



20TH ANNUAL YRALIS CHAMPIONSHIP REGATTA

For

PHRF, PHRF NAVIGATOR AND ONE DESIGN CLASSES

Organizing Authority (OA) YRA of LIS

Saturday, August 3 & Sunday, August 4, 2024



SAILING INSTRUCTIONS

This event is a qualifying regatta for the YRALIS Anderson, Hipkins, Gitana, Sappho, Caper, Competitors, Kings Point, Sally Finkbeiner, Allegra Knapp Mertz Trophies and the YRA Youth Challenge Cup.

CLASSES	CIRCLE	PAGE
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★ **20TH ANNUAL YRALIS CHAMPIONSHIP REGATTA** ★
PHRF & One-Design Championship Regatta August 3 & 4, 2024



Riverside Yacht Club

PHRF and Offshore One-Design Circle

**Organizing Authority (OA): Yacht Racing Association of Long Island Sound in
conjunction with Riverside Yacht Club**

SAILING INSTRUCTIONS

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 For PHRF entries, the current PHRF Regulations as administered by the YRALIS will apply.
- 1.3 PHRF boats shall observe US Sailing Safety Equipment Requirements for Nearshore races. However, section 2 and 3 shall not apply to boats not designed and equipped with: pulpits, stanchions, lifelines or self-bailing cockpits.
- 1.4 Appendix V1, Penalty at the Time of an Incident, will apply.
- 1.5 Appendix T, Arbitration, will apply as changed: At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes rule 63.3(a).

2 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted on Yacht Scoring by 1000 on the day they will take effect.

3 COMMUNICATIONS

- 3.1 Notices to competitors will be posted on the official notice board on [Yacht Scoring](#).
- 3.2 Each boat shall carry a VHF radio capable of communicating on VHF 69.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio.
- 3.4 [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the RYC flagpole or the mast of the docked Signal Vessel at RYC.
- 4.2 Signals made ashore at RYC will be announced on official VHF channel at 1100.
- 4.3 When Flag "AP" is displayed ashore, "1 minute is replaced with "not less than 1 hour".

5 SCHEDULE OF EVENTS

- 5.1 The first warning signal is 1200 each day.
- 5.2 The second race (**Navigator**) will be held as soon as practicable following the completion of the previous race per class.
- 5.3 The race committee intends to run 2 races per class per day. The number of races conducted is at the discretion of the race committee.
- 5.4 Flag A displayed on the Signal Boat with no sound while boats are finishing means ‘no more racing today.’
- 5.5 No warning signal for a race will be made after 1630 on Saturday and Sunday.

6 CLASS FLAGS

- 6.1 Class flags will be the numeral pennants corresponding to the class numbers appearing on the scratch sheets.
- 6.2 Boats shall display class flags from their backstays, located approximately six feet above the deck, prior to the first warning signal for their circle until they are no longer racing.
- 6.3 Final Scratch sheets will be posted on www.yachtscoring.com by **1800 August 2**.
- 6.4 Prior to first warning signal each day, each boat, with its mainsail hoisted, shall pass within hailing distance of the race committee signal boat, check in and receive an acknowledgement. Radio check ins will not be acknowledged.
- 6.5 Boats retiring are requested to inform the race committee on VHF 69.

7 RACING AREA

The starting area for all classes racing PHRF and Offshore One-Design will be approximately one nautical mile west of mid-sound government mark 32A.

8 COURSES AND MARKS

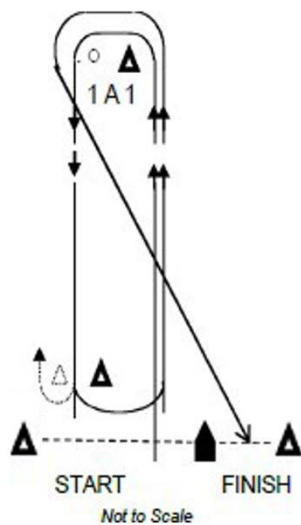
- 8.1 **Windward/Leeward Race:** No later than the warning signal, the race committee signal boat will display the course, the approximate compass and distance to the first mark and the number of legs to be sailed on the course board.

Sample course board: showing compass bearing 135, distance 1.5 nm to the windward mark, 6 legs for class 1, 4 legs for classes II & III, 2 legs for class IV

Mag. Bearing	Dist.	Classes	Legs
1	1.5	I	6
3		II	4
5		IV	2

If the course is the same for the succeeding class or classes, their course is the same as the preceding class.

- 8.2 Course will be Windward/Leeward and may include an offset at the windward mark as shown in the course diagram. Offset mark will be a round inflatable ball. Inclusion of an offset mark will be announced prior to the warning signal. Other marks will be orange or yellow tetrahedrons.
- 8.3 Flag G displayed prior to the warning signal means there will be a leeward gate. The gate marks will be matching and different in color than the start and finish. In the event that the gate is not in place or there is not an object displaying Flag M, the single leeward mark shall be rounded to port.
- 8.4 Course Diagram – not to scale



- 8.5 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. The new mark will be a different color than the original mark. When in a subsequent change a new mark is pre-placed, it will be the original mark.
- 8.6 **Navigator Race:** Prior to the Warning Signal the course will be displayed on the course board on the signal boat. Marks are described in Appendix One. Marks will be passed in the order signaled. When the course to the next mark is other than a reciprocal course, the mark shall be left so that the rhumb line course to the next mark will not cross the rhumb line course from the previous mark; when the course to the next mark is a reciprocal course, the mark shall be left to port. One course will be signaled if all the Class(es) are to sail the same course. If different courses are to be sailed, roman numeral placards will identify the course for each Class. A Class whose placard is not displayed shall sail the same course as the previous Class displayed

9 THE START

- 9.1 Races will be started in accordance with RRS 26.
- 9.2 The starting line will be between the staff displaying an orange flag on the race committee signal boat at the starboard end and an inflatable mark on the port end.
- 9.3 The warning signal for the second and subsequent starts may be the starting signal for the previous start. Order of starts will be as signaled by class flags.
- 9.4 Boats starting later than four minutes after their starting signal will be scored "Did Not Start" without a hearing. This changes RRS A4.1 and A5.
- 9.5 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via VHF Channel 69. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

10 THE FINISH

- 10.1 **Windward / Leeward Race Finish:**
The finish line will be between a staff displaying a blue flag the Race Committee vessel and a nearby inflatable mark as shown in the diagram in 8.4
- 10.2 **Navigator Finish:**
The finish line will be between Mark A (G "1" Fl. G 2.5s Gong – at the entrance to Captain Harbor) and a Race Committee vessel.

11 Time Limits

- 11.1 **Windward/Leeward Time Limit:** The time limit for the first boat in a division to sail the course and finish a race if the course is 6 miles or less will be 2 ½ hours. The time limit for the first boat in a division to sail the course and finish a race if the course is more than 6 miles will be 3 ½ hours.
- A "finish window" will open when the first boat that sails the course within the time limit in each class finishes.
 - For one-design classes the finish window is 20 minutes.

- For PHRF Windward/Leeward classes the finish window is 30 minutes
- Boats finishing after their finish window closes, will be scored TLE. This changes RRS 35.

11.2 **Navigator Time Limit:** The time limit for the first boat in the navigator course to sail the course and finish will be 1700. Boats that fail to finish within 1 hour will be scored “Time Limit Expired” (TLE). This changes rule 35.

- The Race Committee may shorten the course consistent with the Racing Rules of Sailing.

12 HEARING REQUESTS

- 12.1 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.
- 12.2 Protests shall be delivered to the RYC front desk within 60 minutes after the race committee finish boat docks.
- 12.3 The protest time limits along with a list of protests and request for redress filed at the front desk will be posted promptly on the official notice board on Yacht Scoring.
- 12.4 Parties to a hearing and their witnesses should remain in the protest hearing area. If they are not available when called, they may not be heard.
- 12.5 Hearings and arbitration will begin as soon as practicable after protest forms are filed at the protest desk.

13 SCORING

- 13.1 One complete race constitutes a series
- 13.2 PHRF time allowances will be computed using Time on Time with a boat’s W/L rating.
- 13.3 Boats scored Time Limit Expired (TLE) will be scored two points more than the number of finishers except that she shall not be scored worse than DNF.
- 13.4 A boat’s series score will be the total of her race scores.
- 13.5 Scoring for PHRF YRA Season Trophies will be double weighted for this event.

14 PRIZES

- 14.1 Prizes will be awarded for First and Second place for classes with seven or less entries. Prizes for First through Third will be awarded to classes with entries with eight or more.
- 14.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 14.3 This event is a qualifying event for the YRA Youth Challenge Cup, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards to be awarded at the Annual Meeting on Dec 4, 2022, at Larchmont YC.

15 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The organizing authority and/or Riverside Yacht Club and/or its Race Committee will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

16 FURTHER INFORMATION

Please contact the YRALIS office at: 516-767-9240 office@yralis.org

William Baxter – Event -Chairman

Technical Committee - techcomm@yraphrf.org

Appendix One Navigator Marks

The following may be used as marks.

A	G "1" Fl. G 2.5s Gong - Captain Harbor	N	G "21" Fl. G 4s Gong - Matinecock Point
B	RN "2" - Flat Neck Point	O	C "19" - Oak Neck Point
C	RN "34" - Greenwich Point	P	G "17" Bell - Rocky Point
D	R "32A" Fl. R 2.5s - Mid Sound	Q	G "1" Gong - Lloyd Neck NW Bluff
E	RN "2" - Great Captain Island, west reef	R	G "15" Fl. G 4s Gong - Lloyd Point
F	R "36" Bell - Bluefish Shoal	S	RN "4" - Lloyd Neck
G	R "38" Fl. R 4s Bell Transport Rock	T	C "13" - Eaton's Neck Point
I	R "40" Fl. R 6s - Porgy Shoal	U	C "E" - Eaton's Neck Point
J	RN "40A" - Scotch Caps	V	G "11B" Fl. G 4s Gong - Eaton's Neck Point
K	R "42" Fl. 2.5 s Bell - Mamaroneck	W	R "32" Fl. R 6s Bell - The Cows
L	C "1" Execution Rocks	X	R "30" Fl. R - Smith Reef
M	G "23" Fl. G 4 s. Bell - Prospect Point	Y	R "28C" Fl R 4s Bell - Cable & Anchor
Z - Windward mark of the windward/leeward course, approximate range and bearing provided in aft two columns of the course board.			

Information regarding all government marks is believed to be reliable. All captains are reminded that the Coast Guard is continually changing mark designations, locations and characteristics. If any of these mark descriptions have changed by the date of this race, whatever mark is on station at the stated location shall be considered the mark designated in these instructions. If a designated mark is missing, an inflatable mark may be substituted. Unless instructed otherwise, government marks not signaled as part of the course may be disregarded for the purposes of a race but should not be disregarded for purposes of safe piloting.



20TH ANNUAL YRALIS CHAMPIONSHIP REGATTA



PHRF & One-Design Championship Regatta August 3 & 4, 2024



Small One-Design Championship

Indian Harbor Yacht Club

Organizing Authority: Yacht Racing Association of Long Island Sound (YRALIS)
YRALIS One Designs Hosted by Indian Harbor Yacht Club (IHYC), Greenwich Connecticut

SAILING INSTRUCTIONS

As of June 30, 2024

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. Where class rules specify different requirements for various levels of events, this regatta shall be considered a district /regional-level regatta, or equivalent. One-design classes will be responsible for administering their respective rules.
- 1.3. Appendix V1 will apply.

2. ADVERTISING

For the purposes of RRS 76.2, advertising is allowed in accordance with WS Regulation 20, as permitted by class rules.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the event's page on yachtscoring.com
IHYC RC will use VHF CH 5 to communicate with competitors on the water.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change in the schedule of races will be posted by 2000 on the day before it will take effect.
- 4.2. Per rule 90.2(c), oral changes to the sailing instructions may be made on the water.
- 4.3. Any change to the sailing instructions will be accompanied by the display of flag "L" with one sound signal from the signal boat whether made ashore or from on-the-water.

5. COMMUNICATIONS

- 5.1. The online Official Notice Board is located at yachtscoring.com event site.
- 5.2. The race office for "One Designs" is located at Indian Harbor Yacht Club.
- 5.3. On the water, the "starting area" race committee intends to monitor and communicate with competitors via VHF 5.

6.SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed from a race committee signal boat at the IHYC dock.
- 6.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.

7.SCHEDULE OF RACES

- 7.1. The scheduled time of the warning signal for the first race is 1200 on Saturday and Sunday. Subsequent races will be held as soon as practicable after the end of the previous race.
- 7.2. The race committee intends to run multiple races. The number of races conducted each day is at the sole discretion of the race committee.
- 7.3. Flag A displayed, with no sound, while boats are finishing means "No more racing today."

8.CLASS FLAGS

Class flags will be:

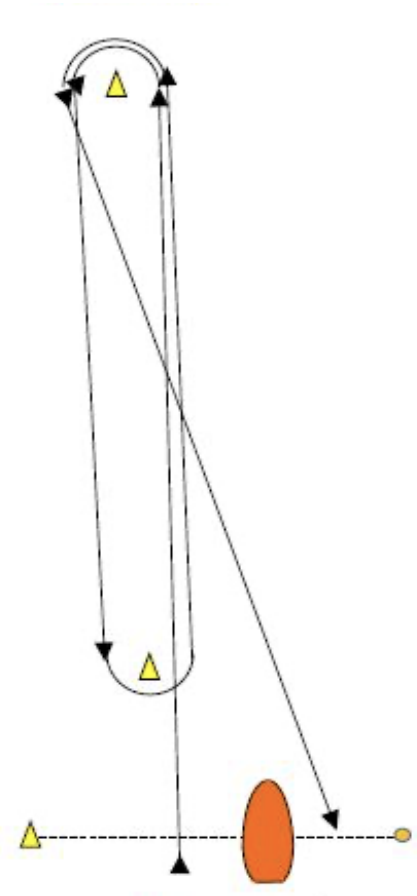
<u>Racing Area</u>	<u>Class Designation</u>	<u>Class</u>	<u>Flag</u>
Indian Harbor YC	Class 1	J 88s	Numeral 1
	Class 2		Shields
	Numeral 2		
	Class 3		Ideal 18s
	Numeral 3		
	Class 4		Lasers
	Numeral 4		

9.RACING AREAS

The racing area for the Shields, Ideal 18 and Laser/ILCA classes at IHYC will be inside Captain Harbor.

10. THE COURSES

- 10.1. RC intends to run a windward / leeward course with a separate start and finish line. Approximate course layout is diagrammed to the right. A modified WL (“MWL”) may also be used, with the start and finish lines in the middle of the course.
- 10.2. The lines are closed. Sailing through the start or finish line(s) other than while starting or finishing a race will result in a score of DSQ without a hearing.
- 10.3. The RC may use a gate for the leeward mark and may use an offset at the windward mark.
- 10.4. The RC may set a course with a finish line up wind between a mark and the starboard side of RC.
- 10.5. The RC will post W or L indicating Windward or Leeward finish, followed by the number of legs around the course on the signal boat. For reference, the diagram shows L4, or twice around with a leeward finish.



11.MARKS

- 11.1. Class 1 & 2 Windward Mark will be a large Orange Tetrahedron.
- 11.2. Class 3 &4 Windward Mark will be a small yellow tetrahedron. If used, an offset mark will be a smaller inflatable mark.
- 11.3. Leeward mark for all fleets will be a small yellow tetrahedron. For all fleets, if gates are used, they will be two small yellow tetrahedrons.

12.THE START

- 12.1. Races run by IHYC for class 1 and class 2 will be started in accordance with RRS 26.
- 12.2. Races run by IHYC for Class 3 and 4 will use the Audible-Signal Racing System, Appendix U.
- 12.3. The class flag(s) of the class(es) being started will be displayed from the warning signal until the start.
- 12.4. The starting line will be between the staff from which a colored flag is displayed on the race committee signal boat and the starboard end and the course side of the port end starting mark.
- 12.5. The race committee may invoke starting penalties per RRS 30 and display the corresponding code flag (e.g.: "I", "Z", or "U") at the time of the warning signal but no later than the two-minute Preparatory signal.
- 12.6. The race committee may employ a "keep away" mark from the signal boat. The "keep away" mark shall be considered part of the signal boat.
- 12.7. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.8. A boat that does not start within 3 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes RRS A4 and A5.
- 12.9. Classes may not necessarily start in numerical order and may be combined into a single starting sequence by displaying multiple class flags from the same staff or halyard. For subsequent races, classes will be started as soon as practicable, and not necessarily in the order used for the first race.

13. RECALLS

- 13.1. Recall will be made in accordance with RRS Appendix U4.
- 13.2. Failure to hail, the order in which recall numbers are hailed, and the failure of a competitor to hear a hail will not be grounds for a request for redress. This changes rule 62.1.

14.CHANGE OF THE NEXT LEG OF THE COURSE

To maintain a course configuration, or change course length, marks may be moved as necessary, but no mark shall be moved when any boat is on the leg that it terminates. No change of course signals will be signaled. This changes RRS 33.

15.THE FINISH

The finishing line will be between a staff displaying a blue flag on a race committee boat at the port end and the course side of the nearby finish mark.

16.TIME LIMITS AND TARGET TIMES

- 16.1. Time limits for Ideal 18s and Lasers classes is 45 minutes.
- 16.2. Time limit for Shields is 1 hour.

- 16.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

17.PROTESTS AND REQUESTS FOR REDRESS

- 17.1. For incidents between competitors on the One Design circle run by IHYC, “The boat protesting or requesting redress about an incident while racing shall inform the race committee as soon as reasonably possible after finishing or retiring.” (Appendix E6.4, Informing the Race Committee) This alters rule 61.3.
- 17.2. Protest forms are online from US Sailing.com or by [following this link](#). Completed forms shall be emailed to Sailing@indianharboryc.com no later than 2000 the day of the event for which the protest is filed.
- 17.3. A list of protests will be posted on the official notice board on yachtscoring.com no later than 2030 on the day of competition to inform competitors of hearings in which they are parties or named as witnesses.

18.SCORING

- 18.1. A boat’s series score will exclude her worst race score, subject to RRS 90.3(b) if five or more races are completed, unless otherwise specified by her one-design class rules. This changes RRS A2.
- 18.2. One race will constitute a series.

19.PRIZES

- 19.1. YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 19.2. The Commodore Hipkins Trophy Men’s Sailing Championship of Long Island Sound will be awarded to the best performing male skipper over the age of 18 from the multi-handed one-design classes racing on the AYC and IHYC circles as determined by the OA.
- 19.3. This regatta is a qualifying event for the YRA Youth Challenge Cup, the Sally Finkbeiner Trophy, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.

FURTHER INFORMATION

One Design Race Course office:

- YRA LIS Email: office@yralis.org
- Email: sailing@indianharboryc.com

Event Chair: Bill Baxter

Technical Committee: Yacht Racing Association of Long Island Sound

PHRF PRO: Andree Pruett, RYC

OD PRO: Sailing Department, IHYC

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