



**Cedar Point**  
**ONEDESIGN**  
**Keelboat Regatta**  
 June 1-2, 2024

Organized by Cedar Point Yacht Club, Westport, CT

# SAILING INSTRUCTIONS, incorporating Amendment #1 (in red)

Hosting: 2024 J109 East Coast Regatta Series  
 J109, J105, J80

**1. Rules**

- 1.1 The regatta will be governed by the “rules” as defined in *The Racing Rules of Sailing*.
- 1.2 All boats shall comply with their one-design class rules.
- 1.3 In the event of a conflict between the rules in the Notice of Race (NOR) and the Sailing Instructions (SI), the SI shall prevail. This changes RRS 63.7.

**2. Notices and Communications to Competitors**

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the regatta pavilion north of the CPYC clubhouse.
- 2.2 Race committee broadcasts will be made over VHF channel 73.
- 2.3 Race committee broadcasts concerning its intentions, the course to be sailed, starting times, course change etc. are a courtesy only. Failure of the race committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast will not be grounds for redress. This changes rule 62.
- 2.4 Competitors may receive VHF transmissions from the race committee on a designated competitor’s channel concerning safety, on course side (OCS) boats and general information to assist in the management of the event.

**3. Changes to Sailing Instructions**

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

**4. Signals Made Ashore**

- 4.1 Signals made ashore will be displayed from the CPYC flagpole.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 90 minutes’ in the race signal AP.

**5. Schedule of Races**

- 5.1 The number of races for each class will be determined by the race committee.
- 5.2 The first warning signal for the first race is scheduled for 1030 each day.
- 5.3 Flag H displayed from the race committee finish boat at the finish means “No more races today – return to shore”.

- 5.4 No warning signal will be made after 1500 on Sunday.

**6. Class Flags**

<u>Class</u>	<u>Class Flags</u>
J109	Numeral pennant "1"
J105	Numeral pennant "2"
J80	Numeral pennant "3"

**7. Racing Area – See Appendix 2**

- 7.1 The racing area will be approximately 4 miles south of the Clubhouse, approximately 1 mile south of Bell R”24”. **The Signal boat will be the BLUFF POINT, a 25 ft Nova Trawler, dark green hull with white trim.**
- 7.2 For their own safety, boats should NOT pass between gong G”1” and Cockenoe Island at any time.

High tides Saturday: 1124 Sunday 1211  
 Low tides: Saturday: 1735 Sunday 1823

**8. The Courses**

- 8.1 The course for each race will be windward - leeward with a **specified number of legs** (not including the offset leg), as illustrated in Appendix 1.
- 8.2 The number of legs to be sailed and the approximate magnetic bearing and distance in nautical miles to the first mark will be displayed from the race committee signal boat prior to the warning signal for each race. The race committee will also announce the course over VHF prior to the warning signal for each race.

**8.3 Course Example**

245 degrees magnetic from starting line to first mark.	<table border="1" style="border-collapse: collapse; width: 80px; height: 100px;"> <tr><td style="width: 40px; height: 40px; text-align: center;">2</td><td style="width: 40px; height: 40px; text-align: center;">4</td></tr> <tr><td style="width: 40px; height: 40px; text-align: center;">4</td><td style="width: 40px; height: 40px; text-align: center;">1</td></tr> <tr><td style="width: 40px; height: 40px; text-align: center;">5</td><td style="width: 40px; height: 40px; text-align: center;">1</td></tr> </table>	2	4	4	1	5	1	<p>4 = course to be sailed. See Appendix 1.</p> <p>One point one nautical miles from starting line to first mark.</p>
2	4							
4	1							
5	1							

**9. Marks**

- 9.1 The starting mark will be a CPYC burgee over an orange flag on a pin boat or a MarkSetBot.
- 9.2 Windward and leeward gate marks will be orange inflatables. If one of the gate marks is missing, the remaining mark in position shall be rounded to port.
- 9.3 The offset mark will be an orange ball. Change marks will be green inflatables. The finish mark will be an orange ball.

## 10. The Start

- 10.1 Races will start using Rule 26. The warning for each succeeding class will be made after the preceding start (no rolling starts).
- 10.2 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the starting mark at the port end.
- 10.3 After the first race of the day, classes will start subsequent races as announced on VHF.
- 10.4 Except after a postponement or general recall, the race committee will attempt to alert competitors to upcoming warning signals on VHF.
- 10.5 A boat that does not start more than 4 minutes after her starting signal will be scored DNS for that race without a hearing.

## 11. Recalls

- 11.1 As a courtesy to competitors, when an individual recall is signaled, the race committee will attempt to hail over VHF the sail number of the boat(s) that are OCS.
- 11.2 When starting penalty rule 30.1 is in effect, the race committee will attempt to hail sail numbers of boats that are OCS during the minute before the start.
- 11.3 The timing and order of such hails or the failure of a boat to hear the hail will not be grounds for redress. This changes rule 62.

## 12. Change of the Next Leg of the Course

- 12.1 To change the next leg of the course, the race committee will lay a new green mark (or move the finish line) and remove the original mark as soon as practicable. There will be no offset mark accompanying a changed (green) mark. When in a subsequent change a new mark is replaced, it will be replaced by an original (orange) mark, and any offset mark nearby is not a mark of the course.
- 12.2 If a changed mark (green) is to be used before a warning signal is made for a class, the race committee signal boat will display flag "C" before the warning signal, and throughout the starting sequence.

## 13. The Finish

- 13.1 The finishing line will be between a staff displaying a blue flag on a race committee boat and the course side of the finishing mark.
- 13.2 For courses with an even number of legs (downwind finish), the finishing mark will be on the opposite side of the finish boat from the starting mark

## 14. Time Limit

- 14.1 The time limit for the first boat to sail the course and finish in each race will be 90 minutes
- 14.2 Boats still racing more than 20 minutes after the first

boat in their class sails the course and finishes will be scored TLE and receive two more points than the number of finishers. This changes Rules 35, A4 and A5.

## 15. Protests and Requests for Redress

- 15.1 Protest forms are available at the race office. Protests shall be delivered there within 60 minutes after the race committee signal boat docks. The docking time will be posted on the Official Notice Board.
- 15.2 Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the approximate order of receipt in the race office as soon as practical.
- 15.3 Breaches of instructions 7.2 or 17 will not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

## 16. Scoring

- 16.1 One race must be completed to constitute a regatta.
- 16.2 The Low Point Scoring System of Appendix A will apply, except that there will be one throw-out when five or more races are completed. This changes Rule A2.1.

## 17. Safety

- 17.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat is requested to sail by the signal boat and check in by hailing its sail number until acknowledged by the race committee.
- 17.2 A boat retiring from a race or leaving the racing area early shall promptly notify the race committee either by hail or over VHF, or by telephone or in person to the CPYC Club Manager at (203) 226-7411.
- 17.3 Government buoy G"1" (Georges Rock) marks a dangerous rock and reef between CPYC and the racing area. Please consult your chart.

## 18. Prizes

- 18.1 Prizes will be awarded to the top three finishers in each class.
- 18.2 The Rex Marine Prize will be awarded to the boat having the best overall performance, as determined by the Organizing Authority.
- 18.3 The Jim Brigger Sportsmanship Award will be awarded as determined by the Organizing Authority.

## 19. Trash Disposal

- 19.1 A competitor shall not intentionally put trash in the water.

Organizing Authority: Cedar Point Yacht Club, 1 Bluff Point, Westport, CT 06880 203-226-7411  
ODR Chair: John Cooke, [cpycodr@gmail.com](mailto:cpycodr@gmail.com)  
Principle Race Officer: Rich Gold  
Judges: Tony Weiner chair, Michael Gavin and Don Winston

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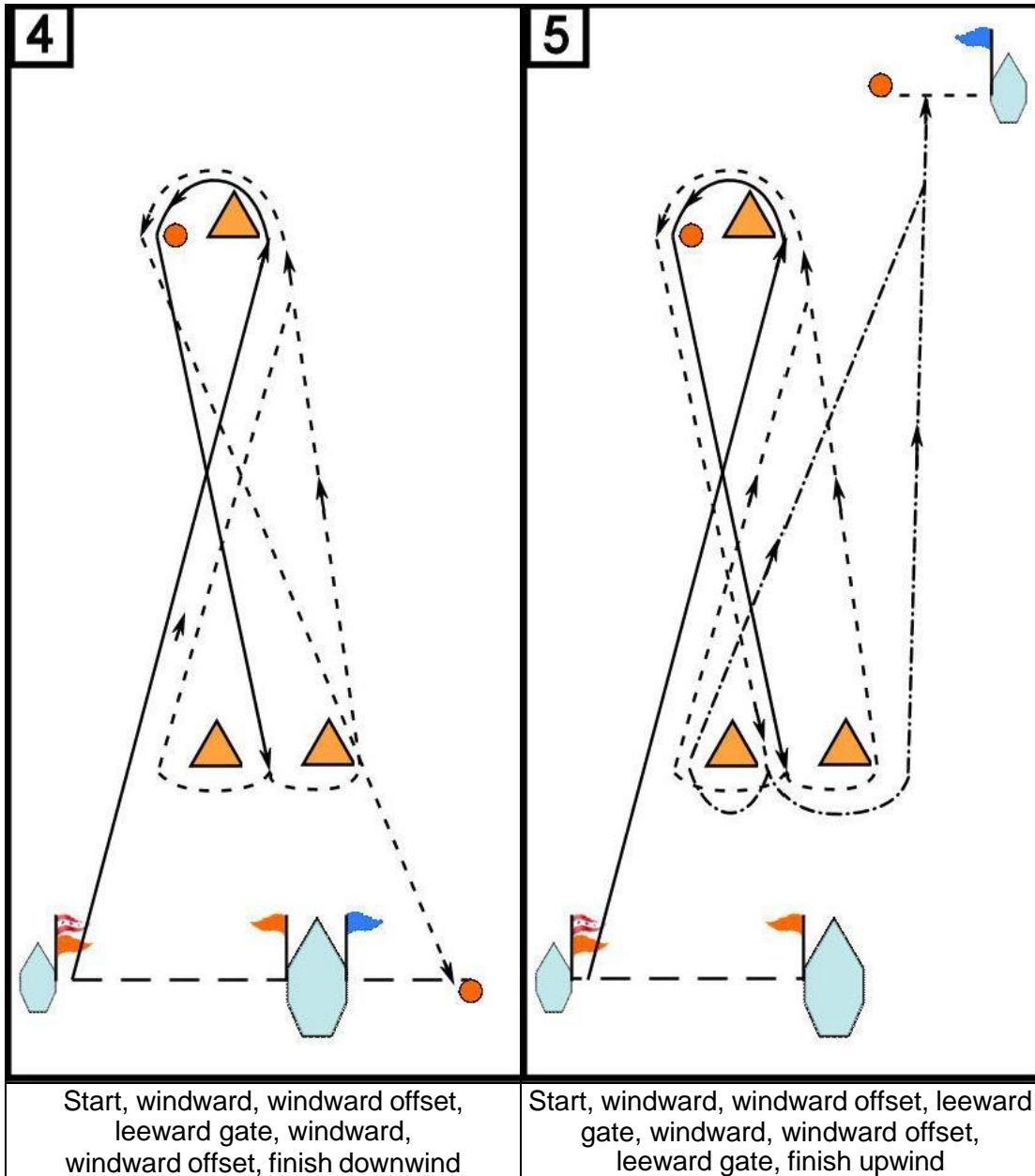


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## Appendix 1 - Course Diagrams



Courses 3 (3 legs) or 6 (6 legs) may also be used.

## Appendix 2 - Racing Area

