

**56th Annual Overnight Race
for the Junior Distance Sailing Championship of Long Island Sound
Tuesday, August 14, 2012**

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by The Racing Rules of Sailing, 2009-2012, the prescriptions of US Sailing, the PHRF Minimum Safety Equipment Recommendations of the Y.R.A. of Long Island Sound: Category B and the current Rules for JSA Events, except as modified by the sailing instructions.

1.2 PHRF Minimum Safety Equipment Recommendations of the Y.R.A. of Long Island Sound rule 40 will be changed as follows: see JSA Rules for PHRF events, Rule 9.6.

1.3 The Advisors/Owners shall not assist sailors with racing strategies and steering except when a safety issue is involved.

1.4 The Organizing Authority reserves the right to inspect the boats before or after the Race to verify compliance with the above.

2. NOTICE TO COMPETITORS

2.1 Notices to competitors will be posted on the notice board located at the dock house of the Beach Point Yacht Club (BPYC).

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted before 1300 hours on the day of the race.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the BPYC flagpole.

5. SCHEDULE

5.1 The initial warning is scheduled for 1520 hours on Tuesday, August 14, 2012.

5.2 There will be a mandatory pre-race meeting for skipper, navigators and Advisors at 1300 on the day of the race in or around the Sailing Center.

6. CLASSES

6.1 Boats will be divided into two classes, based on the number and ratings of entries.

7. RACING AREA

7.1 The racing area is the waters of Long Island Sound west of and in the area of Stratford Shoal Light.

8. THE COURSES

8.1 The course to be sailed will be indicated by the display of a numbered course card on the RC boat prior to the warning signal for Class B. The course card will correspond to one of the following courses:

Course I (57 miles)

Start to Stratford Shoal Light (leave to starboard) to finish.

Course II (61.1 miles)

Start to Green Gong "21" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to finish.

Course III (61.4 miles)

Start to Green Gong "23" (leave to port) to Stratford Shoal Light (leave to starboard) to finish.

Course IV (63.9 miles):

Start to Red Bell 32 (leave to starboard) to Green Gong 15 (leave to port) to Red Bell 18 (leave to starboard) to Stratford Shoal light (leave to starboard) to finish.

Course V (65.1 miles)

Start to Green Gong "23" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to finish.

Course VI (71.5 miles)

Start to Green Gong "21" (leave to port) to Red Bell "32" (leave to starboard) to Green Gong "15" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to Red & White Whistle Mo(A) "PJ" (leave to starboard) to Red Bell "24" (leave to port) to Green Gong "15" (leave to starboard) to finish.

Course VII (75.5 miles)

Start to Green Gong "23" (leave to port) to Green Gong "21" (leave to port) to Red Bell "32" (leave to starboard) to Green Gong "15" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to Red & White Whistle Mo(A) "PJ" (leave to starboard) to Red Bell "24" (leave to port) to Green Gong "15" (leave to starboard) to finish.

8.2 All government marks that are not marks of the course are to be left to their seaward side, with the exception of the following marks, which may be passed on either hand: Red Bell "32A", Red Bell "28C", Green Gong "11B", Green Can "3" north of Stratford Shoal Light and Red Bell "2" south of Stratford Shoal Light.

8.3 Courses will not be shortened. This changes RRS 32.

9. CHECK IN

9.1 Prior to the Warning signal for its class, each boat shall check in with the Race Committee by sailing astern of the RC boat with its mainsail reefed and hailing the name of the boat and its sail number on VHF Channel 69.

10. THE START

10.1 The race will be started as follows:

a	1520	Warning	Class B	1 Yellow Flag; 1 sound
b	1525	Preparatory	Class B	1 Blue Flag; 1 sound

c	1530	Start	Class B	1 Red Flag; 1 sound
d	1535	Warning	Class A	2 Yellow Flags; 1 sound
e	1540	Preparatory	Class A	2 Blue Flags; 1 sound
f	1545	Start	Class A	2 Red Flags; 1 sound

This modifies RRS 26.

10.2 The starting line will be between a staff displaying an orange flag on the RC boat and Red Bell "42".

10.3 No boat shall start later than 30 minutes after her starting signal.

10.4 No warning will be made after 1900 hours.

11. RECALLS

11.1 Individual recalls will be signaled by a horn signal and signal flag X. The race committee will endeavor to hail the sail numbers of the OCS boats by loud hailer or over VHF Channel 69. Failure to hear such hail or the timing and order of such hail shall not be grounds for redress.

11.2 A boat which makes a premature start and fails to return and start properly, will be penalized by the addition of 30 minutes to her elapsed time.

12. THE FINISH

12.1 The finish will be between a staff displaying an orange flag on the RC boat and Red Bell "42".

12.2 If the RC boat is not on station, a boat finishing shall record her time when, leaving Red Bell "42" to starboard at the shortest practicable length, Red Bell 42 bears 0 degrees magnetic and shall report that time as soon as possible to BPYC on VHF Channel 69 or by telephone at: 917-620-1164.

12.3 Boats shall notify the RC on VHF Channel 69 when their finish is imminent.

13. PENALTIES

13.1 On the day of the race and until all boats finish and clear the finishing area, any boats whose crew engages in activity, which in the opinion of the RC, could be dangerous or harmful to another boat or its crew, is subject to disqualification by the RC.

14. PROTESTS

14.1 A boat intending to protest shall inform the RC when finishing or withdrawing. This adds to rule 61.1(a).

14.2 Protests shall be written on standard forms available at the registration desk and online at: www.ussailing.org/racemgt/documents/ussapf.pdf and delivered to the Beach Point Club main office by 1000 on the day following the start of the race, or within one hour after the time of the last boat's finish, whichever is later.

14.3 Protests will be heard at BPYC promptly after the expiration of the time limit for filing protests.

15. COMMUNICATIONS

15.1 A roll call shall be conducted on a regular basis throughout the race. At the skippers' meeting, one boat in each division shall be designated as the communication vessel (CV). Roll calls for Class B will be conducted by the CV on the hour at odd hours starting at 1700. Roll calls for Class A will be conducted by the CV on the hour at even hours starting 1800. The CV in each Class shall record the results of roll calls in her logbook, which shall be delivered to the RC within 36 hours of her finish. The CV shall attempt to hail all other boats in her division at established times. It is the responsibility of each competitor to monitor radio communications at the appointed hour, acknowledge a call from the CV, respond with her position and alert the CV of any unusual or dangerous conditions, including but not limited to severe weather and commercial traffic. If the CV cannot reach a boat in her divisions, she shall ask other competitors to relay the call.

15.2 Throughout the course of the regatta, the RC reserves the right to reassign boats as the CV should circumstances warrant it.

15.3 Boats shall neither make radio or cell phone transmissions while racing nor receive radio or cell phone communications not available to all boats, with the following exceptions: in emergencies, in response to contact initialized by the RC, in a roll call or in contacting the CV, when notifying the RC after retiring or when finishing or as set forth in 15.4.

15.4 During the race, contestants may not receive weather, current or navigational information except by broadcast or online from a publicized source available, without charge, to all competitors. Fee-based, regatta-specific weather forecasting services are not permitted

15.5 The RC will monitor VHF Channel 69 from 1300 hours on the day of the race until the finish of the last boat.

15.6 In the event of an emergency, the RC will be available at: 917-620-1164.

15.7 The US Coast Guard monitors VHF Channel 16 and can be reached by phone at: 203-468-4401 if in waters off Coastal Connecticut or North Shore of Long Island or 718-354-4120, if west of Port Chester, NY.

16. LOGBOOKS

16.1 Each participant shall maintain a log in the form provided by the RC. The completed log books, together with the Certificate of Compliance must be returned to the RC by delivery to the main office at Beach Point Club within 36 hours of each boat's finish. Documents may be mailed, hand-delivered to the main office, faxed to 914-698-4650 or emailed to: heather@beachpointclub.org

17. PRIZES

17.1 The Junior Distance Sailing Championship Trophy, presented by BPYC, and the Everett B. Morris Memorial Trophy, donated by Emil Mosbacher, Jr., will be awarded to the club whose boat has the best-corrected time in the fleet.

17.2 First prizes will be awarded to the clubs whose boats have the best corrected time in each division; second prizes will be awarded in each division in which four or more boats start; third prizes will be awarded in each division in which seven or more boats start; fourth prizes will be awarded in each division in which ten or more boats start.

18. RESPONSIBILITY FOR SAFETY

18.1 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Beach Point Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Beach Point Yacht Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the Race Committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant. Beach Point Club and Beach Point Yacht Club bear no responsibility for accidents, damage or injuries to yachts or their personnel arising from any cause during the race.

PRINCIPAL RACE OFFICER

Mark Ellman (646) 935-1200 (Office)/ (917) 620-1164 (cell)