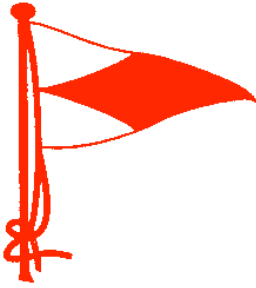


2016



IDEAL 18 NORTH AMERICAN CHAMPIONSHIP

SEPTEMBER 23-25, 2016

Indian Harbor Yacht Club, Greenwich CT

Organizing Authority

SAILING INSTRUCTIONS

1. Rules

1.1 The regatta will be governed by the **rules** as defined in *The Racing Rules of Sailing 2013-2016 (RRS)*.

1.2 All of the prescriptions of US Sailing will apply.

1.3 Racing rule 40 and the Preamble to Part 4 will be changed as follows: Except for brief periods while changing or adjusting clothing or equipment, all competitors shall wear, while on or near the water, a US Coast Guard approved type III PFD. The changes will appear in full in the sailing instructions. Also see NOR 10 (Time Limits) below. The sailing instructions may also change other racing rules.

1.4 Appendix S, Sound-Signal System with supplementary visual signals will be used

1.5 As permitted by RRS 87, rules 4.6 and 13.4 of the Ideal 18 Class Rules are changed as follows: the hull surface below the top waterline stripe shall have an anti-fouling bottom paint or coating; and, boats shall be raced by two persons. The Organizing Authority may require that boats be inspected to ensure compliance with the bottom paint requirement.

1.6 The equipment required to be aboard each boat while racing is listed in Ideal 18 Class Rule 10, and includes PFD's, a separate throwable PFD with attached whistle, anchor & anchor line, bucket, pump, and paddle. The Organizing Authority may require that boats be inspected to ensure compliance with on-board equipment requirements.

1.7 Bow numbers will be distributed to each boat during check-in, including a diagram illustrating the proper placement

1.8 Appendix T sections A, B and D will apply.

1.9 If there is a conflict between the NOR and these SI's, the SI's shall take precedence

2. Notices to Competitors

Notices to competitors will be posted on the Official Notice Board located in the main lobby of the clubhouse.

3. Changes to the Sailing Instructions

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals Made Ashore

4.1 Signals made ashore will be displayed from the main flagpole on the south lawn of the Club House.

4.2 When pennant AP is displayed ashore '1 minute' is

replaced with 'not less than 45 minutes' in the Race Signals AP.

5. Schedule of Races

Friday, September 23

1700-2000

Check-In* & Late Registration

Saturday, September 24

0800-0930

Check-in* & Late Registration

0930

Competitors' Meeting

1000

Harbor Start

All boats must be afloat by 1000

1055

First Warning

1830

Event Dinner

Sunday, September 25

0900

Harbor Start

0955

First Warning

1430

No warning signal after this time

Awards will be presented shortly after racing ends

Five or more races are Scheduled.

* **Note:** All skippers & crews must check-in for the regatta in person.

6. Class Flag

The class flag will be numeral pennant 1. Also see SI 10.2.

7. Racing Areas

The racing area will be inside Captain Harbor or on Long Island Sound South of Captain Islands

8. Courses

8.1 See Appendix A for Course Illustration

8.2 All marks shall be rounded to port, except in the case of a leeward gate.

8.4 No later than the warning signal, the course to be sailed, the approximate magnetic compass bearing and distance to the windward mark may be displayed on the course board on the bow of the Race Committee Signal Boat, using placards arranged vertically.

9. Marks

9.1 Marks will be yellow tetrahedrons, except the finish Mark will be an Orange tetrahedron

9.2 The windward offset mark will be a brightly colored buoy.

9.3 New marks as provided in SI 11 will be orange tetrahedrons.

10. The Start

10.1 Races shall be started in accordance with Rule 26, 5-minute sequence.

10.2 Supplemental visual signals will be used.

10.3 The starting line will be between a staff displaying a yellow flag on the signal boat at the starboard end of the line and the course side of a nearby mark or yellow flag on an inflatable Rib.

10.4 The Race Committee may invoke starting penalties per RRS 30 and display code flag "I", "Z", "I with Z" or a "U" flag at the time of the Preparatory signal.

10.5 If "U" code flag has been displayed, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. This changes rule 30.3.

10.6 A boat starting later than five minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 & A5

11. Changing the Next Leg of the Course

11.1 To change the next leg of the course, the race committee will lay a new mark or gate (or move the finishing line) and remove the original mark (or marks) as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2 If the windward mark is changed, a new offset mark will not be set.

11.3 If the Leeward Mark/Gate is changed it will be a single Mark.

12. The Finish

12.1 The finish line will be between a staff displaying an Orange flag at the Port end of the line and the course of the Starboard-end finishing orange tetrahedron mark.

12.2 Flag "A" displayed, with no sounds while boats are finishing means "No more racing today".

13. Penalty System

13.1 Appendix T Section B Post-Race Penalties will apply whereby a boat may take a scoring penalty after a race in accordance with Section B if she may have broken a rule of Part 2 or 31 while racing.

13.2 Appendix T section D Arbitration will apply.

13.3 Appendix T section A Penalties while racing shall apply: T1 Penalties at the time of the incident. The first two sentences of rule 44.1 are changed to: "a boat may take a One –Turn-Penalty when she may have broken a rule of part-2 or rule 31 while *racing*. However, when she may have broken a rule of part-2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.

14. Time Limits & Target Times

14.1 The time limit for the first boat to finish will be 75 minutes.

14.2 If no boat has passed Mark 1 within 20 minutes, the race will be abandoned.

14.3 A boat not finishing within twenty (15) minutes after the first boat sails the course and finishes will be scored TLE (Time Limit Expired) without a hearing. This modifies

RRS 35, A4 & A5.

15. Protests & Requests for Redress

15.1 At its' first opportunity after finishing or withdrawing from a race, a boat shall notify the Race Committee of its intent to protest another boat, and provide the hull/sail number of the boat to be protested. This modifies RRS 61.

15.2 Protest forms will be available at the Front Desk of the Club House. Protests and requests for redress or reopening shall be in writing and shall be delivered there within the appropriate time limit.

15.3 The protest time limit is 30 minutes after the Race Committee Signal Boat docks. A long sound signal will indicate that protest time has begun. The docking time and protest time limit will be posted on the Official Notice Board.

15.4 Notices will be posted as soon as possible before or after the protest time limit to inform competitors of arbitrations or hearings in which they are parties or named as witnesses. Notices of protests by the Race Committee will also be posted within the time limit to inform boats of protests under RRS 61.1(b).

15.5 The time limit for requests for reopening or redress, based on a hearing or the scoring, is 30 minutes after a hearing decision or scoring results have been posted. This modifies RRS 62.2 & 66.

15.6 Breaches of SI's 1.5,1.6,15,18,19,20 and NOR's 12, 14.A,14.B, and 16 will not be grounds for protest by a boat. This amends RRS 60.1(a). Penalties for breaches of these instructions may be less than disqualification if the protest committee so decides. The scoring abbreviation for discretionary penalties imposed under this instruction will be DPI. Discretionary penalties are not discardable.

16. Arbitration

16.1 For all RRS part 2 protests, an arbitration hearing will first be held before proceeding to a protest hearing. This modifies RRS part 5 Section B.

16.2 After a written protest is filed, one representative from each boat will meet with an arbitrator. No witnesses will be allowed.

16.3 A boat accepting fault during arbitration shall receive a scoring penalty of 40% of the number of entries (rounded up 0.5) added to her finish position but no worse than DNF.

16.4 Arbitrators shall not be considered race or protest committee members; therefore, arbitration decisions cannot be grounds for redress and cannot be appealed.

16.5 The Arbitrator will not be a member of the protest committee that hears the protest but may be permitted to observe at the hearing and offer testimony. This amends RRS 63.3(a)

17. Scoring

17.1 The Low Point Scoring System of RRS Appendix A will be used.

17.2 Three races are required to be completed to constitute the series.

17.3 (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.

(b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score subject to RRS 90.3(b).

17.4 Boats scored TLE will receive as a race score points equal to two places more than the last boat that finishes within the time limit, but not worse than DNF. This modifies RRS A4.1, A4.2 and A5.

18. Safety Regulations

18.1 Boats shall check in before the first race each day by passing close to the stern of the race committee signal boat after it has anchored, with mainsail raised, and hail their bow/sail numbers until acknowledged.

18.2 A boat that retires from a race or for the day, or does not intend to start a race, shall notify any race committee boat as soon as possible.

18.3 Depositing trash in the water is not permitted, see RRS 55.

19 HAUL-OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the Race Committee.

20 RADIO COMMUNICATION

20.1 Boats are permitted to have a VHF radio aboard. However, only general regatta information may be made available by the Race Committee; and specifically, boats that are OCS will not be announced over VHF radio.

20.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

21. Prizes

The *Ideal 18 North American Championship Regatta Trophy*, a perpetual trophy, will be awarded to the winner of

the Regatta. In addition, prizes will be awarded to at least 1st through 5th place finishers. Additional prizes may be awarded.

22. Insurance

Each participating boat shall be insured with valid third-party liability insurance. The Organizing Authority reserves the right to request proof of insurance from any entrant's boat owner. Adequacy of coverage is an owner responsibility.

23. Safety & Disclaimer

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta..

2016 Ideal 18 North American Championship Committee

Event Chairman: Gregory W. Neumann

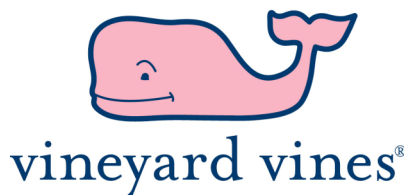
IHYC Waterfront Director: Joel Labuzetta

PRO: Roger van Loveren

Website: www.indianharboryc.com, click on Regattas tab, then on event name.

Emails: gneumann@kariscp.com

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APPENDIX A - Course Illustration - Windward-Leeward **W (X)**

(X) - X= number of windward and leeward legs

