



**The Whalers Race**  
**New Bedford Yacht Club Regatta Association OA**  
**Dartmouth, MA**  
**September 16th, 2023**  
**Sailing Instructions**



The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

**1. RULES**

**1.1.** The event is governed by the rules as defined in the *Racing Rules of Sailing*.

**2. CHANGES TO SAILING INSTRUCTIONS**

**2.1.** Any changes to the Sailing Instructions will be posted before 0700 hours on Saturday, September 16, 2023.

**3. COMMUNICATIONS WITH COMPETITORS**

**3.1.** Notices to competitors will be posted at the official notice board located at the New Bedford Yacht Club.

**3.2.** On the water the race committee intends to use VHF channel 69 to communicate with competitors.

**3.3.** Each yacht shall monitor channel 16 throughout the race.

**3.4.** Prompt notice to the Race Committee is mandatory upon retiring. Notify the New Bedford Yacht Club by telephone (508) 997-0762 or VHF channel 68.

**4. SIGNALS MADE ASHORE**

**4.1.1.** Signals made ashore will be displayed on the NBYC flagpole indicating postponement or abandonment of the day's racing.

**4.1.2.** When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP.

**5. CODE OF CONDUCT**

**5.1.** [DP] Competitors and support persons shall comply with reasonable requests from race officials.

**6. SIGNALS MADE ASHORE**

**6.1.** Signals made ashore will be displayed by the flagpole located on the front lawn.

**6.2.** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes in race Signals AP.

**7. CLASS FLAGS**

**7.1.** Class 1 Multihull Code Flag 1

**7.2.** Class 2 PHRF Spinnaker Code Flag 2

**7.3.** Class 3 PHRF Non Spinnaker Code Flag 3

**7.4.** Class 4 Doublehanded Code Flag 4

**7.5.** Class 5 Under 25 fully crewed Code Flag 5

**8. RACING AREA**

- 8.1. Please be advised, there is a 5' depth (at mean low) rock approximately 100 yards NE of the AB buoy. Keep this mind while maneuvering in the starting area.

**8. COURSES**

**8.1. Long Course** - Distance is 103 nm

Start – RG “AB” Gong and Committee Boat

R “36” Bell - Sow and Pigs Reef southwest of Cuttyhunk Island, leave to port Virtual Mark located at N041°12'15" W070°50'

R “4” Whistle – 0.5 miles southwest of South West Point, Block Island, leave to starboard

G “1BI” Bell – north of Block Island, leave to starboard

Buzzards Horn - 3.7 miles southwest of Cuttyhunk Island, leave to port

G “7” Gong – Wilkes Ledge 2 miles southeast of Mishaum Point, leave to port RG “AB” Gong - 1.8 miles south southeast of Padanaram breakwater, leave to port NBYC Race Mark “A” – south of Padanaram breakwater, leave to starboard

**Short Course** – Distance 76nm

Start – RG “AB” Gong and Committee Boat

R “36” Bell - Sow and Pigs Reef southwest of Cuttyhunk Island, leave to port Virtual Mark located at N041°12'15" W070°50'

Narragansett Bay Entrance, Lighted whistle Buoy “NB”, leave to starboard Buzzards Horn - 3.7 miles southwest of Cuttyhunk Island, leave to port

G “7” Gong – Wilkes Ledge 2 miles southeast of Mishaum Point, leave to port RG “AB” Gong - 1.8 miles south southeast of Padanaram breakwater, leave to port NBYC Race Mark “A” – south of Padanaram breakwater, leave to starboard

**9. THE START**

9.1. Races will be started using RRS 26.

9.2. First warning signal 1100.

9.3. The starting line will be between the staff on the committee boat displaying an orange flag and the course side of Mark RG “AB” Gong approximately 2 miles south of the Padanaram breakwater

9.4. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

9.5. If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not

be grounds for a redress request. This changes RRS 62.1(a).

**9.6.** Classes will be started in the order shown in SI 6.1.

**9.7.** The Race Committee intends to conduct rolling starts if there are sufficient entries, but there can be delays that might prevent this. The Race Committee may also combine starts if the fleets are small. The class flag shall be hoisted at the warning signal for each class. Watch for your class flag.

## **10. THE FINISH**

**10.1.** The finish line will be a line bearing 230° from NBYC Race Mark "A". You are on the finish line when mark "A" bears 050°. Leave "A" to starboard when finishing.

**10.2.** If the finish boat is not on station all yachts shall take their own time using GPS time.

**10.3.** Yachts taking their own time must record it on the Certificate of Compliance and submit it to the New Bedford Yacht Club office by 0900, Sunday, September 17th or within one hour of finishing after 0800, Sunday, September 17th.

## **11. TIME LIMITS**

**11.1.** The time limit for all finishers is September 17th at 1300 hours.

## **12. HEARING REQUESTS**

**12.1.** The protest time limit is 60 minutes after the signal vessel docked. The time will be posted on the official notice board.

**12.2.** Hearing request forms will be made available at the NBYC Front Office.

**12.3.** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

## **13. SAFETY REGULATIONS**

**13.1.** [NP] A boat shall check in before her first race of each day by hailing the race committee signal vessel with her sail number and the number of souls on board. Check in is not permitted by VHF. A boat is not considered check-in until she receives an acknowledgement from the signal vessel. A boat failing to check in will receive a 20% scoring penalty as calculated in RRS 44.3.

**13.2.** [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity by VHF radio or hail.

**13.3.** Boats requiring emergency assistance shall first contact the US Coast Guard with the sail number, location, and nature of the emergency including description of any injuries and then the NBYC support vessel.

**13.4.** Boats requiring nonemergency assistance shall contact the NBYC support vessel.