



**NORWALK YACHT CLUB  
2012 WEDNESDAY NIGHT INVITATIONAL REGATTA**

**SAILING INSTRUCTIONS**

**1. Rules**

The regatta will be governed by:

- 1.1 the Racing Rules of Sailing (RRS) 20013-2016;
- 1.2 the prescriptions of the U. S. Sailing Association (USSA);
- 1.3 the current Performance Handicap Racing Fleet Regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS);
- 1.4 the Category C Minimum Equipment Recommendations of the YRALIS;
- 1.5 the rules of any fleet racing as a level or one design class, except as any of these are altered by the Notice of Race or the Sailing Instructions;
- 1.6 The Notice of Race and the Sailing Instructions.

**2. Eligibility**

The series is open to offshore boats with LOA between 22 and 60 feet, racing under PHRF, level or one design rules. Norwalk Yacht Club (the “Organizing Authority”) reserves the right to reject any entry.

**3. Notices to Competitors**

Notices to competitors and changes to the Sailing Instructions will be posted at the Norwalk Yacht Club at least 24 hours before taking effect, and from the Committee Boat on the day they take effect.

**4. Signals Made Ashore**

Signals made ashore will be made at the Launch Shack at Norwalk Yacht Club not later than 1800 hours on race days. Any signals made ashore, such as postponement due to weather conditions, shall also be broadcast on VHF channel 78A at 1800 hours and again at 1830 hours.

**5. Schedule of Races**

Series 1	5/22/12	5/29/12	6/5/12	6/12/12	6/19/12
Series 2	6/26/12	7/10/12	7/17/12	7/24/12	7/31/12
Series 3	8/7/12	8/14/12	8/21/12	8/28/12	9/4 /12

Note: No race on 7/3/12

## 6. **Racing Area**

The start and finish lines for all races will be in the vicinity of Greens Ledge Light

## 7. **Courses:**

Diagrams of the official courses are attached in **Addendum A**. They will be displayed by the Committee Boat under each individual class. All marks shall be inflatable marks and shall be rounded to port, with the exception of the Z course which requires a starboard rounding of the Starting Mark/Pin (see appendix A).

## 8. **Course Restrictions**

**8.1** Boats shall not sail north of R30 Fl R 4s at Smiths Reef while racing.

**8.2** Boats shall not cross a line between Greens Ledge Light and the abandoned lighthouse at the western end of Sheffield Island while racing.

## 9. **Identification**

**9.1** All competitors shall identify themselves to the Race Committee before the start by passing by the stern of the Committee boat and hailing the Race Committee.

**9.2** All competitors shall identify themselves to the Race Committee as they finish. Competitors shall light up their sail numbers with a spotlight and hail the Race Committee with their sail number, or announcing it on Channel 78A, when finishing.

**9.3** A competitor's failure to identify itself as it finishes will result in it being scored DNF.

**9.4** Competitors that retire shall inform the Committee Boat of their status at the earliest opportunity, unless safety prevents them. Failure to do so will result in being scored DSQ.

## 10. **Communication:**

Competitors shall monitor VHF Ch 78A.

## 11. **Start and Finish lines**

**11.1** The starting line for all races will be in the vicinity of Green's Ledge Light between a special club mark and an orange flag on a Race Committee Boat.

**11.2** The Finish line will be between a special club mark and an orange flag on a Committee Boat flying a blue flag.

**11.3** Races will be started using RRS Rule 26. Please see **Addendum B** for situations of poor or threatening weather.

## 11 **Classes:**

Classes will be assigned on scratch sheets. Scratch sheets designating classes will be available from the NYC Clubhouse and will also be available on the Race Committee Boat(s). Class warning signal flags will be designated in the scratch sheets but will normally be the Numeral Pennant corresponding to the Class designation in the scratch sheet. For example:

<b>Class</b>	<b>Flag</b>	<b>Order of Start</b>
Class 3: Non-Spinnakers (PHRF 135 and above)	Numeral 3	First
Class 2: Non-Spinnakers (PHRF under 135)	Numeral 2	Second
Class 1: Spinnakers	Numeral 1	Third
Class 4: Cruising	Numeral 4	Fourth

The Race Committee may elect to start Classes 3 and 2 together as the first start. If so, Numeral Pennants 3 and 2 will be raised simultaneously as the warning signal for the combined start.

### 13 Starting Sequence:

<b>13.1 Class 3</b>	<b>Flag and Sound</b>
1900 Warning	Class flag; 1 sound
1901 Preparatory	P, I, Z, Z with I, or black flag; 1 sound
1904 One-Minute	Preparatory flag removed; 1 long sound
1905 Start	Class flag removed; 1 sound.

**13.2** The warning signal for each succeeding class will be made with or after the starting signal of the preceding class.

**13.3** After the first warning signal has been made, boats whose warning signal has not been made shall keep clear of the starting area. Failure to follow this instruction may result in disqualification by the Race Committee.

**13.4** Visual signals govern. The race committee's failure to execute a sound signal shall not be a valid basis for protest or redress.

### 14. Recalls

**14.1** When an individual recall is signaled, the race committee may attempt to hail the sail number of each boat that is over early. However, it shall be the sole responsibility of each boat to start properly. When the Round-an-End-Rule is in effect, the race committee may hail sail numbers during the minute before the start.

**14.2** The race committee procedure for hailing boats that were OCS shall not be grounds for redress.

**14.3** After a general recall, the warning signal for the recalled class will be made one minute after the start of the last scheduled class.

### 15. Other Racing Signals (Refer to your rulebook)

<b>I</b> code flag accompanied by one sound - Rule 30.1 "Round an End Rule" is in effect.
<b>C</b> code flag accompanied by several sounds - Next mark changed.
<b>N</b> code flag accompanied by three sounds – Abandonment.
<b>S</b> code flag with two sounds - Shorten course. Finish between Committee Boat & nearby mark.
<b>X</b> code flag accompanied by one sound - Individual Recall.
<b>Y</b> code flag accompanied by one sound - Wear personal buoyancy.
<b>Z</b> code flag accompanied by one sound - Rule 30.2 "20% Penalty" is in effect.
<b>Black Flag</b> accompanied by one sound - Rule 30.3 is in effect.
<b>Answering Pennant (AP)</b> code flag with two sounds - Postponement.
<b>First Substitute (FS)</b> code flag with two sounds - General recall for the class/es starting.

### 16 Time Limit:

**16.1** The time limit for the first boat to finish in any class is 2100 hours.

**16.2** The finish of one boat in any class prior to 2100 hours will constitute a race for all classes.

**16.3** Competitors in each class failing to finish by 2130 hours will be scored "TLE." They shall receive the same number of points plus one as the number of finishers in their class in that race. (This modifies RRS rule 35 and Appendix A 4.2).

## **17 Protests:**

- 17.1** If safety permits, the Race Committee and the protested boat must be advised of the Protest as soon as possible after a boat finishes and in any event, the Regatta Committee Chairman AND THE PROTESTED BOAT must be advised of the protest prior to 1600 on the day following the race.
- 17.2** Protests shall be submitted on standard USSA forms available at the Norwalk Y.C. Written Protests shall be delivered to the Regatta Chairman's mailbox at the Norwalk Y.C. prior to 1800 on the day following the race.
- 17.3** Failure to advise the protested yacht of the protest, including a copy of the written documents, by 1800 hours on the day following the protested race, shall be grounds for dismissal of the protest.
- 17.4** Protest hearings will be held on the Monday following the protest, at Norwalk Yacht Club at 2000 hours, or as soon as practicable thereafter.

## **18 Postponement & Abandonment**

In the event of inclement weather, a formal set of guidelines has been adopted to determine postponement and abandonment. See **Addendum B**.

## **19. Responsibility for Safety**

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the YRA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.