



# *Larchmont Yacht Club*

## **ONE HUNDRED TWENTY-FIFTH RACE WEEK**

Friday, July 14, Saturday, July 15, Sunday, July 16, Saturday, July 22, Sunday, July 23, 2023

### **SAILING INSTRUCTIONS**

#### **Table of Contents**

	<b>Circle</b>	<b>Page</b>
Execution Rocks Race July 14		2
PHRF and Offshore One Design Racer-Cruisers and Non-Spinnaker Boats July 15, 16		7
One-Design classes: Viper 640, IOD, Shields, S Class or any other one- design class that qualifies, Including Ideal 18s (15 & 16 only) July 15, 16, 22, 23		12
Ideal 18s - As per the 2 <sup>nd</sup> Amendment to the Notice of Race, the Sailing Instructions will be YRA Mid Sound One Design Sailing Instructions with Amendments above July 15, 16		12
Team Race: z420s & Ideal 18s July 22, 23	Will be posted no later than 1800 Thurs July 13	



# *Larchmont Yacht Club*

(OA Organizing authority)

## THE ONE HUNDRED TWENTY-FIFTH RACE WEEK

Friday, July 14, 2023

### EXECUTION ROCKS RACE

For PHRF and Offshore One Design Racer-Cruisers and Non-Spinnaker Boats

### SAILING INSTRUCTIONS (SIs)

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

#### 1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The current PHRF Regulations as administered by the YRA of LIS will apply.
- 1.3 Boats shall observe the current US Sailing Special Equipment Requirements for Nearshore races. However section 2 and 3 shall not apply to boats not designed and equipped with: pulpits, stanchions, lifelines or self-bailing cockpits.
- 1.4 Appendix V, Alternative Penalties, will apply as changed below:  
A Post-Race Penalty taken before arbitration is a 20% Scoring Penalty calculated as stated in rule 44.3(c). Once arbitration begins, the Post-Race Penalty shall be 30%. However, rule 44.1(a) applies. This changes rule V2(b) and T1(b).
- 1.5 Appendix T, Arbitration, will apply as changed below:  
Rule T1(b) is changed as above in 1.3.  
After the last sentence of appendix T4, Arbitration Meeting Outcomes, add the following: If a protest hearing is held, the arbitrator will not be a member of the panel that hears the protest but will be permitted to observe the testimony presented and offer evidence. This changes rule T4 and rule 63.3(a).

#### 2 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted on the official notice board no later than 1500, Friday, July 14, 2023.

#### 3 COMMUNICATION

- 3.1 Notices to competitors will be posted on the official notice board located online at [https://yachtscoring.com/notice\\_board.cfm?eid=15729](https://yachtscoring.com/notice_board.cfm?eid=15729)
- 3.2 Each boat shall carry a VHF radio capable of communicating on VHF 73.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio.
- 3.4 [DP] While racing, From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole located on the front lawn.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signal AP. When flag AP over E is displayed, racing is postponed for the Cruising circle only.

#### 5 SCHEDULE OF EVENTS

Friday, July 14, 1830 First Warning

Awards ceremony following the completion of racing and sailors welcome ashore.

#### 6 CLASS FLAGS

- 6.1 The warning signal will be a solid green flag. Both spinnaker and non-spinnaker boats will start together.
- 6.2 Before the first warning each day, each boat shall check-in by sailing past the signal vessel, hailing her sail

number and receiving acknowledgement from the race committee. Radio check-ins will not be acknowledged.

## **7 RACING AREA**

The starting area will be off the Larchmont Breakwater

## **8 COURSES AND MARKS**

8.1 **Course 1 – Short Course** – from the start off Larchmont Harbor to green gong “23” off Prospect Point, to nun RG off the southwest end of Execution Rocks Shoal, then to the finish.

**Course 2 – Long Course** - from the start off Larchmont harbor to Green Gong “23” off Prospect Point, to Gong G1 off Hart Island, then to the finish.

8.2 All rounding marks shall be left to starboard. Hen & Chickens south Red #2 shall be observed. The race committee may reverse the course and have all round marks left to port by flying flag “R” before the warning and announcing the reversal on VHF 73.

## **9 MARKS**

Marks will be government buoys.

## **10 THE START**

10.1 Races will be started in accordance with RRS 26

10.2 The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of an orange MarkSetBot or an orange flagged buoy on the port end.

10.3 If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via VHF Channel 73. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

10.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **11 THE FINISH**

The finish line will be between a staff displaying a blue flag on the signal vessel and the course side of a blue flagged buoy on the starboard end

## **12 TIME LIMITS**

**Execution Rocks** The time limit for all boats to start, sail the course and finish is 2030.

## **13 HEARING REQUESTS**

13.1 The protest time limit is 60 minutes after the RC finish vessel personnel come ashore. All protest time limits will be posted on the official notice board.

13.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

13.3 Hearing requests such as protests and requests for redress may be filed electronically from the RRS App and emailed to [protestcommittee@larchmontyc.org](mailto:protestcommittee@larchmontyc.org) or in person with the Protest Secretary on the 2<sup>nd</sup> Floor of the main clubhouse. This changes RRS 61.3 and 62.2. All such requests shall be delivered within the appropriate time limit.

13.4 The official notice board will be on [https://yachtscoring.com/notice\\_board.cfm?eid=15729](https://yachtscoring.com/notice_board.cfm?eid=15729). Notice of hearings will be posted on the official notice board as soon as possible after the protest time limit has expired.

13.5 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).

13.6 Hearings will be conducted at Larchmont Yacht Club, 2<sup>nd</sup> Floor.

## **14 SCORING**

14.1 One completed race will constitute a series.

14.2 Time allowances will be computed using Time on Time for distance.

14.3 A boat’s series score will be the total of her race scores without exclusion.

14.4 Boats scored “TLE” will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.

## **15 SAFETY REGULATIONS**

- 15.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 15.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

**16 PRIZES**

- 16.1 Series prizes will be awarded for classes that qualify in NoR 4.1. Prizes will be awarded to first, second and third place boats.
- 16.2 A boat which sets a new elapsed time long course record in the Execution Rocks Race will receive a case of Mt. Gay Rum. The elapsed time record for the long course is 1:00:48, set by Sundari on July 21, 2019. The elapsed time record for the short course is 0:39:51 set by Christopher Dragon in 2017.
- 16.3 Prizes will be awarded following the completion of racing, Friday, July 14, on the front lawn

**17 RISK STATEMENT**

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the notice of race.

**FURTHER INFORMATION**

For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538  
Telephone: 914-834-2440. Email: [racecommittee@larchmontyc.org](mailto:racecommittee@larchmontyc.org) Website: [www.larchmontyc.org](http://www.larchmontyc.org).

Mark S. Dailey and Cynthia A. Parthemos- Regatta Committee Co-Chairmen  
Mark S. Dailey - Principal Race Officer  
J. Christopher Schoen and Andrew Weiss – Event Co-Chairmen  
Collamore Crocker - Protest Committee Chairman  
YRA of LIS Technical Committee

NOTES

Regulations for Ocean Dumping Sites are contained in 40 CFR, Parts 220-228. Additional information concerning the regulations and requirements for use of the sites may be obtained from the Environmental Protection Agency (EPA). See U.S. Coast Pilot's appendix for addresses of EPA offices. Dumping subsequent to the survey dates may have reduced the depths shown.

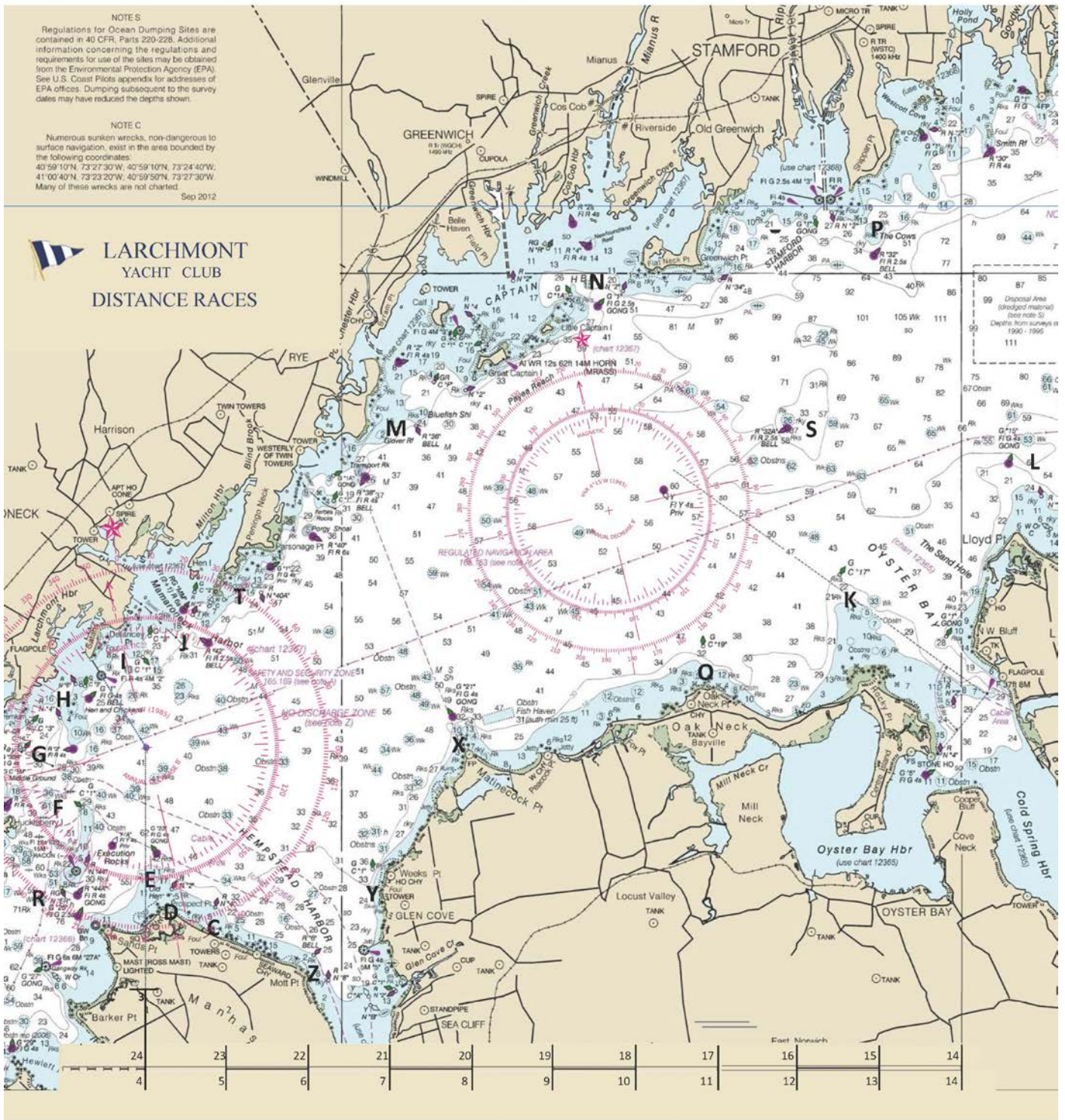
NOTE C

Numerous sunken wrecks, non-dangerous to surface navigation, exist in the area bounded by the following coordinates: 40°59'10"N, 73°27'30"W, 40°59'10"N, 73°24'40"W, 41°00'40"N, 73°23'20"W, 40°59'50"N, 73°27'30"W. Many of these wrecks are not charted.

Sep 2012



# LARCHMONT YACHT CLUB DISTANCE RACES



Addendum – List of Marks

Letter Code	Approximate Location	Description	LAT	LON
			(Degrees, decimal min.)	
H - hotel	Hen & Chickens	G "1" Fl G 4s BELL	40° 54.8'	73° 44.1'
G - golf	South of Hen & Chickens	R "2" Fl R 4s	40° 54.2'	73° 44.3'
F - foxtrot	North of Execution Rock	G C "1"	40° 53.5'	73° 44.2'
R – romeo	SW of Execution Rock	RG N	40° 52.5'	73° 44.6'
E - echo	Prospect Point	G "23" Fl G 4s GONG	40° 52.7'	73° 43.0'
D - delta	East of Prospect Point	R N "2"	40° 52.5'	73° 42.7'
C - charlie	East of Prospect Point	R N "4"	40° 52.2'	73° 42.0'
Z - zulu	Mott Point	R "6" Bell	40° 51.6'	73° 40.4'
Y - yankee	Off Weeks Point (Long Island)	G C "1"	40° 52.7'	73° 39.5'
X - xray	Matinecock Point	G "21" Fl G 4s GONG	40° 54.6'	73° 38.2'
O - oscar	Oak Neck Point	C "19" Green Can	40° 55.5'	73° 34.2'
K - kilo	Rocky Point	G C "17"	40° 56.3'	73° 31.9'
L - lima	Lloyd Point	G "15" Fl G 4s GONG	40° 57.7'	73° 29.3'
S - sierra	Mid Sound	R "32A" Fl R 2.5s Bell	40° 58.1'	73° 32.8'
P - papa	Cows	R "32" Fl R 6s Bell	41° 00.2'	73° 31.4'
N- november	Little Captains Island	G "1" Fl G 2.5s Gong	40° 59.6'	73° 35.8'
M - mike	Off Manursing Island	R "36" Bell	40° 58.1'	73° 38.8'
T - tango	Off Peningo Neck	R N "40A"	40° 56.1'	73° 41.3'
J - juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40° 55.5'	73° 42.2'
I - india	East of Larchmont Breakwater	G C "1"	40° 55.3'	73° 43.3'

Revised April 20, 2021



# *Larchmont Yacht Club*

(OA Organizing authority)

## THE ONE HUNDRED TWENTY-FIFTH RACE WEEK

Saturday, July 15, Sunday, July 16, 2023

### CRUISING BOATS

For PHRF and Offshore One Design Racer-Cruisers and Non-Spinnaker Boats

### SAILING INSTRUCTIONS (SIs)

**[DP]** The notation ‘[DP]’ in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

#### 1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The current PHRF Regulations as administered by the YRA of LIS will apply.
- 1.3 Boats shall observe the current US Sailing Special Equipment Requirements for Nearshore races. However, section 2 and 3 shall not apply to boats not designed and equipped with: pulpits, stanchions, lifelines or self-bailing cockpits.
- 1.4 Appendix V, Alternative Penalties, will apply as changed below:  
A Post-Race Penalty taken before arbitration is a 20% Scoring Penalty calculated as stated in rule 44.3(c). Once arbitration begins, the Post-Race Penalty shall be 30%. However, rule 44.1(a) applies. This changes rule V2(b) and T1(b).
- 1.5 Appendix T, Arbitration, will apply as changed below:  
Rule T1(b) is changed as above in 1.3.  
After the last sentence of appendix T4, Arbitration Meeting Outcomes, add the following: If a protest hearing is held, the arbitrator will not be a member of the panel that hears the protest but will be permitted to observe the testimony presented and offer evidence. This changes rule T4 and rule 63.3(a).

#### 2 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted on the official noticeboard no later than Saturday, July 15 at 0930.

#### 3 COMMUNICATION

- 3.1 Notices to competitors will be posted on the official notice board located online at [https://yachtscoring.com/notice\\_board.cfm?eid=15729](https://yachtscoring.com/notice_board.cfm?eid=15729)
- 3.2 Each boat shall carry a VHF radio capable of communicating on VHF 73.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio.
- 3.4 [DP] While racing, From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole located on the front lawn.
- 4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in Race Signal AP. When flag AP over E is displayed, racing is postponed for the Cruising circle only.

#### 5 SCHEDULE OF EVENTS

- 5.1 For The Navigator (Non-Spinnaker Pursuit Race), the first warning will be at **1100 or 1300**. Racing on both days will be a pursuit distance race around government marks.
- 5.2 For PHRF Spinnaker and One Design classes, the first warning signal will be at **1200 or 1400** each day. Classes may not be started as listed on the scratch sheet after the first race. Multiple races are scheduled each day at the discretion of the race committee.

## **6 CLASS FLAGS**

- 6.1 Class flags will be numeral pennants as posted on the scratch, no later than 1200, Friday, July 14, 2023.
- 6.2 Boats shall display the numeral pennant for their division approximately 6-8 feet up on the backstay or, if the boat has no backstay, the starboard shrouds.
- 6.3 Before the first warning each day, each boat shall check in by sailing past the signal vessel, hailing her sail number and receiving acknowledgement from the race committee. Radio check-ins will not be acknowledged.

## **7 RACING AREA**

The starting area will be in the waters East of Larchmont Harbor.

## **8 COURSES AND MARKS**

- 8.1 For PHRF Spinnaker and One Designs the courses will be windward-leeward with the leeward mark to weather of the starting line.
- 8.2 The signal vessel will display a course number on the course board no later than the warning signal.

Course:	Description:
2	Start - windward mark - finishing to leeward leaving the race committee boat to starboard.
3	Start – windward mark - leeward mark - finishing to windward leaving the race committee boat to starboard.
4	Start – windward mark - leeward mark - windward mark - finishing to leeward leaving the race committee boat to starboard.
5	Start – windward mark - leeward mark - windward mark - leeward mark - finishing to windward leaving the race committee boat to starboard.
- 8.3 Course lengths are at the discretion of the race committee.
- 8.4 Navigator Race – No later than the warning signal the race committee will announce the course to be sailed. See Addendum to this document for a list of marks and chartlet. The race committee may signal a mark “A”. If so, mark A will be a drop mark.

## **9 MARKS**

- 9.1 Original weather rounding mark will be an orange MarkSetBot or a yellow tetrahedron. All other rounding marks will be yellow tetrahedrons.
- 9.2 New marks, as provided in SI # 11, will be either an orange MarkSetBot or orange tetrahedrons.
- 9.3 Marks for the Navigator course will be government buoys with a provision for a tetrahedron for mark A

## **10 THE START**

- 10.1 Races will be started in accordance with RRS 26
- 10.2 The Navigator race will be a Pursuit Start. The start time scheduled for each boat will be posted by 1800 Friday July 15 online at [Yacht Score](#) and may also be posted on the [Larchmont Yacht Club website](#)
- 10.3 The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of an orange MarkSetBot or an orange flagged buoy on the port end.
- 10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.5 If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via VHF Channel 73. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for redress for request. This changes RRS 62.1(a).
- 10.6 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **11 CHANGE THE NEXT LEG OF THE COURSE**

- 11.1 For Windward/leeward courses - To change the next leg of the course, the race committee will move the MarkSetBot or lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be replaced by an original mark.
- 11.2 The RC may, without signal, move a mark to change the direction up to 10 degrees or the length of the leg, up to 10% of the previous length, provided that no boat is sailing to the mark. Changes will be announced via VHF. This changes RRS 33.

## **12 THE FINISH**

The finish line will be between a staff displaying a blue flag on the signal vessel and the course side of a blue flagged buoy on the starboard end.



### **13 TIME LIMITS**

- 13.1 For the **Navigator Race**, the time limit for the first boat to start, sail the course and finish is 1700.
- 13.2 **Windward/Leeward** course - time limit for the first boat in a division to start, sail the course and finish a race if the course is 6 miles or less will be 2 ½ hours.  
The time limit for the first boat in a division to start, sail the course and finish a race if the course is more than 6 miles will be 3 ½ hours.
- 13.3 Boats failing to finish within 45 minutes after the first boat in that division to start, sail the course and finish will be scored "TLE". This changes rule 35.

### **14 HEARING REQUESTS**

- 14.1 The protest time limit is 90 minutes after the last boat in a division finishes the last race of the day. All protest time limits will be posted on the official notice board.
- 14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.
- 14.3 Hearing requests such as protests and requests for redress may be filed electronically from the RRS App and emailed to [protestcommittee@larchmontyc.org](mailto:protestcommittee@larchmontyc.org) or in person with the Protest Secretary on the 2<sup>nd</sup> Floor of the main clubhouse. This changes RRS 61.3 and 62.2. All such requests shall be delivered within the appropriate time limit.
- 14.4 The official notice board will be on [https://yachtscoring.com/notice\\_board.cfm?eid=15729](https://yachtscoring.com/notice_board.cfm?eid=15729). Notice of hearings will be posted on the official notice board as soon as possible after the protest time limit has expired.
- 14.5 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).
- 14.6 Hearings will be conducted at Larchmont Yacht Club, 2<sup>nd</sup> Floor.

### **15 SCORING**

- 15.1 One completed race will constitute a series.
- 15.2 For PHRF Spin, time allowances will be computed using Time on Distance for W/L ratings.
- 15.3 For Navigator Race time allowances will be computed using Time on Time for Distance ratings.
- 15.4 A boat's series score will be the total of her race scores without exclusion.
- 15.5 Boats scored "TLE" will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.

### **16 SAFETY REGULATIONS**

- 16.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 16.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

### **17 PRIZES**

- 17.1 Series prizes first through third place will be awarded for classes that qualify in NoR 4.
- 17.2 Perpetual trophies will be awarded at the discretion of the race committee.
- 10.3 The Larchmont Race Week Club Champion Trophy will be awarded to the club with the top club team score.
- 10.4 This regatta is a qualifying event for the YRA Youth Challenge Cup, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.
- 10.5 Prizes will be awarded following the completion of racing, Sunday, July 23, on the front lawn.

### **18 RISK STATEMENT**

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the notice of race.

### **FURTHER INFORMATION**

For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538  
Telephone: 914-834-2440. Email: [racecommittee@larchmontyc.org](mailto:racecommittee@larchmontyc.org) Website: [www.larchmontyc.org](http://www.larchmontyc.org).  
Mark S. Dailey and Cynthia A, Parthemos – Regatta Committee Co-Chairman  
Mark S. Dailey - Principal Race Officer  
J. Christopher Schoen and Andrew Weiss - Event Co-Chairmen  
YRALIS – Technical Committee  
Collamore Crocker – Protest Committee Chairman

NOTES

Regulations for Ocean Dumping Sites are contained in 40 CFR, Parts 220-228. Additional information concerning the regulations and requirements for use of the sites may be obtained from the Environmental Protection Agency (EPA). See U.S. Coast Pilot's appendix for addresses of EPA offices. Dumping subsequent to the survey dates may have reduced the depths shown.

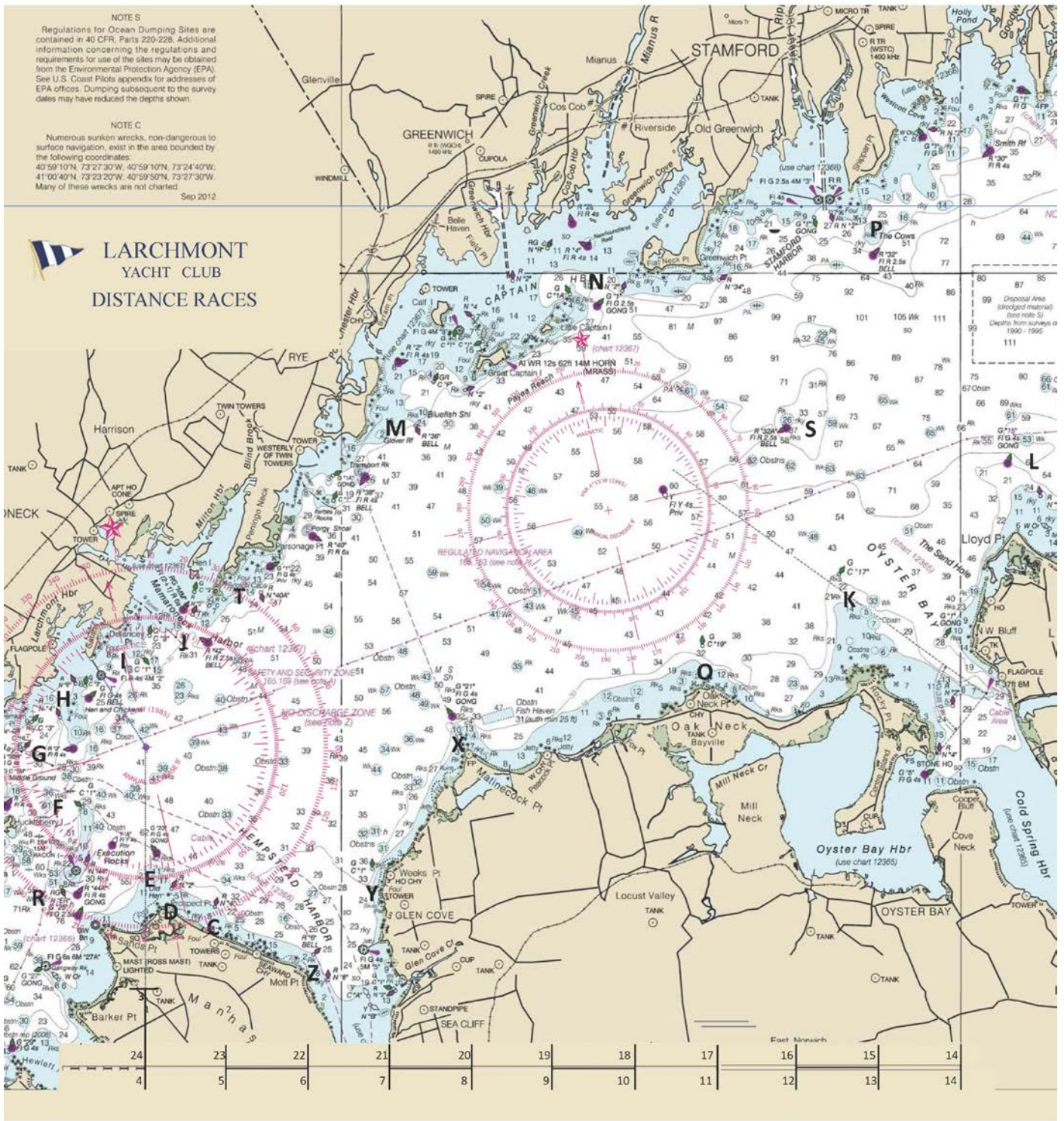
NOTE C

Numerous sunken wrecks, non-dangerous to surface navigation, exist in the area bounded by the following coordinates: 40°59'10"N, 73°27'30"W, 40°59'10"N, 73°24'40"W, 41°00'40"N, 73°23'20"W, 40°59'50"N, 73°27'30"W. Many of these wrecks are not charted.

Sep 2012



# LARCHMONT YACHT CLUB DISTANCE RACES



### Addendum – List of Marks

Letter Code	Approximate Location	Description	LAT	LON
			(Degrees, decimal min.)	
H - hotel	Hen & Chickens	G "1" Fl G 4s BELL	40° 54.8'	73° 44.1'
G - golf	South of Hen & Chickens	R "2" Fl R 4s	40° 54.2'	73° 44.3'
F - foxtrot	North of Execution Rock	G C "1"	40° 53.5'	73° 44.2'
R – romeo	SW of Execution Rock	RG N	40° 52.5'	73° 44.6'
E - echo	Prospect Point	G "23" Fl G 4s GONG	40° 52.7'	73° 43.0'
D - delta	East of Prospect Point	R N "2"	40° 52.5'	73° 42.7'
C - charlie	East of Prospect Point	R N "4"	40° 52.2'	73° 42.0'
Z - zulu	Mott Point	R "6" Bell	40° 51.6'	73° 40.4'
Y - yankee	Off Weeks Point (Long Island)	G C "1"	40° 52.7'	73° 39.5'
X - xray	Matinecock Point	G "21" Fl G 4s GONG	40° 54.6'	73° 38.2'
O - oscar	Oak Neck Point	C "19" Green Can	40° 55.5'	73° 34.2'
K - kilo	Rocky Point	G C "17"	40° 56.3'	73° 31.9'
L - lima	Lloyd Point	G "15" Fl G 4s GONG	40° 57.7'	73° 29.3'
S - sierra	Mid Sound	R "32A" Fl R 2.5s Bell	40° 58.1'	73° 32.8'
P - papa	Cows	R "32" Fl R 6s Bell	41° 00.2'	73° 31.4'
N- november	Little Captains Island	G "1" Fl G 2.5s Gong	40° 59.6'	73° 35.8'
M - mike	Off Manursing Island	R "36" Bell	40° 58.1'	73° 38.8'
T - tango	Off Peningo Neck	R N "40A"	40° 56.1'	73° 41.3'
J - juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40° 55.5'	73° 42.2'
I - india	East of Larchmont Breakwater	G C "1"	40° 55.3'	73° 43.3'

Revised April 20, 2021



# YACHT RACING ASSOCIATION OF LONG ISLAND SOUND

## 2023 Mid-Sound One Design

### SAILING INSTRUCTIONS (SIs)

[NP] The notation '[NP]' in a *rule* means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

#### 1 RULES

- 1.1 The Mid-Sound One-Design series will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Appendix V ALTERNATIVE PENALTIES will apply.
- 1.3 Add new rule 1.x: The current version of Development Rule DR22-01 Rule 18, The Preamble to Section C, and Mark-Room shall apply. See Addendum X.

#### 2 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted no later 1800 on the day before they take effect on the YRA Mid Sound Google Group page. Oral changes may be made on the water via VHF radio and acknowledged by each participant.

#### 3 COMMUNICATION

- 3.1 Notices to competitors will be posted to the google group page <https://groups.google.com/g/yra-mid-sound-one-design> and may be posted on the notice board of the host club.
- 3.1 Each boat shall carry a VHF radio capable of communicating on VHF 78A
- 3.2 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio.
- 3.3 [DP] While racing, From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the host club flagpole and posted to the google group page.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in Race Signal AP.

#### 5 SCHEDULE OF EVENTS

- 5.1 Two or more races may be held each day depending on conditions. First Warning signal is 1425. To celebrate Summer Solstice June 24 will have a later start tbd. (Special Events may have different times posted in their Notice of Race.)
- 5.2 Series and Special Events will be held on the following dates:

Date	Event/Race Committee	Date	Event/Race Committee
28 - May	*Memorial Day (LYC)	5 & 6 Aug	YRA Championships (AYC)
3 - June	S Class	13-Aug	Shields
10-June	Larchmont YC	19-Aug	~ No racing ~
17-June	Shields	26-Aug	~ No racing ~
24-June	Vipers	2-Sep	**Larchmont YC – Distance Race
1-July	*Independence Day (AYC)	9-Sep	~ No racing ~
8 - July	Larchmont YC	16 - Sep	Internationals
15 & 16 - July	*Larchmont Race Week	23-Sep	S-Class
22 & 23 July	*Larchmont Race Week	30 - Sep	Viper
29 - July	~ No racing ~		

\*Special Events: a separate Notice of Race and Entry for the Memorial Day, Independence Day, Race Week and YRA Champs are required for these events along with Amendments to the Sailing Instructions.

\*\* Special Amendment to the Sailing Instructions for the Distance Race will be issued.

#### 6 CLASS FLAGS

Class flags will be numeral pennants. Class insignias may be substituted.



1) Viper 640



2) IOD



3) Shields



4) S Class



6) Other

#### 7 RACING AREA

The starting area will be in the vicinity mid-way between Larchmont and American Yacht Clubs

## 8 COURSES

- 8.1 Courses will be windward-leeward or triangle, windward leeward.
- 8.2 The signal vessel will display the course number, approximate compass bearing and the distance on the course board no later than the warning signal.
- 8.3 The race committee may elect to give some classes a substantially shorter windward leg than is posted for the other classes. If it does so, it will announce its intentions on VHF channel 78A and will post the number "0" on the signal board next to that Class signifying a shorter windward leg for those classes.

**SAMPLE COURSE BOARD** (showing a course of 210 degrees, 1.0 nm to the windward mark and course 40 for Div. 1-4 and course -4 for Div. 5-6 the race:

Bearing	Range	Division	Course
210	1.	1-4	4 0
	0	5-6	- 4

If the course is the same for the succeeding class or classes, their course will be left blank.

- 8.4 Course will be designated as follows:
- 2 – windward,(offset), finish to leeward
  - 3 - windward,(offset), leeward mark **or gate**, finish to windward
  - 4 - windward, (offset), leeward mark **or gate**, windward, finish to leeward
  - 5 - windward, (offset), leeward mark **or gate**, windward, leeward mark **or gate**, finish to windward
  - 6 -triangle, windward, finish to leeward.
- The course number followed by 0 indicates a windward offset mark. i.e. 40 signals course 4 with an offset mark.
- All marks shall be left to port, except if a leeward gate is set.
- 8.5 Course lengths are at the discretion of the race committee.

## 9 MARKS

- 9.1 Original rounding marks will be orange tetrahedrons
- 9.2 New marks, as provided in SI # 12, will be yellow tetrahedrons
- 9.3 If the race committee elects to give one or more classes a shorter windward leg, it will signal it with a "-" (minus) before the course number. The windward mark will be a white inflatable for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.
- 9.4 The offset mark, if used, will be a round orange inflatable

## 10 THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the signal vessel and a staff displaying an orange flag on the port end.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via the official vhf channel. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 10.4 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 10.5 Any re-commencement of the starting sequence will be preceded by repetitive sounds and an announcement on Ch 78A approx. 1 minute prior to the warning signal. Boats are reminded to stay within range of the starting area
- 10.6 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, an announcement will be made prior to the attention signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts. If so, an announcement will be made prior to the warning signal. Classes will be scored separately.
- 10.7 There will be no "Blank Starts" for classes that opt not to race on an individual day. The First Warning Signal will be made at the scheduled time for any class in the starting area and need not be in order. If so, an announcement will be made prior to the warning signal.

## 11 CHANGE THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be the

replaced by an original mark.

## **12 THE FINISH**

- 12.1 The finish line will be between a staff displaying a blue flag on the signal vessel and the course side of a blue flagged buoy on the opposite end.
- 12.2 For a windward finish the finish line will be between the windward mark and yellow flag on the race committee vessel to starboard.
- 12.3 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.
- 12.4 Flag A displayed with no sound while boats are finishing means “No more racing today”.

## **13 TIME LIMITS**

- 13.1 The time limit for the first boat in each division to start, sail the course and finish is 2 ½ hours.
- 13.2 Boats failing to finish within 30 minutes after the first boat in that division has started, sailed the course and finished will be scored “TLE”. This changes rule 35.

## **14 HEARING REQUESTS**

- 14.1 For all races days, other than special events, written protests and requests for redress shall be emailed to the YRA office at [office@yralis.org](mailto:office@yralis.org), no later than the 1<sup>st</sup> business day following the race. These hearings will be heard on the following Thurs at a time and place that all parties agree
- 14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

## **15 SCORING**

- 15.1 For daily scores, the low point scoring system of Appendix A will apply with multiple races scheduled A boats daily score will be the total of her race scores without exclusion.
- 15.2 Boats scored “TLE” will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.
- 15.4 For season scoring, fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.
- 15.5 All scores shall be submitted to the YRA Office following the completion of racing. Scores shall be emailed to [scores@yralis.org](mailto:scores@yralis.org) and [dougmillar567@gmail.com](mailto:dougmillar567@gmail.com)

## **16 SAFETY REGULATIONS**

- 16.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 16.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.
- 16.3 [DP] All boats and support vessels shall comply with RRS 37 when flag V (white rectangle with red X) is displayed with 1 sound.
- 16.4 All boats are reminded of the Preamble to Part 2 When Boats Meet regarding boats sailing under these rules and a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS).

## **17 SUPPORT BOATS**

- 17.1 Instructors, coaches, spectators and other support boats shall stay outside areas where boats are racing from the time of warning signal for the first class to start until all boats have finished or retired or the race committee signals postponement or abandonment. Coaching is not permitted after a general recall. All support boats shall stay at least 100 yards away from any racing boat and from the starting and finishing area and shall move slowly and with minimal wake
- 17.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel will be 78a

## **18 TRASH DISPOSAL**

Trash may be placed aboard official or support person vessels.

## **19 PRIZES**

- 19.1 YRA of LIS Season prizes will be awarded on Dec 3rd at the YRALIS Annual Meeting to each qualifying helmsman placing first in a recognized YRA Fleet as per the YRA One Design Championship Rules.
- 19.2 This series is a qualifier for the Cow Bay Perpetual Trophy and the Russell J. Nall Memorial Trophy Prizes and other series prizes as defined in the YRA of LIS Racing Program.

## **23 RISK STATEMENT**

Competitors are reminded of the Risk Statement to which they agreed in the Notice of Race

### Further Information

For further information, please contact: **YRA of LIS One Design Committee**  
Mid Sound Rep – Doug Millar – dougmillar567@gmail.com

#### AYC Race Committee

Barry Gold / Andy Giglia  
914-833-9158 / 203-761-0574  
AYCRC@AmericanYC.org

#### LYC Race Committee

Mark Dailey / Cynthia Parthemos  
203-722-3366 / 914-522-8196  
RaceCommittee@LarchmontYC.org

#### Vipers 640

Patrick Slattery & Cardwell Potts  
jpatrickslattery@gmail.com  
cardwell.potts@gmail.com

#### Shields

Doug Millar  
917-673-6321  
Dougmillar567@gmail.com

#### International One Design

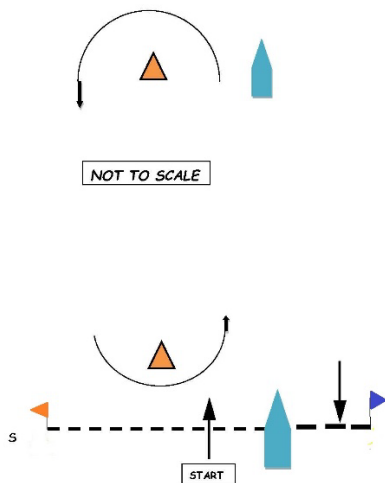
Jennifer Miller  
914-262-2749  
jenniferdru@msn.com

#### Herreshoff S-Class

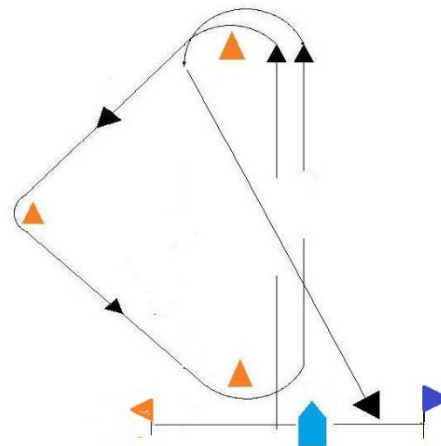
Bob Mehlich  
(914) 589-7984  
RMehlich@MehlichAssoc.com

**COURSE DIAGRAMS – the leeward mark may or may not be a gate (Schematic – not to scale)**

WINDWARD-LEEWARD COURSE DIAGRAM



**Triangle - Windward - Leeward**



## WORLD SAILING DEVELOPMENT RULES

### **DR22-01 Rule 18, the preamble to Section C, and Mark-Room**

*Under Regulation 28.1.5(b), World Sailing has approved the use of these rules to determine if rule 18, the preamble to Section C, and the definition Mark-Room can be improved. When used, all the rules outlined below shall be adopted without any change.*

*These development rules shall not be used at an event where the marks being used are also used by events who are not using these development rules.*

*Races may be sailed under these rules only if the notice of race so states, with reference to the relevant version of these development rules, and that the rules are made available to all competitors.*

*These rules may be invoked by a NoR rule: “The current version of Development Rule DR22- 01 Rule 18, the preamble to Section C, and Mark-Room shall apply. See Addendum X.”*

*If the NoR has already been published, an amendment to the NoR must be published stating: “Amendment to the NoR. Add new rule 1.x: ‘The current version of Development Rule DR22- 01 Rule 18, the preamble to Section C, and Mark-Room shall apply. See Addendum X.’”*

*The rules shall be published as an attachment to the event NoR, or a description of where to find the rules shall be included.*

*Feedback in the form of a report to World Sailing is required, and suggestions for improvement shall be sent to [rules@sailing.org](mailto:rules@sailing.org) within one month of the completion of any event adopting these rules.*

***When DR22-01 is used, this paragraph and the paragraphs above should be deleted.***

### **Addendum X to the Notice of Race**

#### **DR22-01 Rule 18, the preamble to Section C, and Mark-Room**

*This Development Rule has been approved by World Sailing in accordance with Regulation 28.1.5(b) and shall be published as part of the NoR.*

***Version: April 2022***

#### **Definition *Mark-Room***

*Room for a boat to sail her proper course to round or pass the mark, and room to pass a finishing mark after finishing.*

#### **Preamble to Section C**

*Section C rules do not apply between boats at a starting mark surrounded by navigable water or at its anchor line from their preparatory signal until they have started and left them astern.*

### **DR22-01 Rule 18, the preamble to Section C, and Mark-Room**

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## **18 MARK-ROOM**

### **18.1 When Rule 18 Applies**

- (a) Rule 18 applies between boats when they are required to leave a mark on the same side and at least one of them is in the zone. However, it does not apply
  - (1) between boats on opposite tacks on a beat to windward or when the proper course at the mark for one but not both of them is to tack,
  - (2) between a boat approaching a mark and one leaving it, or
  - (3) if the mark is a continuing obstruction, in which case rule 19 applies.
- (b) Rule 18 no longer applies between boats when the boat entitled to mark-room has left the mark astern and is on a course to begin sailing the next leg, or is no longer racing.

### **18.2 Giving Mark-Room**



- (a) ) When the first of two boats reaches the *zone*,
  - (1) if the boats are *overlapped*, the outside boat at that moment shall give the inside boat *mark-room*.
  - (2) if the boats are not *overlapped*, the boat that has not reached the *zone* at that moment shall give the other boat *mark-room*.
- (b) When a boat is required to give *mark-room* by rule 18.2(a), she shall continue to do so even if later an *overlap* is broken or a new *overlap* begins.
- (c) If there is reasonable doubt that a boat obtained or broke an *overlap* before the first of two boats reached the *zone*, it shall be presumed that she did not.
- (d) Rule 18.2(a) no longer applies if the boat entitled to *mark-room* passes head to wind or leaves the *zone*.
- (e) When rule 18.2(a) does not apply and the boats are *overlapped*, the outside boat shall give the inside boat *mark-room*.

### **18.3 Tacking in the Zone**

If a boat has passed head to wind in the *zone* and another boat was *fetching* the *mark* at that time,

- (a) rule 18.2 does not apply between them, and
- (b) at a *mark* to be left to port, if the other boat has been on *starboard tack* since entering the *zone*, the boat that tacked shall
  - (1) not cause the other boat to sail above close-hauled to avoid contact, and
  - (2) give *mark-room* if the other boat becomes *overlapped* inside her.

### **18.4 Gybing in the Zone**

When an inside *overlapped* boat must gybe at a *mark* to sail her *proper course*, she shall not sail farther from the *mark* than needed to sail her *proper course* if this affects the choice of course of an outside boat.



# LARCHMONT YACHT CLUB

## ONE HUNDRED TWENTY-FIFTH RACE WEEK

Saturday, July 15, Sunday, July 16, Saturday, July 22 Sunday, July 23, 2023

### ONE-DESIGN CLASSES

Including the  
Shields Long Island Sound District Championship  
Saturday, July 22, Sunday, July 23, 2023

### 1<sup>st</sup> Amendment to the YRALIS Mid Sound One Design SAILING INSTRUCTIONS

#### **1 RULES is replaced with**

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Appendix V, Alternative Penalties, will apply as changed below:  
A Post-Race Penalty taken before arbitration is a 20% Scoring Penalty calculated as stated in rule 44.3(c). Once arbitration begins, the Post-Race Penalty shall be 30%. However, rule 44.1(a) applies. This changes rule V2(b) and T1(b).
- 1.3 Appendix T, Arbitration, will apply as changed below:  
Rule T1(b) is changed as above in 1.2.  
After the last sentence of appendix T4, Arbitration Meeting Outcomes, add the following: If a protest hearing is held, the arbitrator will not be a member of the panel that hears the protest but will be permitted to observe the testimony presented and offer evidence. This changes rule T4 and rule 63.3(a).

#### **2 CHANGES TO THE SAILING INSTRUCTIONS – is replaced with**

- 2.1 Changes to the Sailing Instructions will be posted on the official notice board on [Yacht Score](#).
- 2.2 Any changes will be posted by 1000 on the day they take effect except any changes to the schedule will be posted no later than 1800 on the day before they take effect.
- 2.3 Courtesy announcements may also be made prior to the first warning signal.

#### **3 COMMUNICATION**

- 3.1 Is replaced with:  
Notices to competitors will be posted the Official Notice Board (ONB) online at [https://yachtscoring.com/notice\\_board\\_summary.cfm?eid=15729](https://yachtscoring.com/notice_board_summary.cfm?eid=15729)

#### **4 SIGNALS MADE ASHORE is replaced with:**

- 4.1 Signals made ashore will be displayed from the flagpole located on the front lawn.
- 4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 45 minutes” in Race Signal AP.  
When flag AP over W is displayed, the postponement is for the One Design circle only.

#### **5 SCHEDULE OF RACES is replaced with:**

No later than 1100 each day, the race committee will announce via Yacht Scoring, the scheduled first warning of either 1225 or 1425.

#### **9 MARKS is replaced with**

- 9.1 Original weather rounding mark will be an orange Marksetbot or an orange tetrahedron. All other rounding marks will be orange tetrahedrons.
- 9.2 New marks, as provided in SI # 11, will be either an orange Marksetbot or yellow tetrahedrons.

- 9.3 If the race committee elects to give one or more classes a shorter windward leg, it will signal it with a “-“ (minus) before the course number. The windward mark will be a white inflatable for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.
- 9.4 The offset mark, if used, will be a round orange inflatable.

## **10 THE START**

10.1 Is replaced with:

The starting line will be between staff displaying an orange flag on the signal vessel and the course side of an orange MarkSetBot or a staff displaying an orange flag on the port end.

## **11 CHANGE THE NEXT LEG OF THE COURSE is replaced with:**

11.1 To change the next leg of the course, the race committee will either move the MarkSetBot or lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be replaced by an original mark.

11.2 The RC may, without signal, move a mark to change the direction up to 10 degrees or the length of the leg, up to 10% of the previous length, provided that no boat is sailing to the mark. Changes will be announced via VHF. This changes RRS 33.

## **14 HEARING REQUESTS is replaced with**

14.1 The protest time limit is 90 minutes after the last boat in a division finishes the last race of the day. All protest time limits will be posted on the official notice board.

14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

14.3 Hearing requests such as protests and requests for redress may be filed electronically from the RRS App and emailed to [protestcommittee@larchmontyc.org](mailto:protestcommittee@larchmontyc.org) or in person with the Protest Secretary on the 2<sup>nd</sup> Floor of the main clubhouse. This changes RRS 61.3 and 62.2. All such requests shall be delivered within the appropriate time limit.

14.4 The official notice board will be on [https://yachtscoring.com/notice\\_board.cfm?eid=15729](https://yachtscoring.com/notice_board.cfm?eid=15729). Notice of hearings will be posted on the official notice board as soon as possible after the protest time limit has expired.

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14.6 Hearings will be conducted at Larchmont Yacht Club, 2<sup>nd</sup> Floor.

## **15 SCORING - is replaced with**

15.1 One completed race constitutes a series. If fewer than five races are completed a boat's series score will be the total of her race scores. If five or more races are completed a boat's series score will be the total of her race scores excluding her worst score.

15.2 A boat scored Time Limit Expired (TLE) will be given two points more than the number of finishers except that she shall not be scored worse than DNF.

## **19 PRIZES – is replaced with**

19.1 For classes that have three competitors or more, first, second and third place series prizes and perpetual prizes will be awarded on the front lawn, following the completion of racing, Sunday, July 23, 2023.

19.2 Perpetual trophies will be awarded at the discretion of the race committee.

## **FURTHER INFORMATION**

Please contact the Larchmont Yacht Club, 1 Woodbine Avenue, Larchmont, New York 10538.

Telephone: 914-834-2440 Website: [www.larchmontyc.org](http://www.larchmontyc.org) Email: [racecommittee@larchmontyc.org](mailto:racecommittee@larchmontyc.org)

J. Christopher Schoen and Andrew Weiss – Event Co-Chairmen  
Mark S. Dailey and Cynthia A. Parthemos - Regatta Committee Co-Chairmen  
Cynthia Parthemos – Event Principal Race Officer  
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