



SINGLE-HANDED and DOUBLE-HANDED RACE

SINCE 1946

Saturday June 1st, 2024 Norwalk Yacht Club

Registration via: [YachtScoring.com](https://www.yachtscoring.com)

History

The Corinthians Single-Handed Race has been sailed in western Long Island Sound since 1946 and is **open to all yachtsmen**. This race is designed to test one's skill at managing the boat and to prove the necessity of having competent crew aboard at all other times. The Single-Handed division prohibits additional crew and the Double-Handed division is limited to the skipper and one crew.

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in:

- 1.1. The current Racing Rules of Sailing (RRS);
- 1.2. The PHRF Class Rules as administered by the Yacht Racing Association of Long Island Sound

(YRALIS) (<http://www.yralis.org>); and

- 1.3. The Nearshore Category of US Sailing's Safety Equipment Requirements (SER)

(<https://www.ussailing.org/wp-content/uploads/2022/01/Monohull-SER-2022.0-Nearshore.pdf>).

- 1.4. RRS 40.1 PERSONAL FLOTATION DEVICES shall apply. Failure to comply is subject to disqualification.

- 1.5. RRS 52 MANUAL POWER is changed to permit wind vanes or autopilots during racing

- 1.6. RRS Rules will be changed as stated in these Sailing Instructions: Signal AP, 52, 44.1, 62.1(a), and 61.3.

2. CHANGES TO SAILING INSTRUCTIONS & NOTICES TO COMPETITORS

2.1. Changes or notices will be emailed to competitors with conformation of receipt requested prior to 1700 Fri 02,

2.2. or thereafter, on the water from the race committee signal boat by displaying international code flag L and orally communicating the change by broadcasting on VHF radio channel 1005 (05A) in the 10 minutes before the warning signal.

3. COMMUNICATIONS ON THE WATER & SIGNALS MADE ASHORE

3.1. Competitors shall monitor VHF channel 1005 (05A) from the time they arrive in the race area until they have finished racing or retired. Competitors must be able to monitor and transmit while on deck and at the helm.

3.2. Signals made ashore will be broadcast on VHF channel 1005 (05A) and repeated on the hour and half hour until AP is lowered or the race is abandoned. When flag AP (postponement) is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP and competitors may be asked to return to harbor.

4. SCHEDULE OF RACE

4.1. This will be a pursuit format: the first gun will be at 1055, and the boat with the highest handicap rating will start at 1100. The distance of the race determines the subsequent start times. Boats will start based on handicap rating (seconds per mile) from highest to lowest. The scratch sheet will have exact start times for individual boats and varying distances. The distance of the course will be announced on VHF radio channel 1005 (05A) in the 10 minutes before the warning signal.

4.2. Should there be a postponement, start times shall be adjusted accordingly in 10 minute increments.

4.3. One race is scheduled.

5. DIVISIONS

5.1. Divisions designation is for award purposes only. Start times will be calculated on the basis of rating, without regard to division designation.

5.2. There shall be 3 PHRF divisions: a single handed divisions (Division 1); a double handed division (Division 2); and double handed with spinnaker division (Division 3).

5.3. Both divisions 1 & 2 will be non-spinnaker sailing with a main and jib only.

5.5. Competitors in all divisions may allow children up to 10 years old to be aboard as long as the children do not participate in the sailing of the boat (handling of lines or equipment, trimming sails, etc.) and as long as the children are wearing lifejackets at all times while aboard.

6. RACING AREA

Racing will be South of Rowayton, Connecticut with the start and finish lines in the vicinity of Cable and Anchor R'28C' Bell.

7. COURSES & MARKS

7.1. The course will be a windward/leeward (pin) course with all marks to be left to port.

7.2. The weather mark will be located approximately 2.0 nautical miles to weather of the start.
The

leeward mark will be the pin for the starting line making one lap of the course 4.0 nautical miles.

7.3. The race committee signal boat will designate whether the course is 3 times around or adjusted

for conditions to twice or once around (12nm, 8nm or 4 nm).

7.4. The race committee signal boat will announce the approximate range and compass bearing of the "windward" mark and the course distance by broadcasting on VHF channel 1005 (05A) no later than the warning signal.

7.5. All marks will be inflatable tetrahedrons, Bell R"28C" or a tetrahedron in the vicinity of R"28C"nm, or race committee boats.

8. THE START

8.1. Boats shall check-in before starting by sailing astern of the race committee signal boat and hailing on VHF radio channel 1005, (05A) until acknowledged. **Please check-in after the RC boat is anchored and confirm your division.**

8.2. Boats who are not due to start within 5 minutes shall keep clear of the starting area.

8.3. The starting line will be between a staff displaying an orange flag on a race committee boat at

the starboard end and the course side of the port-end starting mark.

8.4. When an Individual Recall is signaled and a boat is identified, the race committee will attempt

to broadcast her sail number on VHF radio channel 1005 (5A). Failure to make a broadcast, or for it to be heard, or the timing or order of the hail, shall not be cause for redress. This changes RRS 62.1(a).

9 NAVIGATION RULES

All boats are reminded that when a boat sailing under these rules meets a vessel that is not, she shall comply with the Inland Navigation Rules. For the purpose of this SI rule any commercial ship or tug & barge shall be considered a vessel restricted in her ability to maneuver regardless of her lights and shapes displayed. A boat observed by the race committee to break a rule shall be subject to protest.

10 THE FINISH

10.1 The finish line will be between a staff displaying a blue flag (or flag S if the course is shortened) on a race committee boat and the course side of the nearby finishing mark which may be to port or starboard at the discretion of the RC.

10.2 A boat shall identify herself to the race committee as they finish by hailing her name or announcing it on VHF radio channel 1005, (05A) when finishing. Failure to be identified may result in being scored Did Not Finish (DNF).

10.3 A boat that retires shall inform the race committee of her status before leaving the race area.

11 MANUAL POWER

For the Doublehanded Spinnaker division only, RRS 52 MANUAL POWER is changed so that the use of an autopilot or power winch is permitted.

12 PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13 TIME LIMIT

The time limit for the first boat to sail the course and finish is 1500. Competitors failing to finish by 1600 will be scored Time Limit Expired (TLE) without a hearing.

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14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest flags are not required. This changes RRS 61.1.

14.2 A party intending to protest shall inform the race committee at the first reasonable opportunity

and no later than 30 minutes after the time the race committee signal boat docks. This changes RRS 61.3.

14.3 Protests and requests for redress shall be delivered to the race office at the Norwalk Yacht Club by hand. Hearings will be held as soon as practical following the race, or at another time and place agreed by the relevant parties.

15 SCORING

15.1 If the complete course is sailed, the actual times of finish will be the order of finish. If the course is shortened, per RRS 32 the finish times will be corrected on PHRF time on distance for the shorter distance.

15.2 Results will be posted on Yachtscoring.com.

16 PRIZES

Prizes will be awarded to the first three boats in each Division. The winner of the Single-Handed Race will also receive a perpetual trophy presented at The Corinthians' annual awards party.

17 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, DECISION TO RACE. The organizing authority will not accept any liability for damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Corinthians or Norwalk Yacht Club, the owner, helmsman, and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor, or assignee may have against the Corinthians or Norwalk Yacht Club and each of their officers, trustees, members, committees, employees, agents, or volunteers arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea, and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment, rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

18 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.

19 FURTHER INFORMATION

Please contact the Regatta Chair below or contact on VHF Channel 78A on Race day.

Bryan Schapperle, Regatta Chair Race, bschapperle@gmail.com, 203 564 0999

Jim Travis, Race Committee (cell) 203 246-0254 regatta@norwalkyachtclub.com
SailingDirector@norwalkyachtclub.com