5 SIGNALS MADE ASHORE
- 5.1 Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

- 6 SCHEDULE OF EVENTS
- 6.1 The competitor's briefing shall occur at the Chester Yacht Club at 0900 on Wednesday, August 16th.

6.2

| Class / Fleet | Total Number of Races | Races Per Day |
|-------------------|-----------------------|---------------|
| One Design fleets | 12 | 3 |

- 6.3 The race committee may run one extra race on a day provided that it does not get more than one race ahead of schedule and does not exceed the number of total races scheduled for the event.
- 6.4 The scheduled time of the warning signal for the first race each day is 1200.
- 6.5 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.6 On the last scheduled day of racing no warning signal will be made after 1530.
- 7 CLASS FLAGS
- 7.1 Class flags will be the fleet specific class insignia on a flag.
- 8 RACING AREA
- 8.1 SI Addendum A shows the location of the racing area(s).
- 8.2 Racing areas will be assigned to fleets each morning and posted no later than 0930 on the official notice board.
- 9 COURSES
- 9.1 The diagram(s) in SI Addendum B shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10 MARKS
- 10.1 An L or LA course configuration will have the following Marks: Mark 1, a Yellow Tetrahedron; Mark 1a (if applicable) a small Yellow Tetrahedron; Marks 2s/2p: Yellow Tetrahedrons New marks, as provided in SI 13.1 will be a Pink Tetrahedron.
- 10.2 When code flag Whiskey is displayed before the warning sequence, an L or LA course configuration will have the following marks: Mark 1, an Orange Tetrahedron; Mark 1a (if applicable) a small Yellow Tetrahedron; Marks 2s/2p: Yellow Tetrahedrons. New marks, as provided in SI 13.1 will be a Red Tetrahedron.
- 10.3 If a gate mark is missing, the remaining mark shall be rounded to port.
- 11 OBSTRUCTIONS

11.1 Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. It is the responsibility of all competitors to familiarize themselves with the particular underwater features of the area and maintain safe navigation at all times.

12 THE START

- 12.1 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and a yellow tetrahedron on the port end.
- 12.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.3 No later than the warning signal for each race for the IOD class, the Race Committee will signal the sail combination to be used for that race. The signals shall have the following meanings: No Signal Main, Jib and Spinnaker Red Flag w/ White Stripe Main and Jib Only -.
- 12.4 For the IOD class only, the race committee may display a Red Flag w/ White Stripe with repetitive sounds at a mark to signal that after passing the mark only a Main and Jib may be used for the remainder of the race.
- 12.5 When RRS 29.1 applies if any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.6 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 13 CHANGE OF THE NEXT LEG OF THE COURSE
- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 For LA Course configurations, if the new mark is used for the second or subsequent rounding of Mark 1, there will be no offset mark 1a.
- 14 THE FINISH
- 14.1 The finish line will be between a staff displaying a blue flag on the Signal boat and a Green Pin off the starboard side of the Signal boat.
- 15 PENALTY SYSTEM
- 15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty. Except when the incident occurs in the zone where the penalty is a Two-Turn Penalty.

16 TIME LIMITS

16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

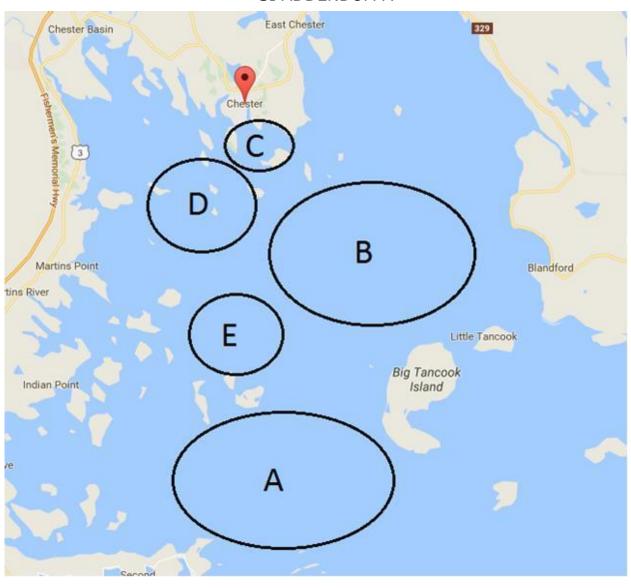
| Mark 1 Time | Race Time | Finishing |
|-------------|-----------|------------|
| Limit | Limit | Window |
| 30 minutes | 2 hours | 20 minutes |

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 17 HEARING REQUESTS
- 17.1 The protest time limit is 60 minutes after the Signal boat returns to her berth. The time will be posted on the official notice board.
- 17.2 Protest forms are available at the protest desk located on the second floor of the clubhouse. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the third floor of the Chester Yacht Club at the time posted on the official notice board.
- 18 SCORING
- 18.1 One (1) race is required to be completed to constitute a series.
- 18.2 (a) When fewer than 5 races have been completed, a boat's series score is the total of her race scores.
 - (b) When from 5 to 12 races have been completed, a boat's series score is the total of her race scores excluding her worst score.
- 19 [DP][NP] SAFETY REGULATIONS
- 19.1 Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.
- 19.2 A boat that retires from a race or leaves a course area shall notify the race committee at the first reasonable opportunity.
- 20 [DP] REPLACEMENT OF CREW OR EQUIPMENT
- 20.1 Substitution of competitors is allowed. Crew must be registered on Yacht Scoring for tracking purposes.
- 21 OFFICIAL VESSELS
- 21.1 Official vessels may be identified by an RC Flag or J Flag.

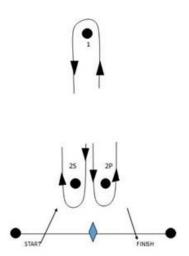
- 22 TRASH DISPOSAL
- 22.1 Trash may be placed aboard official vessels.
- 23 [DP][NP] HAUL-OUT RESTRICTIONS
- 23.1 Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.
- 24 [DP][NP] DIVING EQUIPMENT AND PLASTIC POOLS
- 24.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.
- 24.2 Keelboats shall not be cleaned below the waterline by any means from the warning signal of the first race until the finish of the last race.
- 25 RISK STATEMENT
- 25.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

 Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 26 [NP] INSURANCE
- 26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent.

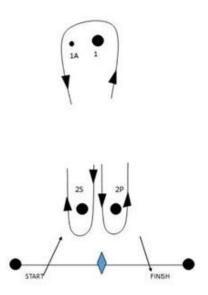
SI ADDENDUM A



SI ADDENDUM B



| Signal | Mark Rounding Order |
|--------|--|
| L2 | Start - 1 - 2s/2p - 1 - Finish |
| L3 | Start - 1 - 2s/2p - 1 -2s/2p - 1 - Finish |
| L4 | Start - 1 - 2s/2p - 1 -2s/2p - 1 - 2s/2p - 1 - Finish |



| Finish | | |
|--------|--|--|
| Signal | Mark Rounding Order | |
| LA2 | Start - 1 - 1A- 2s/2p - 1 - 1A - Finish | |
| LA3 | Start - 1 - 1A- 2s/2p - 1 - 1A- 2s/2p - 1 - 1A - Finish | |
| LA4 | Start - 1 - 1A- 2s/2p -1 - 1A- 2s/2p - 1 - 1A- 2s/2p - 1 - 1A - Finish | |

SAILING INSTRUCTIONS (SIs)

Bluenose Course

Chester Race Week – August 16-19th, 2023 Organizing Authority: Chester Yacht Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Sail Canada prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2022/06/sail_canada_prescriptions_2021_2024_14_03_2022.pdf
- 2 CHANGES TO SAILING INSTRUCTIONS
- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3 COMMUNICATIONS WITH COMPETITORS
- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice board summary.cfm?eid=15681. On a best effort basis, the club notice board will be used as a courtesy.
- 3.2 The race office is located on the second floor of the Chester Yacht Club.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 74.
- 3.4 [DP][NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4 [DP] CODE OF CONDUCT
- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 5 SIGNALS MADE ASHORE
- 5.1 Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 6 SCHEDULE OF EVENTS

6.1 The competitor's briefing shall occur at the Chester Yacht Club at 1030 on Wednesday, August 16th.

6.2

| Class / Fleet | Total Number of Races | Races Per Day |
|---------------|-----------------------|---------------|
| Bluenose | 12 | 3 |

- 6.3 The race committee may run one extra race on a day provided that it does not get more than one race ahead of schedule and does not exceed the number of total races scheduled for the event.
- 6.4 The scheduled time of the warning signal for the first race each day is 1300.
- 6.5 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.6 On the last scheduled day of racing no warning signal will be made after 1530.
- 7 CLASS FLAGS
- 7.1 The class flag will be the bluenose insignia on a flag.
- 8 RACING AREA
- 8.1 SI Addendum A shows the location of the racing area(s).
- 8.2 Racing areas will be assigned to fleets each morning and posted no later than 0930 on the official notice board.
- 9 COURSES
- 9.1 The Bluenose class will sail an LA2 course configuration. Addendum B, confirms the order in which marks are to be passed, and the side on which each mark is to be left.
- 10 MARKS
- 10.1 The starting mark shall be a race committee vessel.
- 10.2 Mark 1, a Yellow Tetrahedron

Mark 1a, a Yellow Tetrahedron

Marks 2s/2p, Yellow Tetrahedron(s)

- 10.3 New marks, as provided in SI 13, will be an Orange Tetrahedron.
- 10.4 The finishing mark shall be a race committee vessel or a Pink Tetrahedron.
- 11 OBSTRUCTIONS
- 11.1 Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. It is the responsibility of all competitors to familiarize themselves with the particular underwater

features of the area and maintain safe navigation at all times.

12 THE START

- 12.1 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and a staff displaying an orange flag on the port-end race committee vessel or the course side of the port end starting mark.
- 12.2 When RRS 29.1 applies if any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.4 The starting sequence will be postponed if the wind exceeds a 5-minute moving average of 18 knots.
- 13 CHANGE OF THE NEXT LEG OF THE COURSE
- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 13.2 If the new mark is used for the second rounding of Mark 1, there will be no offset mark 1a.
- 14 THE FINISH
- 14.1 The finish line will be between a staff displaying a blue flag on the Signal boat and a staff displaying an blue flag on the starboard-end race committee vessel or the course side of the starboard-end finishing mark.
- 15 PENALTY SYSTEM
- 15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, except that if the breach is within the zone or a judge signals a penalty identifying a boat, it shall be a Two-Turns Penalty.
- 15.2 Sail Canada Appendix U, Part A, Option 2 and Part B, Option 3. Please refer to Addendum C for additional information.
 - 15.2.1 A boat may protest another boat in accordance with RRS 61.1. However, if a judge signals a penalty as described in SI 15.2.2(a), the protesting boat shall remove her red flag and take no further action.
 - 15.2.2 Penalties initiated or signaled by the Judge
 - (a) When a judge decides that a boat has broken a rule of RRS Part 2, RRS 31, the judge will make one sound signal, display a red flag and identify the boat by hailing. The identified boat shall take a penalty by complying with SI 15.1. If the boat does

- not take a penalty, she shall be disqualified without a hearing. This changes RRS 63.1.
- (b) Any action or non-action by a judge under SI 15.2.2(a) shall not be grounds for a request for redress. Jury boats may be positioned anywhere in the course area and this positioning shall not be grounds for a request for redress. This changes RRS 62.1(a).

16 TIME LIMITS

16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

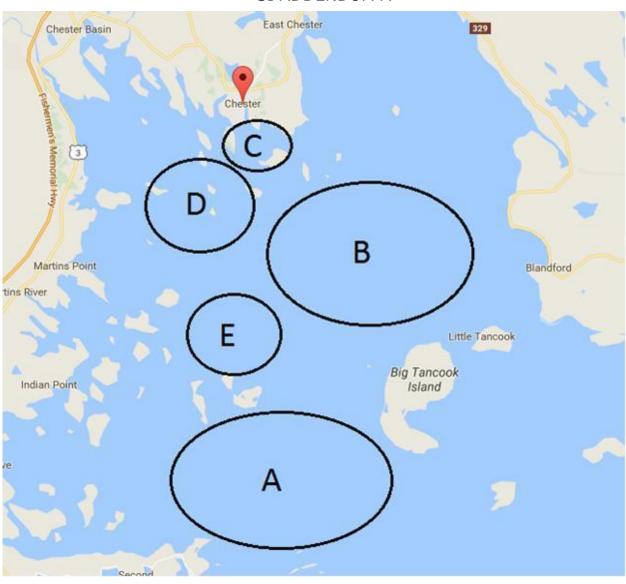
| Mark 1 Time | Race Time | Finishing | Target Time |
|-------------|-----------|------------|-------------|
| Limit | Limit | Window | |
| 30 minutes | 1.5 Hour | 20 minutes | 40 minutes |

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 17 HEARING REQUESTS
- 17.1 The protest time limit is 60 minutes after the Signal boat returns to her berth. The time will be posted on the official notice board.
- 17.2 Protest forms are available at the protest desk located on the second floor of the clubhouse. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the third floor of the Chester Yacht Club at the time posted on the official notice board.
- 18 SCORING
- 18.1 One (1) race is required to be completed to constitute a series.
- 18.2 (a) When fewer than 5 races have been completed, a boat's series score is the total of her race scores.
 - (b) When from 5 to 12 races have been completed, a boat's series score is the total of her race scores excluding her worst score.
- 19 [DP][NP] SAFETY REGULATIONS
- 19.1 Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.
- 19.2 A boat that retires from a race or leaves the course area shall notify the race committee at the first reasonable opportunity.

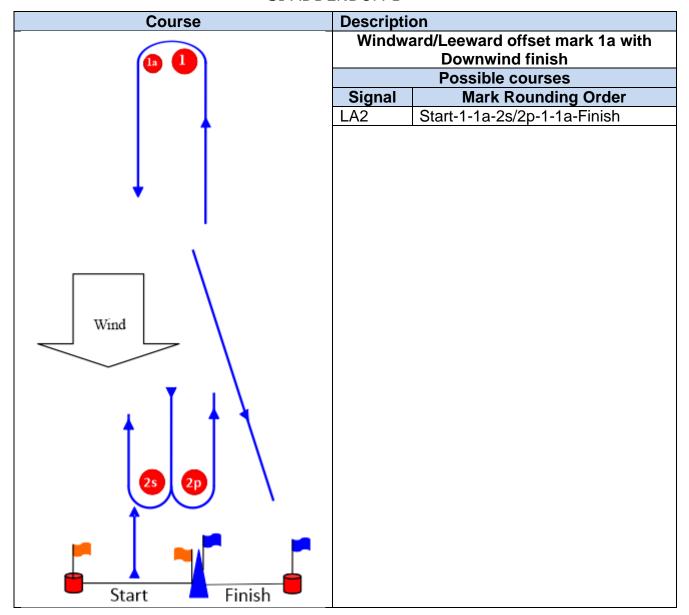
- 20 [DP] REPLACEMENT OF CREW OR EQUIPMENT
- 20.1 Substitution of competitors is allowed. Crew must be registered on Yacht Scoring for tracking purposes.
- 21 OFFICIAL VESSELS
- 21.1 Official vessels may be identified by an RC Flag.
- 22 TRASH DISPOSAL
- 22.1 Trash may be placed aboard official vessels.
- 23 [DP][NP] HAUL-OUT RESTRICTIONS
- 23.1 Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.
- 24 [DP][NP] DIVING EQUIPMENT AND PLASTIC POOLS
- 24.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.
- 24.2 Keelboats shall not be cleaned below the waterline by any means from the warning signal of the first race until the finish of the last race.
- 25 RISK STATEMENT
- 25.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

 Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 26 [NP] INSURANCE
- 26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent.

SI ADDENDUM A



SI ADDENDUM B



Addendum C

DIRECT JUDGING

All competitors are expected to adhere to the Basic Principle – "Sportsmanship and the Rules" set out in the Racing Rules of Sailing (RRS), that when a boat breaks a rule and is not exonerated, she will promptly take an appropriate penalty – whether protested or not.

These Sailing Instructions do not prevent a boat from protesting another boat, nor do they negate a competitor's responsibility to adhere to the Basic Principles.

These sailing instructions allow a judge to react if the judge witnesses a breach of a rule of RRS Part 2, RRS 31, or specific class rules (bowsprit extension, hiking limitations, for example), and depending on the sailing instruction option selected, to penalize a boat that has not complied with RRS 44.1 – Taking a Penalty.

Part A - Penalties (15.1)

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, except that if the breach is within the zone or a judge signals a penalty identifying a boat, it shall be a Two-Turns Penalty

Part B - Option 3 15.2 JUDGE ACTIONS ON THE WATER

15.2.1 Protests by a Boat

A boat may protest another boat in accordance with RRS 61.1. However, if a judge signals a penalty as described in SI 15.2.2(a), the protesting boat shall remove her red flag and take no further action.

15.2.2 Penalties initiated or signalled by the Judge

- (a) When a judge decides that a boat has broken a rule of RRS Part 2, RRS 31, the judge will make one sound signal, display a red flag and identify the boat by hailing. The identified boat shall take a penalty by complying with SI 15.1. If the boat does not take a penalty, she shall be disqualified without a hearing. This changes RRS 63.1.
- (b) Any action or non-action by a judge under SI 15.2.2(a) shall not be grounds for a request for redress. Jury boats may be positioned anywhere in the course area and this positioning shall not be grounds for a request for redress. This changes RRS 62.1(a).

SAILING INSTRUCTIONS (SIs)

PHRF-NS Inshore Course

Chester Race Week – August 16-19th, 2023

Organizing Authority: Chester Yacht Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The current PHRF-NS regulations as administered by Sail Nova Scotia will apply.
- 1.3 Sail Canada prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2022/06/sail_canada_prescriptions_2021_2024_14_03_2022.pdf
- 2 CHANGES TO SAILING INSTRUCTIONS
- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3 COMMUNICATIONS WITH COMPETITORS
- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice_board_summary.cfm?eid=15681. On a best effort basis, the club notice board will be used as a courtesy.
- 3.2 The race office is located on the second floor of the Chester Yacht Club.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 72.
- 3.4 [DP][NP]From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4 [DP] CODE OF CONDUCT
- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 5 SIGNALS MADE ASHORE
- 5.1 Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.

- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 6 SCHEDULE OF EVENTS
- 6.1 The competitor's briefing shall occur at the Chester Yacht Club at 0900 on Wednesday, August 16th.

6.2

| Class / Fleet | Total Number of Races | Races Per Day |
|------------------------|-----------------------|---------------|
| PHRF-NS Inshore fleets | 8 | 2 |

- 6.3 The race committee may run one extra race on a day provided that it does not get more than one race ahead of schedule and does not exceed the number of total races scheduled for the event.
- 6.4 The scheduled time of the warning signal for the first race each day is 1200.
- 6.5 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.6 On the last scheduled day of racing no warning signal will be made after 1530.
- 7 CLASS FLAGS
- 7.1 Class flags will be described in an official notice posted on the notice board no later than Tuesday, August 15th.
- 8 RACING AREA
- 8.1 SI Addendum A shows the location of the racing area(s).
- 8.2 Racing areas will be assigned to fleets each morning and posted no later than 0930 on the official notice board.
- 9 COURSES
- 9.1 If an L or LA course configuration is to be used, SI Addendum B shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 For 'round-the-buoys' races, the signal boat shall indicate the course to be sailed on a course board located on or near her stern. The course will use either marks as described on the Chester Yacht Club Course Card provided in the Addendum C, navigation buoys, or in some cases islands as found on CHS Charts 4381 and 4328. When a triangle with the letter 'Y' or 'O' inside of it appears on the official course board as a mark of the course, it shall indicate that the mark to be rounded is either a yellow (Y) or an orange (O) inflatable tetrahedron. All marks of the course will be followed by either the letter 'P' indicating that the mark shall be left to port, or 'S' indicating that the mark shall be left to starboard.

10 MARKS

- 10.1 PHRF-Inshore Racing classes, when racing an L or LA course configuration, will have the following Marks: Mark 1, a Yellow Tetrahedron; Mark 1a (if applicable) a small yellow tetrahedron; Marks 2s/2p: Yellow Tetrahedrons. New marks, as provided in SI 13.1 will be an Orange Tetrahedron.
- 10.2 For 'round-the-buoy' races marks may be moored navigational aids, moored club marks, laid inflatable marks or, in rare cases, islands as found on CHS Charts 4381 and 4328.
- 10.3 If a gate mark is missing for LA course configurations, the remaining mark shall be rounded to port.

11 OBSTRUCTIONS

11.1 Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. It is the responsibility of all competitors to familiarize themselves with the particular underwater features of the area and maintain safe navigation at all times.

12 THE START

- 12.1 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and a green tetrahedron on the port end.
- 12.2 When RRS 29.1 applies if any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 When using L or LA Course configurations, to change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 For LA Course configurations, if the new mark is used for the second or subsequent rounding of Mark 1, there will be no offset mark 1a.
- 13.3 To change the course for 'round-the-buoys' races, the Race Committee will signal the change accordingly and display the new course to be sailed on a white board located on the Race Committee vessel signalling the change. This changes RRS 33.

- 14 THE FINISH
- 14.1 The finish line will between a staff displaying a blue flag on the Signal boat and a Yellow Pin off the starboard side of the Signal boat.
- 15 TIME LIMITS
- 15.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

| | Mark 1 Time Limit | Race Time Limit | Finishing Window |
|-------------------|----------------------|--------------------|---------------------|
| L or LA Course | 40 minutes | 2.5 Hour | 20 minutes |
| configurations | | | |
| 'Round-the-Buoys' | | 5 hours | 1 hour |

- 15.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16 HEARING REQUESTS
- 16.1 The protest time limit is 60 minutes after the Signal boat returns to her berth. The time will be posted on the official notice board.
- 16.2 Protest forms are available at the protest desk located on the second floor of the clubhouse. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the third floor of the Chester Yacht Club at the time posted on the official notice board.
- 16.4 Notices of protests by the race committee, protest committee or technical committee will be posted to inform boats under RRS 61.1(b).
- 17 SCORING
- 17.1 One (1) race is required to be completed to constitute a series.
- 17.2 (a) When fewer than 5 races have been completed, a boat's series score is the total of her race scores.
 - (b) When from 5 to 8 races have been completed, a boat's series score is the total of her race scores excluding her worst score.
- 18 [DP][NP] SAFETY REGULATIONS
- 18.1 Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.
- 18.2 A boat that retires from a race or leaves the course shall notify the race

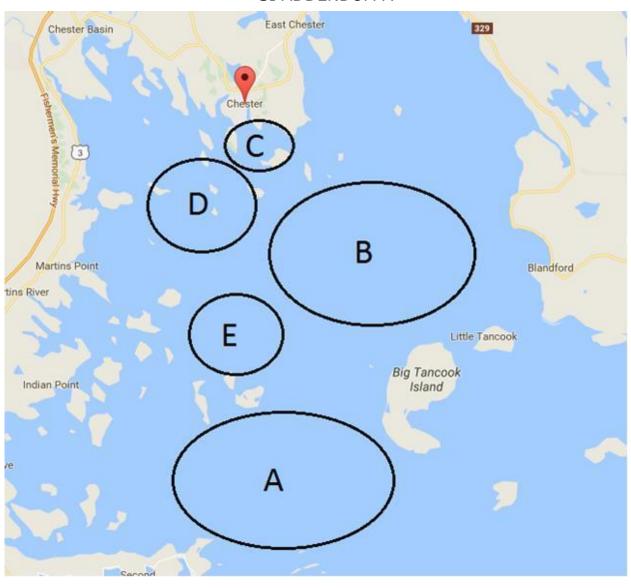
- committee at the first reasonable opportunity.
- 19 [DP] REPLACEMENT OF CREW OR EQUIPMENT
- 19.1 Substitution of competitors is allowed. Crew must be registered on Yacht Scoring for tracking purposes.
- 20 OFFICIAL VESSELS
- 20.1 Official vessels may be identified by an RC Flag.
- 21 TRASH DISPOSAL
- 21.1 Trash may be placed aboard official vessels.
- 22 [DP][NP] HAUL-OUT RESTRICTIONS
- 22.1 Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.
- 23 [DP][NP] DIVING EQUIPMENT AND PLASTIC POOLS
- 23.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.
- 23.2 Keelboats shall not be cleaned below the waterline by any means from the warning signal of the first race until the finish of the last race.
- 24 RISK STATEMENT
- 24.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

 Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or
- 25 [NP] INSURANCE

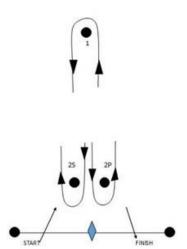
other causes.

25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent.

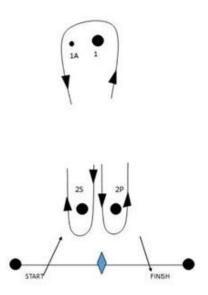
SI ADDENDUM A



SI ADDENDUM B

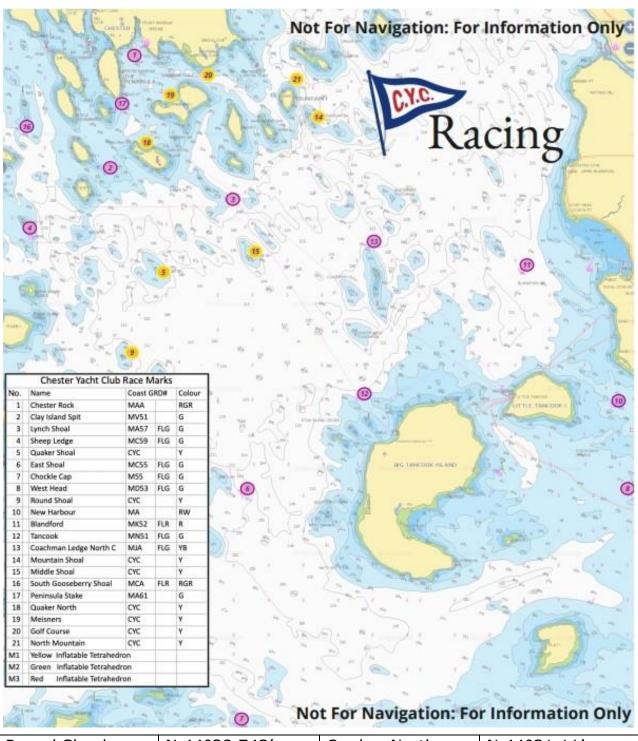


| Mark Rounding Order |
|--|
| Start - 1 - 2s/2p - 1 - Finish |
| Start - 1 - 2s/2p - 1 -2s/2p - 1 - Finish |
| Start - 1 - 2s/2p - 1 -2s/2p - 1 |
| |



| Finish | | |
|--------|--|--|
| Signal | Mark Rounding Order | |
| LA2 | Start - 1 - 1A- 2s/2p - 1 - 1A - Finish | |
| LA3 | Start - 1 - 1A- 2s/2p - 1 - 1A- 2s/2p - 1 - 1A - Finish | |
| LA4 | Start - 1 - 1A- 2s/2p -1 - 1A- 2s/2p - 1 - 1A- 2s/2p - 1 - 1A - Finish | |

SI ADDENDUM C



| Round Shoal | N 44°28.742′ | Quaker North | N 44°31.11′ |
|----------------|--------------|----------------|-------------|
| | W 64°14.516′ | | W 64°14.11′ |
| Quaker Shoal | N 44°29.728′ | Meisners | N 44°31.62′ |
| | W 64°13.981′ | | W 64°13.76′ |
| Middle Shoal | N 44°29.827′ | Golf Course | N 44°31.87′ |
| | W 64°12.491′ | | W 64°13.14′ |
| Mountain Shoal | N 44°31.21′ | Mountain Shoal | N 44°31.62′ |
| | W 64°11.491′ | | W 64°12.12′ |

SAILING INSTRUCTIONS (SIs) PHRF-NS Distance Course

Chester Race Week – August 16-19th, 2023 Organizing Authority: Chester Yacht Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

- 1 RULES
- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The current PHRF-NS regulations as administered by Sail Nova Scotia will apply.
- 1.3 Sail Canada prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2022/06/sail_canada_prescriptions_2021_2024_14_03_2022.pdf
- 2 CHANGES TO SAILING INSTRUCTIONS
- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3 COMMUNICATIONS WITH COMPETITORS
- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice_board_summary.cfm?eid=15681 On a best effort basis, the club notice board will be used as a courtesy.
- 3.2 The race office is located on the second floor of the Chester Yacht Club.
- 3.3 On the water, the race committee intends to communicate with competitors in the Distance 1, Distance 2 and Distance 3 classes via VHF radio channel 69. The race committee intends to communicate with competitors in the Distance 4 class via VHF channel 72.
- 3.4 [DP][NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4 [DP] CODE OF CONDUCT
- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 5 SIGNALS MADE ASHORE
- 5.1 Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.

- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 6 SCHEDULE OF EVENTS
- 6.1 The competitor's briefing shall occur at the Chester Yacht Club at 0900 on Wednesday, August 16th.

6.2

| Class / Fleet | Total Number of Races | Races Per Day |
|----------------------------|-----------------------|---------------|
| PHRF-NS Distance Course | 6 | Up to 2 |

- 6.3 The race committee may run one extra race on a day provided that it does not get more than one race ahead of schedule and does not exceed the number of total races scheduled for the event.
- 6.4 The scheduled time of the warning signal for the first race each day is 1200.
- 6.5 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.6 On the last scheduled day of racing no warning signal will be made after 1530.
- 7 CLASS FLAGS
- 7.1 Class flags will be described in an official notice posted on the notice board no later than Tuesday, August 15th.
- 8 RACING AREA
- 8.1 SI Addendum A shows the location of the racing area(s).
- 8.2 Racing areas will be assigned to classes and posted before 0930 on the day they will take effect.
- 9 COURSES
- 9.1 The signal boat shall indicate the course to be sailed on a course board located on or near her stern. The course will use either marks as described on the Chester Yacht Club Course Card provided in the Addendum B, navigation buoys, or in some cases islands as found on CHS Charts 4381 and 4328. When a triangle with the letter 'Y' or 'O' inside of it appears on the official course board as a mark of the course, it shall indicate that the mark to be rounded is either a yellow (Y) or an orange (O) inflatable tetrahedron. All marks of the course will be followed by either the letter 'P' indicating that the mark shall be left to port, or 'S' indicating that the mark shall be left to starboard.
- 10 MARKS
- 10.1 For 'round-the-buoy' races marks may be moored navigational aids,

moored club marks, laid inflatable marks or, in rare cases, islands as found on CHS Charts 4381 and 4328.

11 OBSTRUCTIONS

11.1 Mahone Bay and the surrounding waters have many dangerous areas which should be navigated with care. It is the responsibility of all competitors to familiarize themselves with the particular underwater features of the area and maintain safe navigation at all times.

12 THE START

- 12.1 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and a pink tetrahedron on the port end.
- 12.2 When RRS 29.1 applies if any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 13 CHANGE OF THE NEXT LEG OF THE COURSE
- 13.1 The Race Committee will signal the change accordingly and display the new course to be sailed on a white board located on the Race Committee vessel signalling the change. This changes RRS 33.
- 14 THE FINISH
- 14.1 The finish line will be between a staff displaying a blue flag on the Signal boat and a green tetrahedron off the starboard side of the Signal boat.
- 14.2 If the race committee determines that the finishing order of some boats in a race is unlikely to change, it may use reasonable discretion to score those boats still racing points equal to their position in the race. This changes RRS A3, A4, and A5.2
- 15 TIME LIMITS
- 15.1 Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

| Race Time | Finishing |
|-----------|-----------|
| Limit | Window |
| 5 Hours | 1.5 Hours |

- 16 HEARING REQUESTS
- 16.1 The protest time limit is 60 minutes after the Signal boat returns to her berth. The time will be posted on the official notice board.

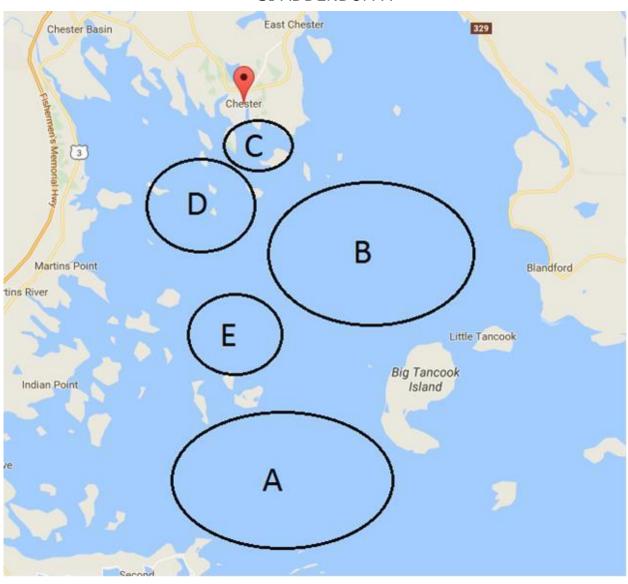
- 16.2 Protest forms are available at the protest desk located on the second floor of the clubhouse. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the third floor of the Chester Yacht Club at the time posted on the official notice board.
- 16.4 Notices of protests by the race committee, protest committee or technical committee will be posted to inform boats under RRS 61.1(b).
- 17 SCORING
- 17.1 A boat's series score will be the total of her race scores.
- 17.2 All corrected times will be rounded.
- 18 [DP][NP] SAFETY REGULATIONS
- 18.1 Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.
- 18.2 A boat that retires from a race or leaves the course area shall notify the race committee at the first reasonable opportunity.
- 19 [DP] REPLACEMENT OF CREW OR EQUIPMENT
- 19.1 Substitution of competitors is allowed. Crew must be registered on Yacht Scoring for tracking purposes.
- 20 OFFICIAL VESSELS
- 20.1 Official vessels may be identified with an RC Flag.
- 21 TRASH DISPOSAL
- 21.1 Trash may be placed aboard official vessels.
- 22 [DP][NP] HAUL-OUT RESTRICTIONS
- 22.1 Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee.
- 23 [DP][NP] DIVING EQUIPMENT AND PLASTIC POOLS
- 23.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.
- 23.2 Keelboats shall not be cleaned below the waterline by any means from the warning signal of the first race until the finish of the last race.
- 24 RISK STATEMENT
- 24.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds

and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

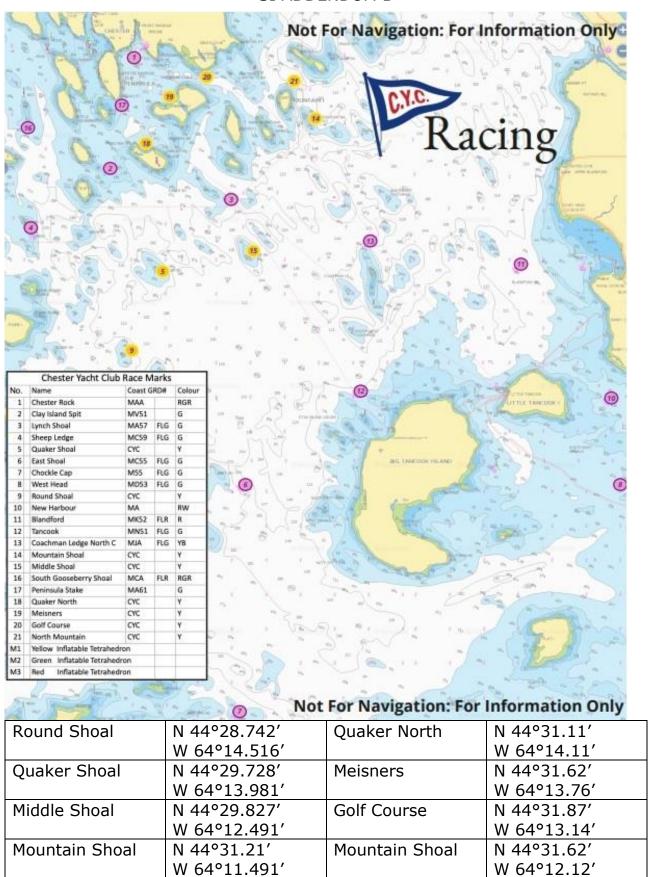
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

- 25 [NP] INSURANCE
- 25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent.

SI ADDENDUM A



SI ADDENDUM B



SAILING INSTRUCTIONS (SIs)

Classics Course

Chester Race Week – August 16-19th, 2023 Organizing Authority: Chester Yacht Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes

RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing
- 1.2 Sail Canada prescriptions can be found at https://www.sailing.ca/wp-content/uploads/2022/06/sail_canada_prescriptions_2021_2024_14_03_2022.pdf
- 1.3 The current PHRF-NS regulations as administered by Sail Nova Scotia will apply.
- 2 CHANGES TO SAILING INSTRUCTIONS
- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3 COMMUNICATIONS WITH COMPETITORS
- 3.1 Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice board summary.cfm?eid=15681
- 4 SIGNALS MADE ASHORE
- 4.1 Signals made ashore will be displayed at the Chester Yacht Club signal mast on the water side of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 5 SCHEDULE OF RACES
- 5.1 Racing will be held from Wednesday, August 16th through Saturday, August 19th, 2023.

5.2 Number of races:

| Class | Number | Races per day |
|----------|--------|---------------|
| Classics | 4 | 1 |

5.3 The scheduled time of the warning signal for the first race each day is.

| | Classics Racing Circle |
|----------|------------------------|
| All Days | 1215Hrs |

5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6 CLASS FLAGS

6.1 The Classics Class Flag will be a solid white flag.

7 THE COURSES

- 7.1 This event will use "pursuit" style races and timed starts. Each boat will be assigned a unique starting time based on its handicap rating. (GPS time will be used) Start times will be emailed to competitors and will be available at the registration desk or race committee boat via vhf channel 73.
- 7.2 The first Boat(s) in each class will be started as per Rule 26 with a 5-minute warning.
- 7.3 Start signals will be made from the Committee Boat.
- 7.4 Each subsequent start will be given a one minute warning by radio channel 73 and the start will be with a sound signal from the committee boat.
- 7.5 If a boat is over early, the individual recall flag will be flown and an attempt will be made to contact the boat. The over early boat should return to the start side of the line and start again. No other signals will be made.

8 MARKS

8.1 Marks will be moored navigational aids highlighted by the Course Card in Addendum A

9 AREAS THAT ARE OBSTRUCTIONS

9.1 Mahone Bay and the surrounding waters have many dangerous areas

which should be navigated with care. It is the responsibility of all competitors to familiarize themselves with the particular underwater features of the area and maintain safe navigation at all times.

10 Official Time

10.1 The Classics Fleet will use GPS time as read from the Race Committee Boat's GPS. There will be three radio time checks at 11:45, 12:00 and 12:10.

11 THE START

- 11.1 The starting area will be posted daily in an official notice no later than 0900 on the official notice board.
- 11.2The starting line will be between a staff displaying an Orange flag on the signal boat at the Starboard end of the start line and a yellow mark at the port end of the line.
- 11.3The classics race is a pursuit race with handicaps built into the start time of each boat. For each boat's start time, refer to the document provided at the registration desk on Tuesday, August 15th.

12 Shorten Course

12.1In the event of a shorten course, time allowances will need to be recalculated to the correct allowance for the length of the actual course sailed. This means that the final race results may not be the order that boats crossed the shortened course finish line.

13 THE FINISH

13.1 The finish line will be between a staff displaying a blue flag on the Signal boat and a yellow mark off the port side of the Signal boat.

14 TIME LIMITS AND TARGET TIMES

14.1 The time limit for all boats is 1800hrs. If no boats in the class sail the course and finish before 1800, all boats in that class will be scored DNF.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Protest desk located on the main floor of the clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 60 minutes after the Signal boat for that class has docked. Docking times are available at the Notice Board

- described in instruction 3.
- 15.3 Notices will be posted on the official notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located upstairs in the clubhouse, beginning at the time posted.
- 15.4 Notices of protests by the race committee, protest committee, or technical committee will be posted to inform boats under RRS 61.1(b).
- 15.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

- 16.1 One (1) race is required to be completed to constitute a series.
- 16.2A boat's series score will be the total of her race scores.

17 SAFETY REGULATIONS

- 17.1 Check-In: All vessels shall check in with the RC signal boat on their course before the first race of the day by sailing past the stern of the signal vessel on Starboard tack hailing her class, sail number and number of persons aboard.[DP] [NP]
- 17.2A boat that retires from a race shall notify the race committee as soon as possible by VHF or sailing past and hailing a committee boat for their course. [DP]
- 17.3 Medical evacuations from the course: the boat transporting a patient to shore shall proceed directly to the Government Wharf. This wharf is also known as the Tancook Ferry Wharf, located 12 Water Street, Chester.

18 OFFICIAL BOATS

18.1 Official boats may be marked with an RC flag.

19 SUPPORT BOATS

19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. [NP] [DP]

20 TRASH DISPOSAL

20.1 Trash may be placed aboard support or official boats. [NP]

21 HAUL-OUT RESTRICTIONS

21.1 Keelboats shall not be hauled out during the regatta except with, and according to the terms of, prior written permission of the race committee. [NP] [DP]

22 RADIO COMMUNICATION

- 22.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [NP] [DP]
- 22.2The Race Committee (RC) will use a VHF radio channel to broadcast to the fleet. Failure to make this broadcast or failure to hear the broadcast shall not constitute grounds for granting redress. This changes RRS 62.1.
- 22.3 The Race Committee with operate on VHF Channel 73

23 PRIZES

23.1 Prizes will be awarded as per the Notice of Race. At the discretion of the organizing authority, further prizes may be added at any time.

24 DISCLAIMER OF LIABILITY

24.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

25 INSURANCE

25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per incident or the equivalent.

Addendum A

