



**International Lightning Class Association  
Central Atlantic District Championship  
Brick, NJ, USA  
June 29-30, 2024**



**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1. The organizing authority (OA) is the Metedeconk River Yacht Club, the Central Atlantic District, and the ILCA. The regatta will be governed by the *rules* as defined in the 2021 – 2024 *Racing Rules of Sailing and the ILCA Constitution, By-Laws, and the Document Governing All Sanctioned Lightning Class Championships (hereafter referred to as Document Governing)*.
- 1.2. RRS 42.3(c) is changed to say: “Except on a beat to windward, when surfing down the leeward side of a wave or planning is possible, a boat’s crew may pull *pump* the sheet, but not the guy, controlling any sail to initiate surfing or planning, but only once for each wave or gust of wind. When the mainsail is pumped, only that part of the sheet between the crew member handling the sheet and the first block on the boom shall be used.
- 1.3. RRS 27.3 is changed to add the following: “The RC or OA shall not abandon (or cancel) a scheduled race, or races, before the starting signal without approval of the Class Representative.”
- 1.4. Boats are required to carry portable equipment in accordance with *NOR Addendum ILCA Required Equipment*.

**2. NOTICE TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board located on first floor of the MRYC clubhouse.

**3. SCHEDULE**

A schedule of events is listed in the NOR.

**4. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the flagpole located in front of the clubhouse. If a postponement is signaled ashore, the warning signal will be made not less than one (1) hour after AP is lowered.

**5. CLASS FLAGS**

The following signal flag colors or symbols will be displayed in accordance with RRS 26: Class Flag – Lightning Symbol Class Flag

**6. CHECK-IN AND BOAT IDENTIFICATION**

All competing yachts shall check in at the Signal Vessel prior to the first warning signal.

**7. RACING AREA**

The racing area will be the Green Island Course of the Barnegat Bay. Only under special conditions will racing be held on the Metedeconk River.

## **8. COURSES AND MARKS**

The course will be windward-leeward and will be designated with a placard displaying W3, W4 or W5. All marks will be orange or yellow inflatable cylinders or tetrahedrons. The attached diagram shows the course, course designations, the marks in order and the rounding direction of each mark.

## **9. THE START AND FINISH**

The starting and finishing lines will be between a Signal boat staff bearing an orange flag and an orange mark or a boat displaying an orange flag. If any part of a boat's hull, crew or equipment is on the course side of the starting line at the start and she is identified, the race committee will attempt to broadcast her bow or sail number on the VHF channel 72. Failure to make a broadcast or to make such broadcast timely with respect to the starting signal will not be grounds for a request for redress. This changes RRS 62.1 (a). No competing yacht shall start five (5) minutes after the official start of any race.

## **10. CHANGE OF COURSE AFTER THE START**

During the race, marks may be repositioned without signal for minor changes in the course. This shall not be grounds for redress. This modifies RRS 33 and RRS 62.1.

## **11. TIME LIMIT**

The time limit for each race will be seventy-five (75) minutes for the first boat to finish. Boats finishing more than twenty (20) minutes after the first boat that sails the course finishes will be scored DNF. This changes RRS 35. Target time per race is 45-55 minutes.

## **12. PENALTIES WHILE RACING**

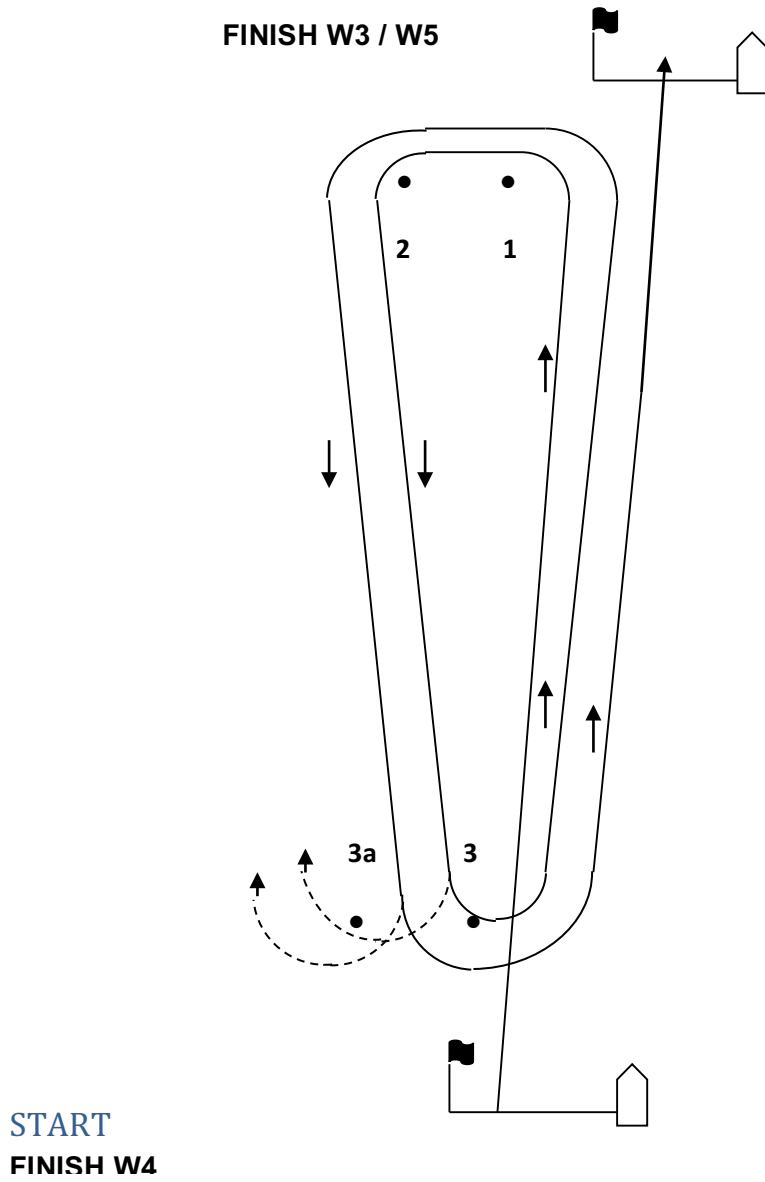
12.1 Appendix V1 and V2 apply.

12.2 A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.

## **13. SCORING**

The low point system of RRS Appendix A will apply in accordance with the Document Governing. A boat's series score shall be the total of all races sailed. One race constitutes a regatta.

COURSES



Course "W3" Once around – finish upwind  
Course "W4" Twice around – finish downwind  
Course "W5" Twice around – finish upwind