



**2019 USSCA NATIONAL CHAMPIONSHIPS AT MIDWINTERS  
PAN AMERICAN GAMES US QUALIFIER  
March 28 – 31, 2019**

**Organizing Authority: Davis Island Yacht Club, Tampa, FL 33606  
Endorsed by the United States Sunfish Class Association (USSCA)**

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1. This regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. This event is a protected competition as outlined in US Sailing Regulation 12.03. The procedures for protected competitions are listed in Attachment 3.
- 1.3. The US Prescriptions to RRS 60.3, 63.2, 63.4, 67, 70.5(a), 76.1, 61.4 and Appendix R shall apply except that the words "where practicable" in the first sentence to RRS 63.4 are deleted. These prescriptions are provided in full in Attachment 4 to the sailing instructions.
- 1.4. Competitors shall wear a properly secured personal flotation device at all times while afloat, except briefly while changing clothes. US competitors must wear USCG approved PFDs. Competitors from outside the US may wear a PFD approved by their nations' certification authority or a USCG approved PFD.
- 1.5. In accordance with RRS G3, a boat chartered or loaned for this event may carry national letters or a sail number in contravention of her class rules.
- 1.6. If there is a conflict between languages the English text shall take precedence.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the West exterior wall on the lower level of the Clubhouse.

**3. CHANGES TO THE SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**4. SIGNALS MADE ASHORE**

- 4.1. The signals made ashore will be displayed from the flagpole at the West end of the property.
- 4.2. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.



## 5. SCHEDULE

### 5.1. Dates of racing:

Date	Time	Activity
March 28	1400	Practice Race
March 29	0930	Competitors' Meeting
	1130	First Scheduled Warning
March 30	1000	First Scheduled Warning
March 31	1000	First Scheduled Warning
	1400	No Warning after this time

5.2. Four races may be sailed per day.

5.3. To alert boats that a race or sequence will begin soon, the orange start line flag will be displayed with multiple sounds at least five (5) minutes before a warning signal is made.

## 6. CLASS FLAG

The class flag will be a white flag with a red Sunfish insignia.

## 7. RACING AREA

Races will be sailed on Hillsborough Bay south of Davis Island Yacht Club. (Attachment 1)

## 8. THE COURSE

8.1. The diagrams in Attachment 2 show the courses, including the angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. If L4 is displayed on the RC board, the course will be a windward-leeward four-legs. (see Attachment 2)

8.3. If W5 is displayed on the RC board, the course will be a windward-leeward five-legs. (see Attachment 2)

8.4. If T5 is displayed on the RC board, the course will be a triangle windward leeward five-legs. (see Attachment 2)

8.5. If a gate mark is missing the remaining mark should be left to port.

## 9. MARKS

9.1. Marks 1, 2, 3, 3S and 3P will be orange tetrahedrons.

9.2. Mark 1a will be a small orange ball.

9.3. The new mark, as provided in SI 11, will be a green tetrahedron.

9.4. The starting marks will be race committee vessels displaying orange flags.

9.5. The finishing marks will be a race committee vessel and a yellow tetrahedron.

## 10. THE START

10.1. Races will be started by using RRS 26 with the warning signal made five (5) minutes before the starting signal.

10.2. The start line will be between staffs displaying orange flags on the starting marks.

10.3. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.



## 11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the gate or move the finishing line) and remove the original mark as soon as practicable. When in subsequent change, a new mark is replaced, it will be replaced by an original mark.

## 12. THE FINISH

The finishing line will be between a staff displaying orange flag on the race committee vessel and the course side of an inflatable buoy.

## 13. PENALTY SYSTEM

13.1. Appendix P and Appendix T will apply.

13.2. Penalties for breaking a rule other than those of Part 2, RRS 31 or RRS 42 will be determined by the protest committee. Penalties may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

## 14. TIME LIMITS AND TARGET TIMES

14.1. Time limits and target times are as follows:

Race Time Limit	Mark 1 Time Limit	Target Time
90 minutes	30 minutes	50 minutes

14.2. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

14.3. Boats still racing 30 minutes after the first boat sails the course and finishes will be scored Time Limit Expired (TLE), as per SI 16.5 without a hearing. This changes RRS 35, A4.1, A5, and A11.

## 15. PROTESTS AND REQUESTS FOR REDRESS

15.1. Protest forms are available in the Davis Island Yacht Club Regatta Room. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.2. The protest time limit is 45 minutes after the race committee finish boat docks after the last race of the day.

15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses. Hearings will be held in the Regatta Room beginning at the time posted.

15.4. Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

15.5. A list of boats that, under SI 13.1, have been penalized for breaking RRS 42 will be posted no later than 30 minutes after the protest time limit.

15.6. Breaches of SI 17, 20, and 23 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

15.7. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## 16. SCORING

16.1. One (1) race is required to constitute a series.

16.2. A maximum of eleven (11) races will be sailed.

16.3. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores.

16.4. When six (6) to eleven (11) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.



16.5. Boats scored TLE will be scored points equal to the number of boats which sail the course and finish plus two (2) points. This changes RRS 35, A4.1, A5 and A11.

## 17. SAFETY REGULATIONS

17.1. Check-in Procedures: Prior to the warning signal for the first race of each day in which it intends to compete, each boat shall check in by sailing past the stern of the race committee signal boat, on starboard, hail her sail number and obtain acknowledgement of the race committee. Boats that fail to check-in will be scored DNS. This changes RRS A5.

17.2. A boat that retires from a race shall notify the race committee as soon as possible. Failure by any competitor to inform the race committee either by hail, or by telephone to the Clubhouse at (813) 251-1158 that they have retired from racing may result in a 20% penalty in the competitor's last completed race. This also changes RRS A5.

## 18. REPLACEMENT EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorized by the USSCA Measurer or designate before the first race or by the race committee (the Principal Race Officer or designate) thereafter. Requests for substitution shall be made to the race committee at the first reasonable opportunity.

## 19. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by an USSCA Measurer or his designate to proceed immediately to a designated area for inspection.

## 20. EVENT ADVERTISING

Boats may be required to display advertising chosen and supplied by the organizing authority.

## 21. OFFICIAL BOATS

Official boats will be marked as follows:

Race Committee Vessels:	Blue flag with RC
Judge Vessels:	Flag "J" or blue flag with letter J
Security Vessels:	Numeral 4 pennant

Failure of an official boat to display the designated flag shall not be grounds for redress. This amends RRS 62.1(a).

## 22. SUPPORT BOATS

22.1. The organizing authority will not provide support boats.

22.2. Coach/support boats must register prior to the first competitor's meeting on the first day of racing with the organizing authority.

22.3. Coach/support boats shall carry a working VHF radio and monitor the race on channel 68.

22.4. Support boats include those carrying team leaders, coaches and other personnel that interact with competitors.

22.5. Support boats shall stay outside the racing area from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. The racing area is defined as 100 meters from any of the boats that are racing and 100 meters outside the laylines from all marks defining the course.



- 22.6. Support boats shall remain 50 meters below the starting line between the preparatory and starting signals. After the starting signal, they may only proceed to the windward mark up the left side of the course and must return to the leeward mark via the same side. At the finish line, they must remain 100 meters beyond the extensions of the finish line.
- 22.7. No communication from the support boats (including verbal and hand signals) will be permitted after the preparatory signal until after the competitor completes the race.
- 22.8. No competitor shall be towed to the race course. All sailors must make it to the race course on their own. Boats shall not be towed from the race course unless flag W is displayed on a race committee vessel. When flag W is displayed a tow shall not exceed 5 knots.
- 22.9. If a support boat does not comply with applicable rules, restrictions and /or instructions a discretionary penalty may be applied by the protest committee to some or all associated competitors and may include restrictions on the movement of their support boat.
- 22.10. Support boats may be required to act as safety boats upon instruction from a race official.

### **23. TRASH DISPOSAL**

Trash may be placed aboard support or official boats.

### **24. BERTHING**

Boats shall be kept at the regatta site and in the spots assigned by the organizing authority.

### **25. RADIO COMMUNICATION**

Except in emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

### **26. PRIZES**

Prizes will be given as follows subject to entry numbers:

- a) Top ten finishers
- b) Highest placed Female finisher (if the top finisher is male) or the highest placed Male finisher (if the top finisher is female)
- c) Highest placed Youth
- d) Highest placed Master (40+)

### **27. DISCLAIMER OF LIABILITY**

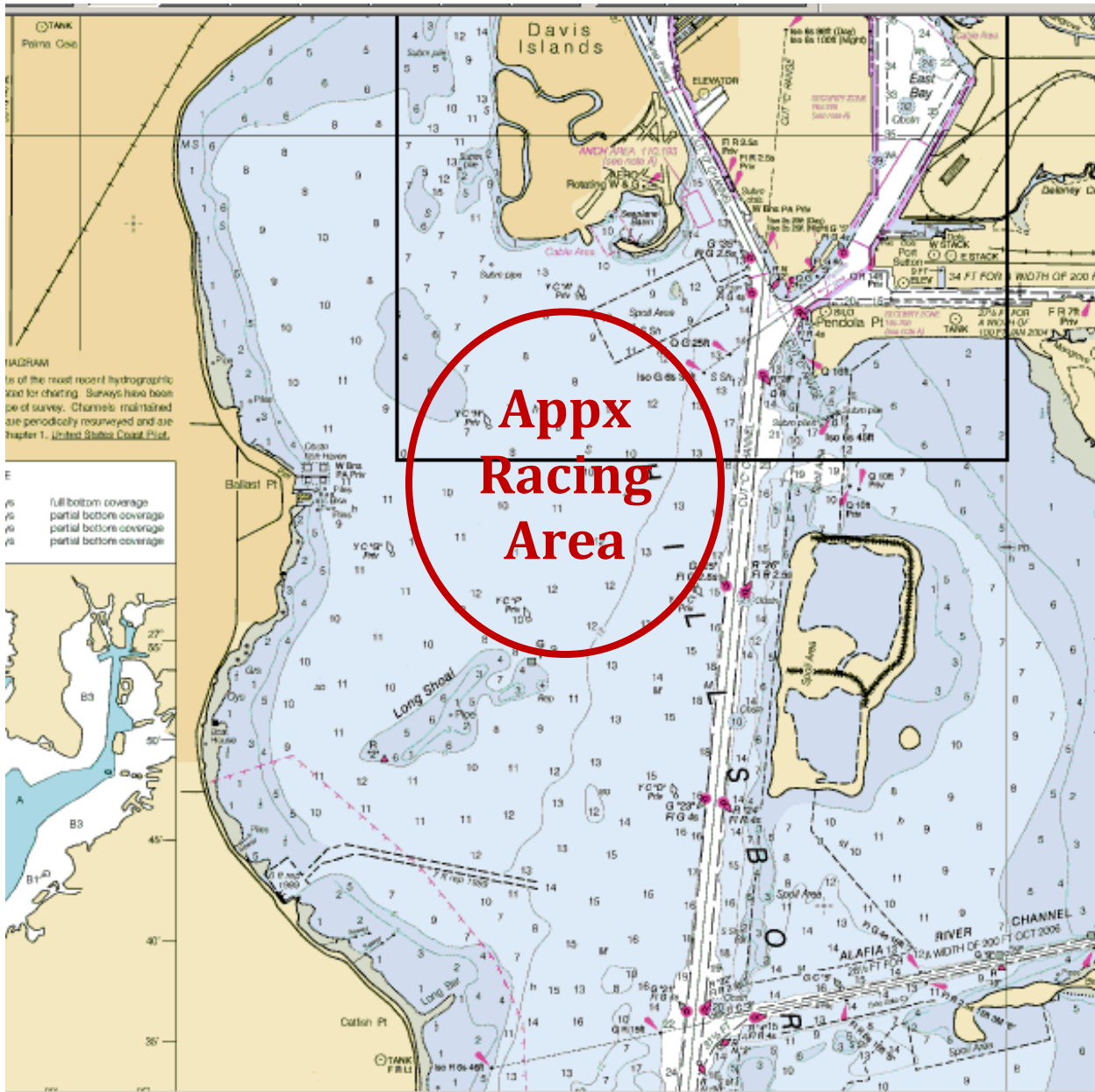
Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### **28. REQUESTS FROM OFFICIALS**

Team Leaders, coaches, support personnel and competitors shall comply with reasonable requests from race officials.



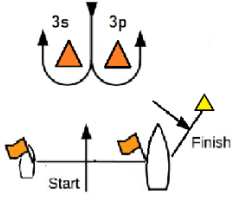
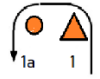
### Approximate Racing Area



# ATTACHMENT 2

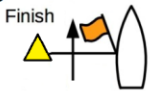
## Courses

Course L4



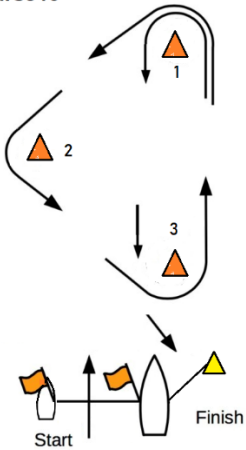
Course L4 - Windward/Leeward, Leeward Reach Finish	
Signal	Mark Rounding Order
Board L4	Start - 1 - 1a - 3s/3p - 1 - 1a - 3p - Finish

Course W5



Course W5 - Windward/Leeward - Windward Finish	
Signal	Mark Rounding Order
Board W5	Start - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - Finish

Course T5



Course T5 - Triangle/Windward/Leeward-Leeward Finish	
Signal	Mark Rounding Order
Board T5	Start - 1 - 2 - 3 - 1 - 3 - Finish





## ATTACHMENT 3

### Protected Competitions

This event will be used to select the US sailor to compete at the Pan American Games – Lima 2019, in the Single-handed Open Sailing Event, subject to Nationality and Age conditions as described on Pan American Sailing Federation Qualifying System for the 2019 Pan American Games, Lima, Peru <http://panamsailing.org/wp-content/uploads/2018/03/PASAF-2019-QUALIFYING-SYSTEM-AND-REGATTA-SCHEDULE-REVISED-4-MARCH-2018-5.pdf> . US Sailing Regulation 12.03 shall apply, including the provisions below:

1. Protest committees shall include 20% "sailor-athlete" representation. "Sailor-athlete" has the meaning of "athlete" set forth in USOC Bylaw, Section 8.8.2 (the 10-year rule) or Level A or B Sailor-Athlete as defined by US Sailing Sailor Athlete Council (SAC) Bylaws 3.3.1 and 3.3.2 (except that the US Sailing member class referred to in SAC Bylaw 3.3.2.3 shall be an international class recognized by World Sailing at the time of the sailor athlete's qualification).
2. The right of appeal will not be denied under rule 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal. The expedited appeals system in RRS R8, Expedited Appeals, will be used. See: <https://www.ussailing.org/wp-content/uploads/2018/01/2017-Expedited-Appeals.pdf>
3. Any boat that is a party to a redress hearing may be represented by up to two individuals.
4. If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.
5. RRS 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."
6. RRS 66 is deleted and replaced by:  
**66 REOPENING A HEARING**
  - (i) The protest committee may reopen a hearing when it decides that it may have made a significant error, or when significant new evidence becomes available within a reasonable time. However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under rule R5.4 or decides the appeal cannot be considered.
  - (ii) A party to the hearing may not ask for a reopening. Version 8
  - (iii) When a hearing is reopened, a majority of the members of the protest committee shall, if possible, be members of the original protest committee.
7. RRS 70.2 is deleted.





**ATTACHMENT 4**  
**US Prescriptions**

**Posted on the Official Notice Board**

