



New Bedford Yacht Club
END OF SUMMER REGATTA
SAILING INSTRUCTIONS
September 15, 2024



1. RULES
 - 1.1. The race will be governed by the current Racing Rules of Sailing.
 - 1.1.1. Each entrant must have sail numbers on her sail. Sail number changes must be provided before the first warning signal.
2. NOTICES
 - 2.1. Notices to competitors will be posted on the NBYC Race Committee bulletin board located near the Commodores' parking area.
 - 2.2. [DP] Each competitor must have a VHF channel 69 on throughout the race for announcements from the race committee.
3. SIGNALS MADE ASHORE
 - 3.1. Signals made ashore will be displayed on the NBYC flagpole
 - 3.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP.
4. SCHEDULE OF RACES
 - 4.1. The first warning signal will be at 1100 hours.
5. CLASS FLAGS

CLASS II PHRF Race Class flag is Numeral Pennant 2
CLASS III PHRF Cruise Class flag is Numeral Pennant 3
6. RACING AREA
 - 6.1. Racing will take place south of the Padanaram breakwater.
 - 6.2. While races generally start in the vicinity of Mark "Delta" Δ
7. COURSES
 - 7.1. Courses will be designated by letters or symbols displayed on the Race Committee boat course board.
 - 7.2. Course circulars are available at the Club office.
8. MARKS
 - 8.1. Marks consist of NBYC race marks and government marks listed in the NBYC course sheet.
9. THE START
 - 9.1. Starts will be in accordance with RRS Rule 26.
 - 9.2. The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the starting mark.
 - 9.3. A boat starting later than 4 minutes after her starting signal shall be scored DNS, This changes RRS 35 and RRS A4.1.
 - 9.4. It is the intention of the RC to use rolling starts.
10. THE FINISH

- 10.1. The finish will be between a staff on the committee boat displaying a blue flag and the last mark of the course.
11. TIME LIMIT
 - 11.1. The first boat in each class must finish by 1600 hrs. All boats must finish within one hour of the first boat in its class.
12. SCORING
 - 12.1. The Low-Point Scoring System of RRS, Appendix A.
13. PROTEST
 - 13.1. Protests will be heard within one week of the event.
 - 13.2. Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish boat and report to the Finish Boat. Boats that do not finish shall report their intent to protest to any Race Committee boat at the first possible opportunity. This adds to RRS 61.1(a).
 - 13.3. Protests shall be lodged at the main office within 45 minutes of the time the Race Committee finish boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.
14. RISK STATEMENT
 - 14.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
15. LEAVING THE RACE COURSE/EMERGENCY
 - 15.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
 - 15.2. [DP] Any participant of an NBYC sponsored race who leaves the course after starting a race must notify the Race Committee as soon as possible:
 - NBYC Race Committee monitors VHF channel 69
 - NBYC office monitors VHF channel 68; Phone (508) 997-0762
 - Dartmouth Harbormaster monitors VHF channel 9; Phone (508) 999-0759
 - St. Luke's Hospital; Phone (508) 997-1515