



SAILING INSTRUCTIONS

July 26 – July 29, 2018

MANAGEMENT

The Regatta is managed by the Around Long Island Regatta Committee of the Sea Cliff Yacht Club (ALIR). The ALIR Race Committee shall have the authority to interpret the rules and conditions of the race.

RULES

The race will be governed by The Racing Rules of Sailing (RRS) and the prescriptions of the US Sailing Association (US Sailing). Appendix T, "Arbitration" will apply. RRS 51, "Movable Ballast," will have the words "A canting keel may be used" added and RRS 52, "Manual Power" will have the words "The mechanism to cant the keel may be powered by other than manual power" added.

For PHRF boats the Performance Handicap Racing Fleet (PHRF) Regulations of the Yacht Racing Association of Long Island Sound (YRA of LIS) shall apply. For IRC boats the IRC Handicap Rule, Parts 1, 2 and 3 shall apply and for Multihulls the New England Multihull Association (NEMA) By-Laws shall apply except as any of these are altered by this Notice of Race or the Sailing Instructions. For non-spinnaker boats, the PHRF Regulations are supplemented by the YRA of LIS Non-Spinnaker Regulations (see YRA of LIS "Handicap Racing Program" and/or <http://www.yralis.org>). IRC Rule 22.4 shall not apply. There will be no limitations on crew number or weight for IRC.

Boats may subscribe to and use Kattack mobile phone tracking software.

For boats wishing to be scored for the YRA Youth Challenge Cup (YCC), the following will apply:

- The boat shall comply with the rules for PHRF Events as stated in the YRA of LIS requirements for the Youth Challenge Cup (YCC) in the YRA LIS yearbook or on the YRA LIS website.
- A participating Youth shall fly code flag "Juliet" on its backstay in addition to its division flag.
- It shall add the initials "YCC" after the boat's name on the entry form
- Owners must email alir@seacliffyc.org and scores@yralis.org prior to the start with the crew roster and birthdates of each crew member
- At least one third of the crew shall be between 14 and 23 years old.

For boats in the double-handed division (DH), the following will apply:

- Only monohull boats are eligible. They will use PHRF – Time on Distance and score as their own fleet
- Each boat will hold a valid YRA of LIS Double-Handed Rating Certificate
- Crew is limited to 2 persons; one person must be at least 18 years old
- Double-handed are NOT eligible for the Youth Challenge Cup (YCC)
- Wind vanes and/or autopilots may be used without penalty
- Safety line (jack lines) will be well secured at each end and on each side of the boat and rigged throughout the race
- Double-handed division boats are permitted to utilize radio communication among vessels in the division while racing

EQUIPMENT

The [IRC & PHRF Minimum Equipment Recommendations of the YRA of LIS](#) for category "A" races will apply for all boats.

ELIGIBILITY

The race is open to monohull and multihull boats of at least 24 feet in overall length OR PHRF rating 150 or faster. Each monohull boat shall hold a valid YRA of LIS PHRF rating certificate or an IRC rating certificate (or both). For boats without a valid YRA of LIS PHRF rating certificate they can join the YRA of LIS to obtain one. Multihull boats must hold a valid NEMA rating certificate. Racing certificates can be obtained at yralis.org or nemasail.org.

For YCC boats, at least one third of their crew must be between the ages of 14 and 23, as of the day of the Start, as noted in "Rules".

Double-handed boats shall hold a valid YRA of LIS Double-Handed PHRF Certificate. Double-handed boats are not eligible for IRC or YCC divisions.

All boats racing IRC must have an IRC rating certificate. IRC boats rating PHRF 51 through 90 may provide "Standard" or "Endorsed" IRC rating certificates. All other boats racing IRC (PHRF 50 or faster) must provide an "Endorsed" IRC rating certificate with the exception of J-44s, J-120s and Farr 395s. The ALIR may add to this list of classes that are exempt from needing "Endorsed" certificates. Racing using IRC ratings will be offered for boats rating PHRF 91 and higher if there is sufficient interest, as determined by the ALIR Race Committee.

NOTICES TO COMPETITORS

Notices to competitors will be read on VHF Channel 68 near the start line at 1030 hours on July 26, 2018. Changes to the Sailing Instructions will NOT be read on VHF Channel 68. Notices to Competitors and changes to the Sailing Instructions will be posted to the YachtScoring page (<https://www.yachtscoring.com/emenu.cfm?eID=4589>).

SKIPPER & CREW MEETING

There will be a Skippers & Crew Meeting at the Liberty House Restaurant, Jersey City, NJ on Wednesday, July 25, 2018 commencing at 2000 hours. The doors will open at 1900 hours. Gosling "Dark 'N Stormy", Samuel Adams Beer, cash bar and light hors d'oeuvres will be served. Copies of these Sailing Instructions & Scratch Sheets will be available. ALIR Committee persons will make a short presentation and will be available to answer questions about sailing the ALIR.

DIVISIONS

Each boat will be assigned to an appropriate division. Monohull (spinnaker and non-spinnaker) and multihull boats will be assigned their own divisions. Boats submitting only an IRC Measurement Certificate (without a PHRF certificate) will be assigned to start in a PHRF division and score for only IRC trophies. Division assignments, ratings and time allowances will be established in the Scratch Sheet. Scratch Sheets will be available for pickup at the Skipper and Crew Meeting on Wednesday, July 25, 2018 and on the web at https://www.yachtscoring.com/event_scratch_sheet.cfm?eID=4589. Scratch Sheets will NOT be available from the Race Committee at the start.

TEAMS

A team is made up of three boats. A boat may only be entered as a member of one (1) team. A team shall be registered on the Team Entry Form. A boat sailing both PHRF and IRC must specify, on the team entry form, which she would like to be scored in. In the absence of a specific division a boat will be scored PHRF. The entry fee for team participation is \$75 and can be purchased via YachtScoring at Purchase Tickets and Other Items. Team Entry Forms are available on the web at <https://www.yachtscoring.com/emenu.cfm?eID=4589>. Team Entry Forms must be submitted by email to alir@seacliffyc.org with Team Entry in the Subject prior to 1100 hours on Thursday, July 26, 2018.

COURSE

The course is from the Start (see below) out New York Harbor, under the Verrazano Narrows Bridge, east to Montauk Point, across to Long Island Sound and to the finish off the Glen Cove Breakwater in Hempstead Harbor. All government marks and station buoy, may be disregarded at the discretion of each boat. The course will be considered 205 nm for scoring purposes unless the start is moved closer to the finish. **COMPETITORS ARE REMINDED THAT COMMERCIAL TRAFFIC HAS THE RIGHT-OF-WAY.**

CHECK-IN

In order to "check-in", all boats shall text message their Boat Name, Sail Number and Division beginning 0900 on July 26, 2018 to 516-945-9209. You should receive a confirming reply. If you do not receive a reply in 5 minutes please text again. If you are not starting please indicate DNS in the text message. There will be no VHF check-in.

COMMUNICATIONS

All vessels must be equipped with an operating VHF radio. Announcements at the start will be on Channel 68. The Regatta Desk at the finish will be on Channel 69.

Any boat that withdraws from the race after the start shall attempt to notify the Race Committee by telephone (516-945-9209).

For communication while rounding Montauk Point Lighthouse please see "Montauk Rounding." The Race Committee may permit one or more of the participating boats to serve as a public broadcasting station during the race.

Boats not finishing by 1200 hours on Sunday, July 29, 2018 shall call the Regatta Desk by telephone (516-945-9209) and provide their location. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIRs AND/OR OTHER SANCTIONED REGATTAS. VESSEL'S MASTER/OWNER MAY ALSO BE SUBJECT TO SIGNIFICANT FEDERAL AND LOCAL PENALTIES AND FEES.

INSPECTION

It is the responsibility of the owner and/or Master of each boat to see that his/her boat is seaworthy in all respects and that she is manned by a competent crew. The Race Committee reserves the right to inspect any boat before or after the race and to reject the entry or disqualify any boat violating the letter or spirit of this requirement.

IDENTIFICATION

In addition to the required sail numbers, each boat shall fly from her backstay the International Numeral Code Flag(s) (1, 2, 3 etc.) corresponding to the division the boat is assigned.

SAIL NUMBERS

All boats must have sail numbers. Temporary tape numbers are acceptable, however they must be applied to all sails as defined in Appendix G of the RRS.

CREW

All boats shall carry a crew of a minimum of four (4) persons, except participants in the double handed division shall have a crew of exactly two. Skippers are asked to register their crews on www.yachtscoring.com.

THE START

The race will be started using the starting system shown here with multiple divisions starting as a group. Divisions and starting groups will be established on the Scratch Sheet. If there is a conflict between a boat's PHRF division starting time and it's IRC division starting time then the PHRF division starting time will take precedent.

Starting groups will be started 10 minutes apart. The International Numeral Code Flag(s) for the divisions starting as a group (i.e. divisions 1, 2, 3, etc.) will be hoisted at the warning signal for the group. The warning signal for the first starting group is scheduled for 1100 hours, the warning signal for the second starting group is scheduled for 1110 hours, 1120 hours etc. This modifies RRS 26.

Warning	Division flags (1, 2, 3 etc. hoisted simultaneously) raised, and 1 sound signal 5 minutes before the start.
Preparatory	"P" flag raised (removed 1 minute before the start), and 1 sound signal 4 minutes before the start.
One Minute Before Start	"P" flag removed with 1 long sound signal.
Start	Division flags removed, 1 sound signal at the start.

There will be five minutes between the start of one group and the Warning signal of the next.

STARTING LINE AND STARTING

The starting line will be at approximately .25 NM northeast of Ellis Island in New York Harbor. The starting line will be between an orange flag on the Honorable Willie Wall (signal vessel) and a pin end vessel displaying a blue Race Committee flag and an orange starting line flag. If necessary, the Race Committee may hoist Flag L and move the start to the south. In this case the vessel displaying the blue Race Committee flag will become the signal vessel and another vessel will become the pin end vessel.

POSTPONEMENTS

Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by Flag AP (the Answering Pennant) and two (2) sound signals. All starting groups not started are postponed. The new Warning Signal will be made one (1) minute after removal of "AP". The starting order of un-started groups will be unaltered.

RECALLS

After an individual recall, the Race Committee will promptly display Flag X, accompanied by one (1) sound signal. The Race Committee may attempt to hail recalled boats on VHF channel 68, but IT IS THE RESPONSIBILITY OF EACH BOAT TO MAKE A PROPER START. A General Recall of a group will be signaled by the Flag First Substitute and two (2) sound signals. The new Warning Signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

CANCELLATION AND ABANDONMENT

If the race is canceled prior to the start, in addition to the standard signal, the Race Committee shall announce the cancellation on VHF Channel 68. If the race is abandoned after the start of any group, the Race Committee shall announce the abandonment on VHF Channel 16. (Modifies RRS 32).

MONTAUK ROUNDING AND APPROACHING THE FINISH

As soon as possible after Montauk Point Light bears 270° magnetic, each boat is requested to report her "rounding time" by calling the Regatta Desk (516-945-9209). If the telephone transmission is not clear, please call again at a later time to confirm that the rounding time has been recorded properly. A boat shall give her name, sail number, division, and "rounding time".

As soon as possible after passing Matinecock Point, buoy "21", each boat is requested to report her "passing time" by calling the Regatta Desk (see above).

FINISH LINE AND FINISHING

The finish line will be between a blue flag on the finish vessel and the light on the WEST end of the Glen Cove Breakwater. Please note that the Glen Cove Breakwater extends about 25 FEET WEST of the light at its end. The finish vessel shall display a Sea Cliff Yacht Club burgee and a blue Race Committee Flag.

When approaching the finish line, it is requested that a boat flash a light on her sail numbers (if dark) to assure that the boat's identity has been properly established.

WITHDRAWAL

Any boat withdrawing from the race shall notify the Race Committee by telephone (516-945-9209) as soon as possible. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIR AND/OR OTHER SANCTIONED REGATTAS.

PROTESTS

Protests shall be delivered to the Regatta Desk at the Sea Cliff Yacht Club no later than two (2) hours after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club beginning at 1100 hours on Sunday, July 29, 2018. A list of protests received will be posted on the Official Notice Board and may be posted online at <https://www.yachtscoring.com/emenu.cfm?eid=4589>. After finishing, a boat may call the Regatta Desk by telephone (516-945-9209) to obtain a list of protests received. This list of protests will constitute "Notification" as described in RRS 63.2.

ALTERNATIVE PENALTIES

The Protest Committee may apply a penalty of one (1) hour added to the elapsed time of a boat in lieu of disqualification for infringement of RRS 29 or 31, a RRS of Part 2 not involving damage to another boat or an infringement of Sailing Instruction – Starting Line and Starting.

TIME ALLOWANCES

PHRF time allowances will be “time on distance” based on YRA of LIS “distance race” ratings and a distance of 205 nautical miles. PHRF Double-handed classes are not eligible for PHRF Spinnaker fleet prizes. The IRC classes will be scored using the IRC Time Correction Factor using time on time. Multihull time allowances will be according to the NEMA By-Laws and a course length of 205 nm. These race distances may be adjusted if the start is moved significantly closer to the finish.

SCORING AND PRIZES

DIVISIONAL TROPHIES WILL BE AWARDED TO THE TOP THREE BOATS IN EACH DIVISION. THE FOLLOWING ADDITIONAL TROPHIES WILL BE AWARDED (others may be added):

e-GAD Trophy (First to Start in Division 1)

First To Finish (Monohull & Multihull)

Wesley L. Bailey Trophy (Yacht Club with the most finishers)

Geoffrey A. Baker Trophy (Best corrected time by a Sea Cliff YC boat)

Our Lady Trophy (Best performance in her division by a Sea Cliff YC boat)

Bohemia Trophy (Best performance by a first time ALIR participant)

Good Old Boats (Best corrected time by PHRF & PHRF Non-Spinnaker boats 25 years old and older)

Team Trophies

Youth Challenge Cup (Best performance by a Youth boat)

Norvin & Martha Rieser Perseverance Trophy (Skipper who has sailed the most ALIR's but not won this trophy in previous 5 Regattas)

Jack Sussey Academy Trophy (top Academy boat)

Fleet Trophies (PHRF Spinnaker, PHRF Non-Spinnaker, PHRF Double-Handed, IRC, & Multihull)

John B. Thompson, Jr. Trophy (top IRC boat)

Jack Tar Trophy (Chief of the foredeck on ALIR Trophy winning boat)

ALIR Trophy (top PHRF Spinnaker Fleet boat) – Double-Handed, Non-Spinnaker, IRC & Multihull are not eligible for this trophy

AWARDS PRESENTATION & PARTY

Awards will be presented at the Award Celebration Party on Sunday, July 29, 2018 at Sea Cliff Yacht Club. The party will begin at 1400 hrs. The awards presentation will begin at approximately 1700 hrs. Tickets are available in advance at the Regatta Desk or at the door.

KATTACK, WEB SITE & FACEBOOK

The ALIR will participate in the Kattack tracking program. Live (only slightly delayed) tracking will be available from a link on the ALIR website (www.alir.org).

Kattack tracking is a fun way for the entire family to follow the racers' progress. In order to participate a boat must install the Kattack Mobile application to a smartphone aboard their boat. Go to the respective app store (IOS & Android) and search on Kattack mobile. Once installed, select this Regatta as the race and be sure to turn on the app before starting. Please note the app is battery intensive and constant phone charging will be necessary.

The ALIR Committee will post information regarding the race (i.e. Notice of Regatta & Sailing Instructions, Notices to Competitors, Scratch Sheets, Results, etc.) on its YachtScoring page at <https://yachtscoring.com/emenu.cfm?eID=4589>

Like us on Facebook at <http://www.facebook.com/aroundlongislandregatta>

The Sea Cliff Yacht Club, Ltd.

Commodore - Brad Dickson

Vice Commodore - Charles Parisi

Rear Commodore – Steve Feinsilver

Secretary – Robin Maynard

Treasurer – Alan Mitzner

ALIR Co-Chairmen—James Aikman & Douglas Wefer

ALIR Principal Race Officer—PC Douglas Wefer

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Regatta Desk: (516) 945-9209 (Monday, July 23rd – Sunday, July 29th, only)

Website: <https://www.alir.org> · Email: alir@seacliffyc.org