



IC37 National Championship

Newport, Rhode Island

July 14-16, 2023

SAILING INSTRUCTIONS

1 RULES

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 The International IC37 Class Association (IC37CA) rules shall apply except as changed in the Notice of Race (NOR).
- 1.3 All competing boats shall carry a handheld VHF radio for safety purposes and race committee communication.
- 1.4 If there is a conflict between rules or regulations, other than RRS, the sailing instructions will prevail. This changes RRS 63.7.
- 1.5 The US Sailing prescription to rule 63.2 is deleted.
- 1.6 In accordance with IMIC37 CR H3.2, this event is classified as an A Regatta.

2 COMMUNICATION: NOTICES, ANNOUNCEMENTS, VHF CHANNELS

- 2.1 Notices to competitors will be posted on the Official Notice Board located at the New York Yacht Club Sailing Center and may also be posted on the event website at <https://nyyc.org/2023-ic37-national-championship>.
- 2.2 Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.
- 2.3 In addition to the signals made in SI 3.3, the Race Committee will confirm the rendezvous location as described in SI 6 at 0900 over VHF Channel 72. The failure to make this announcement or for a boat to hear this announcement will not be grounds for a boat to request redress. This changes RRS 62.1(a).

3 SIGNALS MADE ASHORE

- 3.1 Flag signals will be flown from the western yardarm of the flagpole at Harbour Court.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in race signal AP. This changes RRS Race Signals.
- 3.3 Signals designating the rendezvous location will be displayed at 0900 each race day from the flagpole at Harbour Court.

4 SCHEDULE OF EVENTS

4.1	Date	Time	Event
	Tuesday, July 11	0800-1200	Measurement (scheduled individually with class measurer)
	Wednesday, July 12	0800-1200	Measurement (scheduled individually with class measurer)
		1400-2030	Crew Weigh-ins (NYYC Sailing Center)
	Thursday, July 13	0800-1100	Crew Weigh-ins (NYYC Sailing Center)
		0900-1730	Registration at NYYC Sailing Center
		1600-2030	Crew Weigh-ins (NYYC Sailing Center)
	Friday, July 14	0800-0900	Late Registration and Crew Weigh-ins (NYYC Sailing Center)
		1100	First Warning Signal
	Saturday, July 15	0800-0900	Crew Weigh-ins (NYYC Sailing Center; crew changes only)
		1100	First Warning Signal
		After Racing	Cocktails and Regatta BBQ (RSVP required)

Sunday, July 16 0800-0900 Crew Weigh-ins (NYYC Sailing Center; crew changes only)
 1100 First Warning Signal
 After Racing Prize Giving at NYYC

- 4.2 When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable.
- 4.3 On the final day of the regatta, the initial warning signal for the final race will not be made after 1500 hours.

5 CLASS FLAG AND CIRCLE ASSIGNMENT

- 5.1 The class flag will be a white flag with the IC37 logo.
- 5.2 The IC37 National Championship fleet will sail on the White Circle.

6 RENDEZVOUS

- 6.1 Circle rendezvous locations are listed below and will be designated as described in SI 2.3 and SI 3.3. See SI Addendum A – NYYC Primary Race Areas.

Rhode Island Sound:

- Area “A” -in the vicinity of 160° M for 1.2 NM from R “2” QR Whistle marking Brenton Point

North of Newport Bridge:

- Area “R” -in the vicinity of 200° from 0.5 NM from Halfway Rock
- Area “T” -in the vicinity of G “7” QG off Quonset Point

- 6.2 Once on station, the Race Committee may announce the lat/long positions of the signal vessel and starting mark over VHF 72. Failure to make such an announcement, or the timing of any announcement, shall not be grounds for a boat to request redress. This changes RRS 62.1(a).

7 CHECK-IN AND RETIREMENT

- 7.1 **Check-in on Land:** Each yacht shall check in at the registration desk at the NYYC Sailing Center at Harbour Court during the registration times so designated in the notice of race.
- 7.2 **Check-in on Water:** Prior to the warning signal for the first race each day, each boat shall check in with the Race Committee signal vessel in their rendezvous area by passing astern and announcing her sail number.
- 7.3 Boats retiring shall inform the Race Committee on VHF channel 72 or by calling the NYYC Sailing Office at (401) 845-9633 as soon as reasonably possible.

8 THE COURSES

- 8.1 The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal for each race, the Race Committee will display on a board the course to be sailed and the approximate compass bearing and distance of the first leg.
- 8.3 Mark 2s/2p is a gate. In the event one of the gate marks is missing, the single remaining mark shall be rounded to port.
- 8.5 Mark 1a is an offset mark adjacent to mark 1.
- 8.6 A limit mark will be set 5-8 boat lengths to leeward of mark 1. The limit mark shall be left to port on both the upwind and the downwind legs. However, in Course 5, the limit mark may be passed on either side on the final upwind leg approaching the finish line. The location of the limit mark or the failure of the Race Committee to set the limit mark shall not be grounds for a boat to request redress. This changes RRS 62.1(a).

9 MARKS

- 9.1 Original marks 1, 1A and 2S/2P will be yellow inflatable buoys.
- 9.2 The limit mark will be a pink inflatable buoy. During a change of course, as provided in SI 11, the limit mark will remain pink.
- 9.3 The starting mark will either be an anchored Race Committee vessel displaying an orange flag or a green inflatable buoy.
- 9.4 The finishing mark will be a green inflatable buoy.
- 9.5 New marks, as provided in SI 11, will be orange inflatable buoys.

10 THE START

- 10.1** The starting line will be between a staff displaying an orange flag on the Race Committee signal vessel and either a staff displaying an orange flag on the port-end Race Committee vessel or the course side of the port-end starting mark.
- 10.2** A boat starting later than five minutes after the starting signal will be scored DNS. This changes RRS A5.1 and A5.2.
- 10.3** The Race Committee will attempt to notify OCS boats by radio on the VHF channel or digitally via the Velocitek unit. Failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for a boat to request redress. This changes RRS 62.1(a).

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1** To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line to a new position) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2** The Race Committee may change the course by up to five (5) degrees in bearing and/or 0.2 nm in length without a signal or change of mark color. This changes RRS 33.

12 THE FINISH

- 12.1** The finishing line will be between a staff displaying a blue flag on a Race Committee vessel and the course side of the finish mark.
- 12.2** The same Race Committee vessel may or may not start and finish each race.

13 PENALTY SYSTEM

- 13.1** The first sentence of RRS 44.1 is changed to read: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while *racing*."
- 13.2** The protest committee may impose penalties less than disqualification (DPI) for violation of the class rules and racing rules other than those of Part 2. This changes RRS 64.2.
- 13.3** A boat that has taken a penalty shall submit an online penalty acknowledgement form no later than the protest time limit.

14 TIME LIMITS

- 14.1** The time limit for the first boat to *sail the course* and *finish* will be two and a half (2.5) hours from the starting signal.
- 14.2** If no boat has passed the first windward mark 45 minutes after the starting signal, the race shall be abandoned.
- 14.3** The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place [one][two] more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1** The intent to protest and the boat being protested shall be communicated to the Race Committee at the first reasonable opportunity after the boat intending to protest finishes until acknowledged by the Race Committee. This changes RRS 61.1(a).
- 15.2** Hearing Request forms may be filed online through the event website. Protests shall be delivered to the Protest Committee within one hour of the docking time of the Race Committee signal vessel after the last race of the day. This time will be posted on the Official Protest Committee Notice Board in the courtyard of the Sailing Center. This changes RRS 61.3 and RRS 62.2.
- 15.3** Notices will be posted as soon as possible to inform competitors of hearings in which they are parties. Protest hearings will take place at the NYYC Sailing Center as soon as possible after the notices are posted. The Protest Committee will attempt to hear protests in the order of receipt. Representatives of boats who are parties to a hearing and their witnesses, if any, shall remain on call in the vicinity of the protest rooms.
- 15.4** Notices of protests by the Race Committee, Technical Committee or the Protest Committee will be posted within the protest time limit on the Official Protest Committee Notice Board to inform boats under RRS 61.1(b).

- 15.5** When a boat has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any boat to appear when called for a hearing will be considered by the Protest Committee as grounds for proceeding under RRS 63.3(b).
- 15.6** Breaches of SI 7, SI 17 and SI 20 will not be grounds for protest by a boat. This changes RRS 60.1(a).
- 15.7** On the last scheduled day of racing, a request for redress based on a protest committee decision shall be submitted electronically to the Protest Committee Secretary no later than 30 minutes after the decision was posted. This changes RRS 62.2(a).
- 15.8** On the last scheduled day of racing, if no races are held, a hearing request for redress or reopening a hearing shall be submitted electronically within one hour after racing has been abandoned ashore or on the water. This changes RRS 62.2 and RRS 66.2.
- 15.9** Video and photos taken from support and/or coach vessels, or spectator vessels shall not be used as evidence at protest hearings. This changes RRS 63.6. The penalty for infringing this rule shall be assessed at the discretion of the event Protest Committee. This rule is not intended as a deterrent to social interaction before and between races.

16 SCORING

- 16.1** One race is required to be completed to constitute a series.
- 16.2** When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score. This changes RRS A2.1

17 SUPPORT PERSONS AND BOATS

IMIC37 Class Rule H.4 applies.

18 PRIZES

- 18.1** Overall series trophies will be awarded to the top five (5) finishers.
- 18.2** The IC37 Corinthian Trophy will be awarded to the top finishing all-Corinthian boat.
- 18.3** Other trophies may be awarded at the discretion of the Organizing Authority.

19 MEDIA WAIVER AND DISCLAIMER OF LIABILITY

- 19.1** As a condition of entry, each owner, skipper and individual participating crew member shall submit an online Waiver and Release of Liability Form. The fully executed Liability and Media Waiver form shall be submitted prior to racing. The link to the waiver can be found on the regatta [website](#).
- 19.2** Media Waiver – Competitors and crew members on the competing boats grant, at no cost, the New York Yacht Club Regatta Association, Inc., New York Yacht Club, and any official sponsors of the regatta, the absolute right and permission to use their name, voice, image, likeness, biographical material as well as representations of the boats in any media worldwide (being television, print and internet media), including video footage, for the sole purposes of advertising, promoting, reporting and disseminating information regarding the IC37 North American Championship and the participants in the IC37 North American Championship.
- 19.3** Competitors participate in the regatta entirely at their own risk. All skippers and crew should familiarize themselves with RRS 3, Decision to Race. The Organizing Authority and all its Committee members will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20 SAFETY REGULATIONS

- 20.1** Restricted Channels: Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.

- 20.2** Newport Security Zone: In the event there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base in Newport just to the north of the Newport Jamestown Bridge. The area may be defined by a series of white buoys marking the Newport Security Zone along the coast of the Naval Facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove and the line defined by the buoys shall rank as an obstruction. Yachts shall not enter this area. A Navy patrol boat monitors the area and vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.
- 20.3** Additional Restricted Areas: There may be additional restricted areas due to Navy activity, shipping or fishing operations that may be described in an amendment to the sailing instructions.

21 **NOTES**

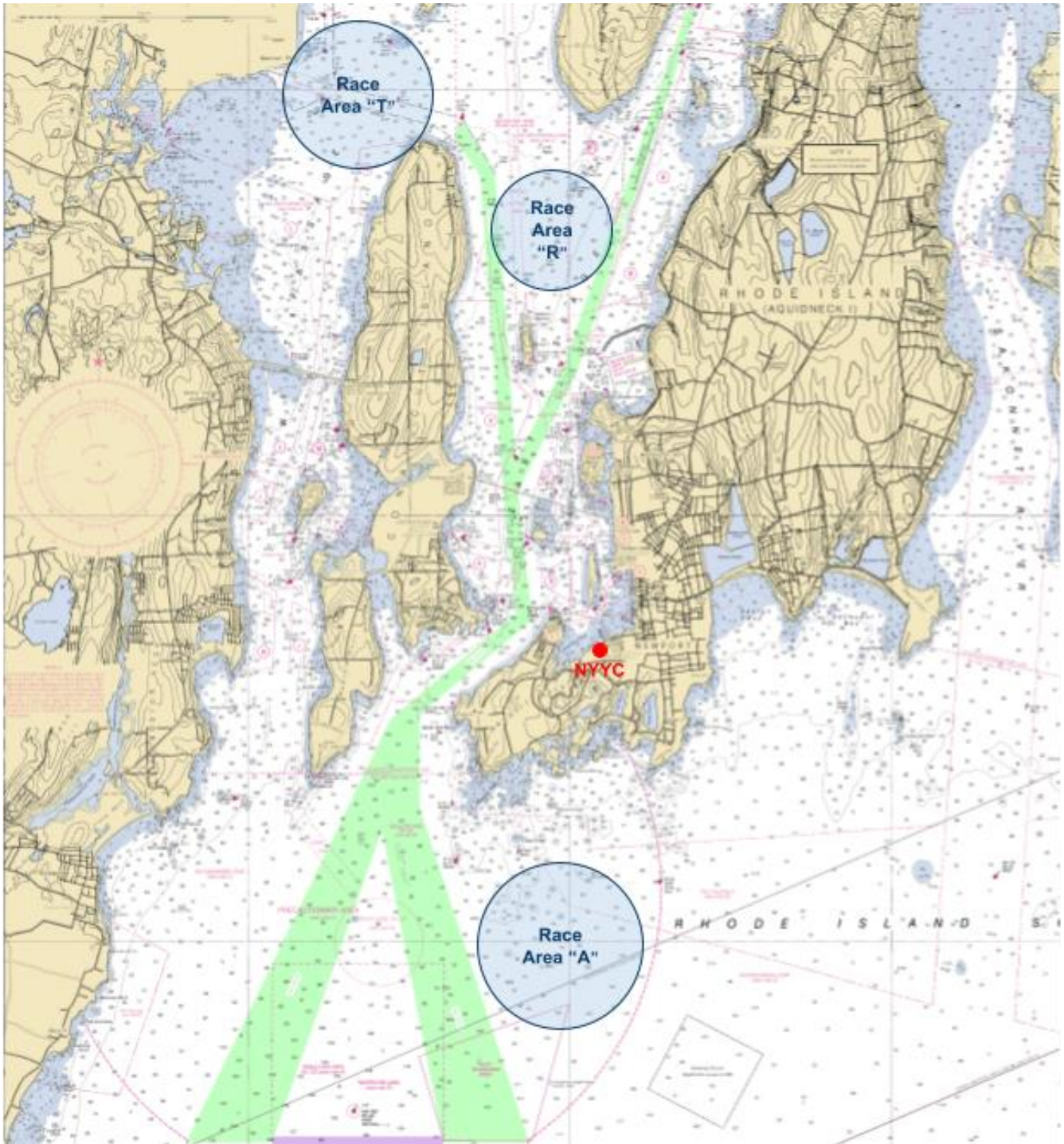
21.1 The event website can be found at <https://nyyc.org/2023-ic37-national-championship>.

21.2 For further information please contact:
New York Yacht Club, Harbour Court
5 Halidon Avenue, Newport, RI 02840
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SI ADDENDUM A – PRIMARY RACE AREAS



SI ADDENDUM B – COURSE DIAGRAMS

Course 4	Start – 1p – 1Ap – 2 – 1p – 1Ap – Finish (downwind)
Course 5	Start – 1p – 1Ap – 2 – 1p – 1Ap – 2 – Finish (upwind)

COURSE 4



COURSE 5

