



First Chance Regatta

Friday April 29th – Sunday May 30th 2016

Newport Yacht Club
Newport Rhode Island

SAILING INSTRUCTIONS

1 RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, (ii) the Bylaws and Rules Committee Rulings of the International 210 Association, and (iii) these sailing instructions.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at Newport Yacht Club and online at yachtscoring.com

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 RACE COMMITTEE SIGNALS

4.1 SIGNALS MADE ASHORE

- 4.1.1** Signals made ashore will be hoisted on the flagstaff at NYC and broadcast on VHF Channel 73

- 4.1.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

- 4.1.3** When flag Y is displayed ashore, rule 40 applies at all times while afloat. This changes the Part 4 preamble.

4.2 STARTING AREA SIGNALS

- 4.2.1** Starting signals will be made in accordance with the RRS Rule 26 (5 minute sequence).

5 SCHEDULE OF RACES

- 5.1*** Dates of racing and numbers of races:

Saturday April 30th – Maximum of six races

Sunday May 1st – Maximum of two races

- 5.3*** The scheduled time of the warning signal for the first race each day is 1200

- 5.4** To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.5** On the last day of the regatta no warning signal will be made after 1430.
- 6*** **CLASS FLAGS**
The class flag will be a white flag with the numerals “210” appearing thereon in blue.
- 7** **RACING AREAS**
The racing area will be in the Newport Harbor or East Passage of Narragansett Bay sailing area in the vicinity of Rose Island. Attachment B, the 2015-2017 South Bay Course Chart, also provided at check in, (which should not be used for navigation), shows the approximate location of the racing area and all special race mark locations.
- 8** **THE COURSES**
- 8.1*** The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. [The approximate course length will be .6 to 1.5 miles.]
- 8.2** The distance from the starting line to mark 1 on the first windward leg shall not be less than 0.25 nautical miles.
- 8.3** The posting board on the RC Boat consists of four horizontal rows. No later than the warning signal, the RC Boat shall display in the top row: (i) the identifying letter of the selected course, in the 2nd from the top row (ii) the approximate compass bearing of the first leg, in the 3rd from the top row (iii) the approximate distance of the first leg, and (optionally) in the bottom row (iv) the identifier of a Narragansett Bay Special Race Mark used as a leeward mark. If no identifier is shown on the bottom row the leeward mark is a drop mark. Courses may be announced on VHF channel 73.
- 8.4** The RC Boat may deploy a “keep-off” mark from the RC Boat. If a yacht touches either the keep-off mark or passes between the keep-off mark and the RC Boat, she shall for the purposes of Rule 31, treat herself as having touched the RC Boat.
- 8.5** No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

9 MARKS

9.1* Marks 1 and 2 will be yellow cylinders.

9.2* The starting and finishing marks will be orange cylinders.

9.3 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 12.2.

10 AREAS THAT ARE OBSTRUCTIONS

10.1 The following areas are designated as obstructions: the area of Dumplings or between those rocks and Jamestown shore; the rock near Fort Wetherill and the Jamestown shore; Citing Rock east of Rose Island; and Rose Island.

10.1 Competitors shall not sail between Rose Island and the Newport Bridge.

11 THE START

11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

11.2 The starting line will be between the orange flag displayed on the signal boat at the starboard end and the course side of the port-end orange starting mark.

11.3 Boats starting later than four (4) minutes after their starting signal will be scored "Did not Start" and will be scored according to RSS Appendix A (A4.2 and A5).

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

13.1* The finish line will be between the orange flag displayed on the signal boat and the orange starting mark. When a course is shortened (code flag "S"), the finish will be between an orange flag on the signal boat and the nearby mark.

14 TIME LIMITS

14.1 Total time limit: 1 hour Mark 1 time limit 0.5 hours

14.2 If no yacht has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

14.3 Yachts failing to finish within 30 minutes after the first yacht sails the course and finishes will be scored points for the finishing place two more than the number of yachts that finished the race. This changes rules 35 and A4.

15 INTENTIONALLY LEFT BLANK

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Competitors who intend to protest shall notify the race committee at the RC boat immediately after the race in which the protested action took place.

16.2 Protests shall be written on US Sailing Protest Forms or on forms available at the Newport Yacht Club. Protests shall be delivered there within the protest time limit.

- 16.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at Newport Yacht Club at 1700 hours.
- 16.4** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5** A list of boats that, under instruction 14.3, have been penalized for breaking rule 42 will be posted.
- 16.6** Intentionally blank
- 16.7** On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 16.8** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.9** Decisions of the [protest committee] will be final as provided in rule 70.5.
- 17** **SCORING**
- 17.1*** Races will be scored using the low point system
- 17.2*** One races are required to be completed to constitute a series.
- 17.3**
- (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18** **SAFETY REGULATIONS**
- 18.1** Check-Out and Check-In: All boats will check-in with the Race Committee Signal Boat before the Preparatory Signal of the first race.
- 18.2** A boat that retires from a race shall notify the race committee as soon as possible.
- 19** **REPLACEMENT OF CREW OR EQUIPMENT**
- 19.1** Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2** Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.
- 20** **EQUIPMENT AND MEASUREMENT CHECKS**
- A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 21** **INTENTIONALLY LEFT BLANK**

- 22 OFFICIAL BOATS**
Official boats will be marked as follows: Race Committee Flag
- 23 SUPPORT BOATS**
23.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 23.2** Support boats shall be marked with Race Committee Flag.
- 24 TRASH DISPOSAL**
Trash may be placed aboard support or official boats.
- 25 HAUL-OUT RESTRICTIONS**
Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.
- 26 DIVING EQUIPMENT AND PLASTIC POOLS**
Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.
- 27 RADIO COMMUNICATION**
27.1 Except for receiving communications broadcast on VHF channel 73 or another channel designated by the Race Committee, from and after the time at which either: (i) flag AP is removed ashore, or (ii) flag D is displayed ashore, a yacht shall neither make any radio transmissions nor receive any radio communications. These restrictions also apply to the use of mobile telephones. This changes rule 41.
- 27.2** The race committee will monitor channel 73. In the event of: (i) a yacht retiring from a race and returning to harbor, or (ii) an emergency, yachts should employ channel 71 to notify the race committee and summon aid if needed.
- 27.3** The race committee may choose to communicate to yachts (including course information and identifying OCS yachts) via channel 73. The information communicated (or lack thereof) is determined by the race committee in its sole discretion. Failure of the race committee to broadcast information or sufficient information will not be grounds for redress. This changes rule 62.1(a).
- 28 INTENTIONALLY LEFT BLANK**
- 29 DISCLAIMER OF LIABILITY**
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 30 INSURANCE**
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000.00 per incident or the equivalent.

The Sailing Area

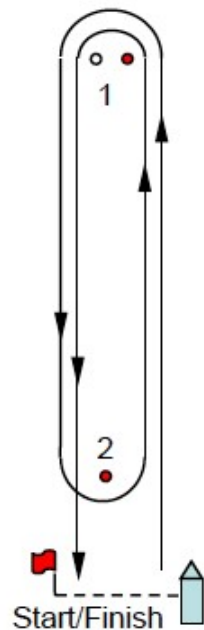
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ADDENDUM B

ILLUSTRATING THE COURSE

Shown here are diagrams of course shapes. The boat's track is represented by a discontinuous line so that each diagram can describe courses with different numbers of laps.

W windward/leeward
start leeward
W2 = start-1-finish
W4 = start-1-2-1-finish
W6 = start-1-2-1-2-1-finish



W windward/leeward
start middle
W3 = start-1-2-finish
W5 = start-1-2-1-2-finish
W7 = start-1-2-1-2-1-2-finish

